



AFTER SCHOOL MOVEMENT PROGRAM

ATHLETIC FOUNDATIONS

Want your child to be more active after school and build real athletic skills at the same time?

We walk your child directly from school to our facility and spend 45 minutes building the movement skills that carry into every sport and every playground.

3rd & 4th Grade • Tuesdays or Thursdays • 3:45 to 4:30 PM

Spots limited to 12 kids per day



SCAN FOR FULL DETAILS & SIGN UP

FUNCTION AND STRENGTH

1007 Ford Street, Bridgeport, PA | 610-272-2420