



September 2026

Student meals are served daily at no charge.

Adult Meal Price: \$2.90

Fruit options are offered daily. Students must select a fruit or juice at breakfast.

Hot and cold breakfast options are offered daily, along with fruit, fruit juice, and milk.

School breakfast gives students a healthy start to the day and supports academic achievement. All students are encouraged to take advantage of the school breakfast program!

Middle School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Biscuit & Gravy OR Grab and Go Breakfast Fruit / Fruit Juice Milk 31	Chicken Biscuit Hash Brown OR Grab and Go Breakfast Fruit / Fruit Juice Milk 1	Grits Bowl w/ Toast & Jelly OR Grab and Go Breakfast Fruit / Fruit Juice Milk 2	Sausage Biscuit Tator Tots OR Grab and Go Breakfast Fruit / Fruit Juice Milk 3	Yogurt Parfait OR Grab and Go Breakfast Fruit / Fruit Juice Milk 4
HOLIDAY 7	Sausage Biscuit Hash Brown OR Grab and Go Breakfast Fruit / Fruit Juice Milk 8	Grits Bowl w/ Toast & Jelly OR Grab & Go Breakfast Fruit / Fruit Juice Milk 9	Chicken Minis & Tator Tots OR Grab and Go Breakfast Fruit / Fruit Juice Milk 10	French Toast Sticks Sausage Links OR Grab and Go Breakfast Fruit / Fruit Juice Milk 11
Biscuit & Gravy OR Grab and Go Breakfast Fruit / Fruit Juice Milk 14	Chicken Biscuit Hash Brown OR Grab and Go Breakfast Fruit / Fruit Juice Milk 15	Grits Bowl w/ Toast & Jelly OR Grab and Go Breakfast Fruit / Fruit Juice Milk 16	Sausage Biscuit Tator Tots OR Grab and Go Breakfast Fruit / Fruit Juice Milk 17	Yogurt Parfait OR Grab and Go Breakfast Fruit / Fruit Juice Milk 18
Grilled Cheese Sandwich OR Grab and Go Breakfast Fruit / Fruit Juice Milk 21	Sausage Biscuit Hash Brown OR Grab and Go Breakfast Fruit / Fruit Juice Milk 22	Grits Bowl w/ Toast & Jelly OR Grab and Go Breakfast Fruit / Fruit Juice Milk 23	Chicken Minis & Tator Tots OR Grab and Go Breakfast Fruit / Fruit Juice Milk 24	French Toast Sticks Sausage Links OR Grab and Go Breakfast Fruit / Fruit Juice Milk 25
Biscuit & Gravy OR Grab and Go Breakfast Fruit / Fruit Juice Milk 28	Chicken Biscuit Hash Brown OR Grab and Go Breakfast Fruit / Fruit Juice Milk 29	Grits Bowl w/ Toast & Jelly OR Grab and Go Breakfast Fruit / Fruit Juice Milk 30		

USDA is an equal opportunity provider, employer, and lender.

MENU IS SUBJECT TO CHANGE ~ Appling County School Nutrition

