



AUGUST 28, 2026

# THE FRIDAY FLYER

Weekly Newsletter of Freeman High School



509-291-3721

## PRINCIPAL'S MESSAGE

Hello Scottie Parents/Guardians/Families!

It's been a very positive and productive second week at FHS – your students are doing a great job in the classroom from what I've observed! It's also been a delight to enjoy the sights and sounds of cheer, cross country, football, soccer and volleyball activities once again bringing our campus to life after the school day is done.

Today during our Activity Period, our ASB hosted a Club Fair to allow the student body to learn and ask questions of Advisors and Club Officers, as well as sign up to participate. Please feel free to ask your student about, and/or encourage your student to consider, participating in one of these equally important extra-curriculars: Knowledge Bowl, FFA, FBLA, FTC Robotics, National Honor Society, Unified Club, Art Club and SkillsUSA. Extra-curriculars are not only a part of making a high school experience fun, and they are healthy: they teach valuable skills, they give students a reason to better manage their time, and they create positive memories that can last a lifetime. If a barrier exists that may impede your child's participation in an extra-curricular, please feel free to contact us; we may be able to help. I encourage all students to jump into the high school experience through one of these exciting opportunities!

Go Dawgs!

*Jeff Smith, Principal*

Freeman School District does not discriminate in any programs or activities on the basis of race, ethnicity, creed, religion, color, national origin, honorably discharged veteran or military status, sexual orientation, gender expression, gender identity, homelessness, immigration or citizenship status, the presence of any sensory, mental or physical disability, neurodivergence, or the use of a trained dog guide or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. The following employee has been designated to handle questions and complaints of alleged discrimination: Civil Rights, Title IX, and Section 504 Compliance Coordinator: Lisa Phelan, lphelan@freemansd.org, 509- 291-3695, 15001 S Jackson Rd. Rockford, WA 99030

## In This Issue

Principal's Message

PAGE 01

Attendance Matters

PAGE 02

Upcoming Events

PAGE 02

Picture Day

PAGE 02

Back to School Checklist

PAGE 03

Lunch Prices - Free/Reduced Info

PAGE 03

School Safety Protocol

PAGE 04

Student Photos & Publications

PAGE 04

Athletic News & Events

PAGE 05

Daily Happenings/Gen. Info

PAGE 06

Student Highlights

PAGE 07-09

Resources/Policies

PAGE 10-13



# ATTENDANCE MATTERS

Missing a day of school here and there may not seem like much, but absences add up!

**When a student misses 2 days a month..**

They will miss **20 DAYS** a year.

They will miss **30 HOURS** of math over the school year.

They will miss **60 HOURS** of reading & writing over the school year.

They will miss over **1 YEAR** of school by graduation.

**When a student misses 4 days a month..**

They will miss **40 DAYS** a year.

They will miss **60 HOURS** of math over the school year.

They will miss **120 HOURS** of reading & writing over the school year.

They will miss over **2 YEARS** of school by graduation.

Full 26-27 Calendar

## UPCOMING events

### SEPTEMBER 2ND

Fall Sports Pictures by Leo's - 3pm

### SEPTEMBER 3RD

School Picture Day 8am

### SEPTEMBER 4TH

NO SCHOOL

### SEPTEMBER 7TH

NO SCHOOL - LABOR DAY

### SEPTEMBER 23RD

LATE START FOR STUDENTS - 10:15am

### SEPT. 28<sup>TH</sup> - OCT. 3<sup>RD</sup>

Homecoming Week

### OCTOBER 2ND

Picture Retakes 8am

### OCTOBER 22<sup>ND</sup> - 23<sup>RD</sup>

Parent-Teacher Conferences - NO SCHOOL

## LEO'S INDIVIDUAL SCHOOL PHOTOS

Leos will be here for individual school pictures on Thursday, September 3rd, first thing in the morning. If you are a Running Start or NewTech student, please plan to come right at 8:00am to have your picture taken for yearbook and ASB cards. Picture forms will come home next week with students but you can also order online. Go to [leosphotography.com](http://leosphotography.com) and use school code: FP3228886.



## WHAT'S UP?

Would you like to read about what's happening at the elementary or middle school? Get caught up with their Friday newsletters here:

### FES

FREEMAN  
ELEMENTARY

### FMS

FREEMAN  
MIDDLE SCHOOL



## Back to School Checklist

### ✓ Complete Your Back to School Registration

Every year we must have all back to school forms completed for every student. Please log in to [Family Access](#) and complete form sets for each student prior to the first day of school. You can find this on the left side of your home page on the Skyward Family Access screen titled "FHS Registration for All Returning Students". Also important in these forms is opting in or out of Chromebook Assurance Plan (see page 11).

