

September 2026

EAT SMART BE SMART



ENTRÉE #3 AVAILABLE EVERY DAY: CEREAL YOGURT CHEESESTICK LUNCH BAG

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

31

1

2

DAY A 3

DAY B 4

Thursday, Sept 3rd – First day of classes

Choose
Entrée #1, #2 or #3

1. CHICKEN NUGGETS & GOLDFISH
2. PASTA & MEATBALLS

Baked Beans
Carrot Raisin Salad

1. PIZZA CRUNCHERS
2. CHICKEN PATTY ON BUN

Oven Roasted Zucchini
Caesar Side Salad

AVAILABLE EVERY DAY: ENTRÉE #3: 2oz Whole Grain Cereal, Yogurt, Cheese stick Lunch Combo

7
SCHOOLS CLOSED FOR
LABOR DAY

DAY C 8

DAY D 9

DAY E 10

DAY F 11

1. BEEF & CHEESE BURRITO
2. FRENCH BREAD PIZZA

Green Beans
Grape Tomato Cup

1. MINI FRENCH TOAST & 2
TURKEY SAUSAGES
2. MOZZ STICKS

Glazed Carrots
Broccoli Salad

1. CHICKEN TENDERS & GARLIC
BREADSTICK
2. BAGEL BUNDLE

Curly Fries
Apple Cider Slaw

1. THREE PIZZA DIPPERS
2. HOT DOG ON BUN

Sweet Potato Tater Tots
Cucumber Slices

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DAY A 14

1. SLOPPY JOE ON BUN
2. PIZZA CRUNCHERS

Baked Beans
Chickpea Salad

DAY B 15

1. WALKING BEEF TACO with
DORITOS
2. GRILLED CHEESE SANDWICH

Corn on the Cob
Red Pepper Slices

DAY C 16

1. TWO PANCAKES & 2 TURKEY
SAUSAGES
2. HOT HONEY CHICKEN BISCUIT
BREAKFAST SANDWICH

Tater Tots
Baby Carrots

DAY D 17

1. CHICKEN ALFREDO OVER PASTA
2. MEATBALL PARM SANDWICH

Steamed Broccoli
Celery Sticks

DAY E 18

1. STUFFED CRUST PIZZA
2. TURKEY & CHEESE WRAP

Steamed Green Beans
Caesar Side Salad

AVAILABLE EVERY DAY: ENTRÉE #3: 2oz Whole Grain Cereal, Yogurt, Cheese stick Lunch Combo

DAY F 21

1. CHEESEBURGER ON BUN
2. THREE PIZZA DIPPERS

Steamed Broccoli
Cucumber Slices

DAY A 22

1. BEEF NACHOS GRANDE
2. GARDEN SALAD with CHEESE
& GOLDFISH

Refried Beans
Celery Sticks

DAY B 23

1. FRENCH TOAST STICKS with 2
PORK SAUSAGE PATTIES
2. MOZZ STICKS

Seasoned Potato Wedges
Green Pepper Slices

DAY C 24

1. HOT HONEY GARLIC CHICKEN
WINGS with ROLL
2. BAGEL BUNDLE

Steamed Garden Peas
3-Bean Salad

DAY D 25

1. MINI PIZZA BAGELS
2. MEATBALL PARM SANDWICH

Mixed Vegetables
Carrot & Raisin Salad

AVAILABLE EVERY DAY: ENTRÉE #3: 2oz Whole Grain Cereal, Yogurt, Cheese stick Lunch Combo

DAY E 28

1. CHICKEN PATTY DELUXE
SANDWICH – cheese, lettuce &
pickles
2. THREE PIZZA DIPPERS

Peas
Baby Carrots

DAY F 29

1. BEEF & CHEESE QUESADILLA
2. GRILLED CHEESE SANDWICH

Refried Beans
Grape Tomato Cup

DAY A 30

1. MINI MAPLE PANCAKES with 2
TURKEY SAUSAGES
2. HOT HONEY CHICKEN BISCUIT
BREAKFAST SANDWICH

Hash Brown Potatoes
Cucumber Slices

MAKE IT A MEAL!

Choose at least 3 of 5 meal components for the school lunch price:
Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a lunch.

Lunch Prices

Student \$3.50
Reduced \$0.00
Adult \$5.00

Available Daily

ENTRÉE #3: 2oz Whole Grain Cereal, Yogurt, Cheese stick Lunch Combo (V)

Fruit & Veggie Selection

Students may choose two ½ cup servings.

Milk Selection

1% white milk
Fat-Free chocolate milk
Fat Free strawberry milk

Your Dining Services Team

GINA D'ADAMO

Food Service Director

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