



Director of Food & Nutrition

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Monday 	Tuesday 	Wednesday 	Thursday 	Friday 
	1 100% Juice Available Every Day As A Fruit Option *Alternate Fruit Options Daily	2 Offered Daily as Alternates: Cereal Pop Tarts Cereal Bars Belly Bears	3 What Makes A Meal? Take 3 items with 1 item being a Fruit or Veggie 	4 
7  NO SCHOOL	8 <u>No School</u> Professional Development Day	9 Chocolate Chip Muffin Fresh Apple Choice of Milk 	10 Decorated Donut Fresh Grapes Choice of Milk	11 Blueberry Snack'n Waffles/Zee Zee Bars Applesauce Cup Choice of Milk
14 Blueberry Or Banana Muffins Diced Pears Choice of Milk	15 Tony's Breakfast Pizza Mixed Fruit Choice of Milk	16 Sausage Gravy & Biscuits Fresh Orange Choice of Milk	17 Bacon or Sausage with Egg & Cheese on English Muffin Fresh Apple Choice of Milk	18 Cinnamon Roll Applesauce Cup Choice of Milk
21 Chocolate Chip Muffins Mandarin Oranges Choice of Milk	22 French Toast Sticks and 2 Sausage Pineapple Tidbits Choice of Milk	23 Sausage Gravy & Biscuit Fresh Apple Choice of Milk	24 Bacon or Sausage with Egg & Cheese on English Muffin Fresh Banana Choice of Milk	25 Assorted Frudels Mixed Fruit Choice of Milk
28 Decorated Donut Fresh Banana Choice of Milk	29 Tony's Breakfast Pizza Applesauce Choice of Milk	30 Sausage Gravy & Biscuit Diced Pears Choice of Milk	Pricing: K-12: \$1.60 Free/Reduced Meal Status: \$0 *Student's must take a fruit or juice as part of their meal to count towards a reimbursable breakfast.	
Daily Milk Options: 1% White Milk, Fat Free Chocolate Milk				