

Director of Food & Nutrition

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Monday	Tuesday	Wednesday	Thursday	Friday
	1 100% Juice Available Every Day As A Fruit Option <i>*Alternate Fruit Options Daily</i>	2 Offered Daily as Alternates: Cereal Pop Tarts Cereal Bars Belly Bears	3 What Makes A Meal? Take 3 items with 1 item being a Fruit or Veggie	4 
7  NO SCHOOL	8 No School Professional Development Day	9 Chocolate Muffin Fresh Apple Choice of Milk 	10 Apple Frudel Sweet Red Grapes Choice of Milk	11 Confetti Pancakes and Mini Maple Waffles Fruit Cups Choice of Milk
14 Waffles with Sausage Diced Pears Choice of Milk 	15 Whole Grain Cinnamon Roll Fresh Banana Choice of Milk	16 Breakfast Biscuit with Sausage, Egg & Cheese Fresh Orange Choice of Milk	17 Assorted Benefit Bars Mandarin Orange Choice of Milk	18 Egg, Cheese and Sausage on English Muffin Applesauce Choice of Milk
21 Confetti Pancakes Fresh Apple Choice of Milk	22 Decorated Donut Mixed Fruit Choice of Milk	23 Cocoa Cherry Zee Zee Bar Applesauce Choice of Milk	24 Chocolate Chip Muffin Fresh Banana Choice of Milk	25 French Toast Sticks and Sausage Diced Peaches Choice of Milk
28 Cinnamon Bun Variety Fresh Orange Choice of Milk	29 Apple Frudel Diced Pears Choice of Milk	30 Whole Grain Cinnamon Roll Fresh Apple	Pricing: K-12: \$1.60 Free/Reduced Meal Status: \$0 <i>*Student's must take a fruit or juice as part of their meal to count towards a reimbursable breakfast.</i>	
Daily Milk Options: 1% White Milk, Fat Free Chocolate Milk				