

SEPTEMBER 2026 – LUNCH MIDDLE SCHOOL MENU

*Assorted milk and lactose-free milk are served daily.
All students in Richmond County eat at no cost.

Offer Vs Serve – Must have 3 different components, at least ½ cup fruit or vegetable. May have meat and grain, 2 veggies, 2 fruits, milk.

USDA is an equal opportunity provider, employer, and lender.

The menu is subject to change due to product availability.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Turkey Corndog Deli Ranch Wrap Yogurt & Muffin Plate Garden Salad, Seasoned Wedges Chilled Peach Cup, Fresh Apple	2 Hamburger on Bun Pepperoni Pizza PBJ Crinkle Fries, Baked Beans Orange Wedges, Sidekicks	3 Chicken Sandwich, Sausage Dog Yogurt & Muffin Plate Sweet Potato Fries, Steamed Broccoli Fresh Peaches, Diced Peaches	4 Hot Dog, BBQ Riblet on Hoagie Pimento Cheese Sandwich Baby Carrots, Corn on the Cob Assorted Chilled Fruit Cup, Assorted Fresh Fruit
7 Student Holiday	8 BBQ Nachos, Cheese Pizza, Oven Fried Drumsticks and Thighs, Seasoned Pinto Beans, Mexican Street Corn, Assorted Fresh Fruit, Strawberry Delight	9 Buffalo Chicken Dip w/ Chips, Fiesta Flatbread Pizza, Yogurt & Muffin Plate, Sweet Potato Fries, Seasoned Green Beans, Fresh Melon Slices, Applesauce, Chocolate Chip Cookie	10 Baked Spaghetti, Grilled Cheese Sandwich, Corndog, Veggies and Dip, Tater Tots, Apples, Rosy Pear Cup	11 BBQ Rib Sandwich, Southern Style Chicken Sandwich, PBJ Sandwich, Honey Glazed Carrots, Sautéed Cabbage, Assorted Chilled & Fresh Fruit
14 Chicken & Rice Casserole, Hamburger, Zesty Cheese and Chips, Spinach Salad, Seasoned Corn, Assorted Fresh Fruit, Chilled Mixed Fruit Cups	15 Jamaican Jerk Chicken Pasta, Yogurt & Muffin Tray, Pepperoni Pizza, Seasoned Tomato Slices, Buffalo Cauliflower, Applesauce Cup, Sidekicks Frozen Treat	16 Hawaiian Meatballs on Garlic Rice, BBQ Pork Sandwich, PBJ Sandwich, Baked Beans, Coleslaw, Assorted Fresh Fruit, Blueberry Cobbler	17 Chili w/ Cornbread, Boom-Boom Chicken w/ Cornbread, Lunch Snack Box, Baked Potato, Steamed Broccoli, Apples, Chilled Peach Cup	18 Fish Nuggets w. Roll, Cuban Sandwich, Garlic Cheese Pizza, Seasoned Crinkle Cut Fries, Kickin Cajun Carrots, Assorted Chilled & Fresh Fruit Cup,
21 Asian Orange Chicken Rice, Four Meat Lunch Snack Pack, Garden Salad, Roasted Baby Carrots, Orange Wedges, Chilled Pear Cup	22 Spicy Beef Taco Stick, Southern Style Chicken Sandwich, Cheese Quesadilla, Seasoned Corn, Black Bean Fiesta, Assorted Flavored Applesauce, Assorted Fresh Fruit	23 Hot Italian Sub, Chicken Chunks w/ Roll, Yogurt & Muffin Tray, Cucumber and Tomato Salad, Smiley Fries, Assorted Fresh Fruit, Strawberry Delight	24 Country Fried Steak w/ Gravy and Roll, Pimento Cheese Sandwich, Chicken Pot Pie, Mashed Potatoes, Lemon Pepper Broccoli, Asst Fresh Fruit, Diced Peaches	25 Sausage Dog, Detroit Style Pepperoni Pizza, PBJ Sandwich, Baby Carrots w/ Dip, Seasoned Green Beans, Assorted Chilled & Fresh Fruit
28 Pizza Bites w/ Marinara, Turkey Hotdog, Honey Mustard Chicken Wrap, Garden Salad, Curly Fries, Orange Wedges, Blendology Frost Pouch, Chilled Mixed Fruit Cups	29 BBQ Nachos, Cheese Pizza, Oven Fried Drumsticks and Thighs, Seasoned Pinto Beans, Mexican Street Corn, Assorted Fresh Fruit, Strawberry Delight	30 Buffalo Chicken Dip w/ Chips, Fiesta Flatbread Pizza, Yogurt & Muffin Plate, Sweet Potato Fries, Seasoned Green Beans, Fresh Melon Slices, Applesauce, Chocolate Chip Cookie		Vegetarian options offered daily *Georgia-grown and locally sourced products and ingredients are offered regularly