Raising Resilient Children

Triple P Positive Parenting Program for every parent

Tuesday, September 22, 2026
6:30 – 8:30 p.m.

You are invited to attend a **virtual Triple P Positive Parenting Program** hosted by Our Futures in Licking County.

This program:
- is **free**
- will be held **live on ZOOM**
- welcomes all parents and caregivers with children ages birth to 12!

Please register at **OurFutures123@gmail.com** or **(740) 641-6909** with the following information: your name, email address, and school district. You will receive a reminder and zoom link prior to the program. Registration is limited – please register early!



Raising Resilient Children will help parents teach their children how to recognize and accept their feelings; express feelings appropriately; have a positive outlook; learn ways to cope; manage strong emotions; and cope with stressful life events. We all have times of stress in our lives. This program will offer evidenced-based strategies your child can use to cope successfully during those difficult times.

Triple P is a research-based, internationally-recognized, multilevel parent support program funded by Licking Memorial Health Systems and supported by Mental Health and Recovery of Licking and Knox Counties and Our Futures in Licking County.

96 percent of parents who have tried some of the **Triple P** strategies have seen an improvement in their child's behavior!

OUR FUTURES IN LICKING COUNTY

mhr Mental Health & Recovery for Licking and Knox Counties

Licking Memorial Health Systems