### ✓ Pay Lunch, ASB, Club and Sport Fees

Our [online payment portal](#) is open for you to go in and add lunch money and pay for ASB cards, club fees, sports fees, yearbooks and more. Your default username and password for the payment site are the same as your Family Access credentials.

### ✓ Freeman High School Student Handbook

Please take the time to review our [Freeman High School Student Handbook](#) before the start of the new year. This will help answer many of the common questions that parents and students have.

### ✓ Freeman High School Attendance Policy

It is important to understand both our policies as Freeman High School as well as the state requirements on attendance. Please take a moment to read over the attendance policies on page 10.

### School Lunch Prices for 2026-2027

**Lunch \$4.20**

**Scottie Break: \$2.50**

If you would like to apply for Free/Reduced meals, please do so [here](#) ASAP so we can process your applications.  
View lunch menus [here](#).





## STUDENT PHOTOS FOR PUBLICATIONS, SOCIAL MEDIA & YEARBOOK

Every student now defaults to “YES” for participating in photos and photos being published in Freeman media like the Friday Flyer, Freeman website, social media, Yearbook and classroom photo/activity updates. If you do not wish for your student’s photo to be taken and published, please reach out to the high school office. If you do not contact us, then our understanding is that you are giving permission to take/publish their photos. If you have students in different buildings, please contact each building. \*Please note: social media is limited to just special events/accomplishments by students in clubs, sports or other academic achievements.

## SCHOOL SAFETY; STANDARD RESPONSE PROTOCOL

Freeman School District is implementing The “I Love U Guys” Foundation’s programs for crisis response and post-crisis reunification, which are used in more than 78,000 schools, districts, departments, agencies, organizations, and communities around the world. They are created through the research-based best practices of school administrators, psychologists, public space safety experts, families, and first responders.



SRP provides students and staff with clear, consistent language and actions to follow during a variety of safety situations. Using the same procedures throughout our district helps everyone know what to do and respond with confidence.

As part of our ongoing commitment to school safety, students and staff will participate in regular safety drills throughout the year. These drills allow us to practice our response, reinforce expectations, and ensure students and staff are prepared in the event of an emergency. If you would like to learn more about, I love u guys, you can visit <https://iloveuguy.org/#Hugs>



## Upcoming Sports



**8/29** - Jamboree @ Home  
11am  
**9/3** - JV Football vs. Logos  
5pm  
**9/4** - Varsity Football @  
Logos 7pm



**9/2** - Jamboree @ EWU 5pm  
**9/8** - @ Kettle Falls 4pm  
**9/10** - @ Reardan 6pm  
**9/12** - vs. Toledo 11am



**9/1** - Jamboree @ Home  
4pm  
**9/3** - @ Deer Park JV-  
5:15pm, Var-7pm  
**9/8** - vs. Mead JV/C-5:15pm,  
Var-6:45pm  
**9/10** - vs. Lewis & Clark JV/C-  
5:15pm, Var-6:45pm

**CROSS  
COUNTRY**

**9/8** - Jamboree @ Valley  
Christian 3:30pm  
**9/12** - @ Highlander Invite  
10am

## Sports Links:



**GO FAN**

**Pay Fines/Fees**



**goscotties.org**  
athletics website



## SEASON PASS PRICES/PURCHASING

We are pleased to offer season passes for all home, regular-season games. ALL season passes must be purchased through GoFan. Below is a listing of the different passes as well as a link to purchase them directly. Please note that the family passes include two adults and your children in Kindergarten - 8th grade. Senior passes are individual passes for seniors 60+.

|                                           |                       |
|-------------------------------------------|-----------------------|
| <u>Fall Season Family Pass</u>            | \$101.75 (fees incl.) |
| <u>Fall Season Individual Adult Pass</u>  | \$ 51.88 (fees incl.) |
| <u>Fall Season Individual Senior Pass</u> | \$ 33.50 (fees incl.) |

|                                          |                       |
|------------------------------------------|-----------------------|
| <u>All Season Family Pass</u>            | \$233.00 (fees incl.) |
| <u>All Season Individual Adult Pass</u>  | \$117.50 (fees incl.) |
| <u>All Season Individual Senior Pass</u> | \$ 75.50 (fees incl.) |

|                                                         |                       |
|---------------------------------------------------------|-----------------------|
| <u>Winter Season Family Pass</u>                        | \$141.46 (fees incl.) |
| <u>Winter Season Individual Adult Pass</u>              | \$ 67.63 (fees incl.) |
| <u>Winter Season Individual Senior Pass</u>             | \$ 44.00 (fees incl.) |
| Please note: Winter Passes will go on sale in November. |                       |



## Daily Happenings & General Information

We understand that communication is key. Our primary form of communicating with you as parents/guardians is through this Friday Flyer each week. Here is some basic FHS details...

