



Sulphur Springs Middle School September 2026 LUNCH 14th - 18th

	Monday	Tuesday	Wednesday	Thursday	Friday
	Main Entrée Homestyle Cooking Station				
	Buffalo Tenders w/ WG Roll	Philly Cheesesteak w/ WG Hoagie	Pulled Pork Sandwich w/ WG Bun	Chicken Pasta Alfredo w/ WG Breadstick	Chicken Parmesan Sandwich w/ WG Roll
	Spicy Fries Baked Beans	Green Beans Fresh Veggie Bar	Crinkle Cut Fries Vegetable Bar	Seasoned Broccoli Fresh Veggie Bar	Tater Tots Fresh Veggie Bar
	Pizza & More Station				
	Pepperoni Pizza Cheesy Bites w/ Marinara Sauce	Pepperoni Pizza Cheesy Bites w/ Marinara Sauce	Specialty Pizza Cheesy Bites w/ Marinara Sauce	Pepperoni Pizza Cheesy Bites w/ Marinara Sauce	Pepperoni Pizza Cheesy Bites w/ Marinara Sauce
	Chef Salad w/ Cracker & Croutons	Chef Salad w/ Cracker & Croutons	Buffalo Chicken Salad w/ Cracker & Croutons	Chef Salad w/ Cracker & Croutons	Chef Salad w/ Cracker & Croutons
	Fruity Fun Lunch w/ WG Graham Crackers	Fruity Fun Lunch w/ WG Graham Crackers	Fruity Fun Lunch w/ WG Graham Crackers	Fruity Fun Lunch w/ WG Graham Crackers	Fruity Fun Lunch w/ WG Graham Crackers
	Grill & Sandwich Station				
	Hamburgers Spicy Chicken Sandwich Chicken Sandwich	Hamburgers Spicy Chicken Sandwich Chicken Sandwich	Hamburgers Spicy Chicken Sandwich Chicken Sandwich	Hamburgers Spicy Chicken Sandwich Chicken Sandwich	Hamburgers Spicy Chicken Sandwich Chicken Sandwich
	French Fries	Fresh Veggie Bar	Tater Tots	Fresh Veggie Bar	French Fries
	Southwest Taco & Burrito Station				
	Beef & Cheese Burritos Refried Beans Salsa	Chicken & Cheese Enchiladas w/ Red Sauce Spanish Rice Salsa	Beef Nachos Seasoned Pinto Beans Salsa	Crispitos Spanish Rice Salsa 2oz Portion Cup Queso	Beef Nachos Southwest Corn Salsa
					
	Sides, Extras, Fruits, Veggies, Milk (All Lines)				
	Assorted Chilled Veggies	Assorted Chilled Veggies	Assorted Chilled Veggies	Assorted Chilled Veggies	Assorted Chilled Veggies
	Assorted Fresh/Chill Fruits	Assorted Fresh/Chill Fruits	Assorted Fresh/Chill Fruits	Assorted Fresh/Chill Fruits	Assorted Fresh/Chill Fruits
	Assorted Milks	Assorted Milks	Assorted Milks	Assorted Milks	Assorted Milks



Menu is subject to change based on purveyors & availability.

We make every effort to offer the freshest local produce as we support the local community. Our primary produce vendors support this goal by continuing to develop partnerships with local growers.

Find menus, nutrition, allergen information and more online or on your phone!
Download School Menus by My School Menus to your smartphone from the App Store or visit: <https://www.myschoolmenus.com/organizations/763>

This institution is an equal opportunity provider.