

September 2026

MS/HS Cafeteria



Served daily: chilled/fresh fruit, assortment of juice & milk

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Breakfast	Breakfast	Breakfast	Breakfast
	Option 1: Egg Omelet w/Hash Brown	Option 1: Breakfast Bagel (turkey)	Option 1: Sausage Pancake Sandwich (turkey)	Option 1: Breakfast Pizza (turkey)
	Option 2: Fresh Fruit & Yogurt Parfait (assorted)	Option 2: Fresh Fruit & Yogurt Parfait (assorted)	Option 2: Fresh Fruit & Yogurt Parfait (assorted)	Option 2: Fresh Fruit & Yogurt Parfait (assorted)
	Option 3: WG Mini Donuts/Donut Holes	Option 3: WG Mini Donuts/Donut Holes	Option 3: WG Mini Donuts/Donut Holes	Option 3: WG Mini Donuts/Donut Holes
7	8	9	10	11
	Breakfast	Breakfast	Breakfast	Breakfast
	Option 1: French Toast Sausage (pork) Roll	Option 1: Sausage (turkey) Waffle Sandwich	Option 1: Breakfast Burrito (turkey)	Option 1: Pancake on a Stick (turkey)
	Option 2: WG Muffin (assorted)	Option 2: WG Muffin (assorted)	Option 2: WG Muffin (assorted)	Option 2: WG Muffin (assorted)
	Option 3: Fresh Fruit & Yogurt Parfait (assorted)	Option 3: Fresh Fruit & Yogurt Parfait (assorted)	Option 3: Fresh Fruit & Yogurt Parfait (assorted)	Option 3: Fresh Fruit & Yogurt Parfait (assorted)

September

Monday	Tuesday	Wednesday	Thursday	Friday
14	15	16	17	18
Breakfast Option 1: Sausage Biscuit (turkey) Option 2: Cereal Bowl (assorted) Option 3: Fresh Fruit & Yogurt Parfait (assorted)	Breakfast Option 1: Omelet Roll-Ups (pork) Option 2: Cereal Bowl (assorted) Option 3: Fresh Fruit & Yogurt Parfait (assorted)	Breakfast Option 1: Breakfast Bagel (turkey) Option 2: Cereal Bowl (assorted) Option 3: Fresh Fruit & Yogurt Parfait (assorted)	Breakfast Option 1: French Toast w/sausage (turkey) Option 2: Cereal Bowl (assorted) Option 3: Fresh Fruit & Yogurt Parfait (assorted)	Breakfast Option 1: Breakfast Pizza (turkey) Option 2: Cereal Bowl (assorted) Option 3: Fresh Fruit & Yogurt Parfait (assorted)
21	22	23	24	25
	Breakfast Option 1: Cinni Mini Option 2: Breakfast Bread Slice (assorted) Option 3: Fresh Fruit & Yogurt Parfait (assorted)	Breakfast Option 1: Egg Omelet w/Hash Brown Option 2: Breakfast Bread Slice (assorted) Option 3: Fresh Fruit & Yogurt Parfait (assorted)	Breakfast Option 1: Breakfast Burrito (turkey) Option 2: Breakfast Bread Slice (assorted) Option 3: Fresh Fruit & Yogurt Parfait (assorted)	Breakfast Option 1: Pancake on a Stick (turkey) Option 2: Breakfast Bread Slice (assorted) Option 3: Fresh Fruit & Yogurt Parfait (assorted)
28	29	30		
	Breakfast Option 1: Sausage Biscuit (turkey) Option 2: Oatmeal Breakfast Bar Option 3: Fresh Fruit & Yogurt Parfait (assorted)			