### BELL SCHEDULES

 Every Friday

| Regular Schedule |                |        |
|------------------|----------------|--------|
| 1                | 8:15 -- 9:02   | 47 min |
| 2                | 9:06 -- 9:53   | 47 min |
| SCOTTIE BREAK    | 9:53 -- 10:01  | 8 min  |
| 3                | 10:04 -- 10:51 | 47 min |
| 4                | 10:55 -- 11:42 | 47 min |
| 5                | 11:46 -- 12:33 | 47 min |
| LUNCH            | 12:33 -- 1:03  | 30 min |
| 6                | 1:07 -- 1:54   | 47 min |
| 7                | 1:58 -- 2:45   | 47 min |

| AM Activity Schedule |                |        |
|----------------------|----------------|--------|
| 1                    | 8:15 -- 8:57   | 42 min |
| 2                    | 9:01 -- 9:43   | 42 min |
| SCOTTIE BREAK        | 9:43 -- 9:51   | 8 min  |
| 3                    | 9:55 -- 10:37  | 42 min |
| 4                    | 10:41 -- 11:23 | 42 min |
| 5                    | 11:27 -- 12:09 | 42 min |
| ACTIVITY             | 12:13-12:43    | 30 min |
| LUNCH                | 12:43-1:13     | 30 min |
| 6                    | 1:17 -- 1:59   | 42 min |
| 7                    | 2:03 -- 2:45   | 42 min |

| Late Start Schedule |                |        |
|---------------------|----------------|--------|
| 1                   | 10:15 -- 10:46 | 31 min |
| 2                   | 10:50 -- 11:21 | 31 min |
| 3                   | 11:25 -- 11:56 | 31 min |
| 4                   | 12:00 -- 12:31 | 31 min |
| LUNCH               | 12:31 -- 1:01  | 31 min |
| 5                   | 1:05 -1:36     | 30 min |
| 6                   | 1:40 -- 2:11   | 31 min |
| 7                   | 2:15 -- 2:45   | 30 min |

### ATTENDANCE LINE

Please email [fhsoffice@freemansd.org](mailto:fhsoffice@freemansd.org) or call our main phone line at 291-3721 if your student will be absent/tardy or leaving early on any given day. If we do not receive an email, note, or a call your student's absence will remain unexcused.

### BREAKFAST/LUNCH

We are operating under the standard National School Lunch guidelines, which means students pay for meals unless qualifying for Free/Reduced prices. The application is included in your online registration for returning students so please complete all forms ASAP. Instructions on how to apply here.

**SCOTTIE BREAK** We offer Scottie Break at the High School. A light snack will be available for students to purchase from 9:53am - 10:01am. Cost: \$2.50

**LUNCH** - served at the High School in the MPR. Cost: \$4.20. Click image for menus.

*Menu*



### ACTIVITY BUS

We have an Activity Bus that runs after sports M-F for the first two weeks of Middle School Sports Seasons and then M-Th the rest of the year. Bus departs at 5:25pm. Questions on more details, call the Transportation Department at 291-5555.

# Student HIGHLIGHTS



GET TO KNOW YOUR 2026-2027  
ASB JR TREASURER:  
KELSEY HOLLEN

Favorite high school memory: Any time spent with the basketball team

What she did over the summer: Went to Las Vegas and Chicago for basketball

Advice to all students: Get involved, and be proud to be a Scottie



GET TO KNOW YOUR 2026-2027  
ASB SR TREASURER:  
BRILEY SNYDER

Favorite high school memory: Going on state at FFA State Convention

What she did over the summer: Went fishing and dirtbike riding

Advice to all students: Join all the clubs and be as involved as you can!

# Student HIGHLIGHTS



GET TO KNOW YOUR 2026-2027  
ASB SPIRIT COMMISSIONER:  
**LOGAN NELSON**

Favorite high school memory: Playing drumline for state basketball in Yakima a couple years ago

What he did over the summer: Went wakeboarding with Brady at coeur d'alene

Advice to all students: Don't be afraid to get out there and live



GET TO KNOW YOUR 2026-2027  
ASB SPIRIT COMMISSIONER:  
**BRADY BOWEN**

Favorite high school memory: Friday Night Lights

What he did over the summer: Knee boarding

Advice to all students: Get involved with anything and everything you can

# Student HIGHLIGHTS



GET TO KNOW YOUR 2026-2027  
ASB SECRETARY:  
ELLA KARNITZ!

Favorite high school memory: Ella is looking forward to the band/drumline/choir trip

What she did over the summer: Went to a huge music fest

Advice to all students: Have confidence - even if you think you do bad, people will think you know what you're doing and you might do even better than you thought if you do have confidence.

# EVERY DAY COUNTS!

## A Family-Friendly Guide to School Attendance | TK–12th Grade

In the Freeman School District, we know that regular attendance helps students stay connected, keep learning, and feel successful at school.

### NEW DISTRICT ATTENDANCE POLICY

Families have **10 days from the date of their child's absence** to excuse the absence. Please contact the school as soon as possible rather than waiting until the 10-day deadline.

## WHY ATTENDANCE MATTERS

|              |                                                                                                                                                               |
|--------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>10%</b>   | <b>About 18 days matters.</b> Missing around 10% of school days in a typical 180-day year is considered chronic absence and is associated with academic risk. |
| <b>TK–12</b> | <b>Every grade matters.</b> Attendance patterns begin early, and higher absence in middle and high school is associated with lower academic outcomes.         |
| <b>ALL</b>   | <b>Learning is connected.</b> When students miss school, they can miss instruction, relationships, routines, and opportunities to participate.                |

## HOW TO REPORT OR EXCUSE AN ABSENCE

|              |                                                                                                                                                                           |
|--------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>CALL</b>  | Elementary: 509-291-7425<br>Middle School: 509-291-7425<br>High School: 509-291-3721                                                                                      |
| <b>EMAIL</b> | Freeman Elementary School: FESoffice@freemansd.org<br>Freeman Middle School: FMSoffice@freemansd.org<br>Freeman High School: FHSoffice@freemansd.org                      |
| <b>NOTE</b>  | Send a note with your child to school. You can easily excuse an absence using any of these methods. Remember: you have 10 days from the date of the absence to excuse it. |

## HOW FAMILIES CAN HELP

- **Build routines.** Consistent bedtimes, morning routines, and preparing the night before can make school mornings easier.
- **Communicate early.** Let the school know when your child will be absent.
- **Check attendance.** Watch for patterns before a few absences become a larger concern.
- **Ask for help.** If transportation, health, anxiety, family circumstances, or another barrier makes attendance difficult, contact the school—we want to partner with you.
- **Reconnect after an absence.** Help your child return to routines and learning.

### OUR GOAL IS NOT PERFECTION—IT IS CONNECTION.

Children will sometimes need to be absent. Illness, appointments, family emergencies, and other circumstances happen. Our goal is to help students attend as regularly as possible and make sure families have the support they need.

## A QUICK ATTENDANCE CHECK

|                                           |                     |
|-------------------------------------------|---------------------|
| Is my child attending regularly?          | Notice patterns     |
| Are absences becoming more frequent?      | Reach out early     |
| Is there a barrier we can solve together? | Partner with school |

**Research basis:** Attendance Works; UChicago Consortium/Attendance Works research on chronic absence and student outcomes. Research consistently identifies regular attendance as an important opportunity for learning, relationships, and school connection.

# **Afternoon Bus Zone Student Release**

## **Plan Transportation Changes in Advance**

Whenever possible, parents or guardians should send a written note with their student at the beginning of the school day or call the school office as early as possible to request a transportation change. The school office must review and authorize the request before notifying Transportation.

A student's verbal message that a parent or guardian told them to get off the bus, go somewhere else, or follow a different transportation plan is not sufficient authorization. If Transportation has not received an authorized note from the parent or guardian or confirmation from the school office, the driver cannot follow the requested change. The student will remain on the bus unless and until authorized staff provide different instructions.

Planning changes in advance allows staff to confirm the student's release instructions before buses begin loading and helps prevent delays, confusion, or an unauthorized release in the afternoon bus zone.

## **How to Request the Release of a Student Already on the School Bus**

Parents, guardians, older siblings, or staff members may not approach a bus in the afternoon bus zone to ask the driver to release a student from the bus.

If a student is already on the bus, all release requests must be made through the supervisor on duty in the bus zone or the school office. The supervisor on duty will verify the request with the appropriate school office and radio the driver to release the student from the bus. The student will then walk to the supervisor on duty, where the parent, guardian, sibling, or staff member will be waiting.

## **Why Requests Must Go Through Authorized Staff**

This procedure applies to all families and staff members. It protects students by ensuring that custody restrictions, restraining orders, and other release instructions are reviewed before a student is released.

## **Thank You for Helping Us Protect Students**

We appreciate your attention to and cooperation with this important student-safety procedure.

Together, we can provide every student with safe, respectful, and dependable transportation.

**Your Freeman Transportation Team**

*— Where Every Ride Matters*

*Optional Chromebook Assurance Program | Grades 6-12*

As part of our learning program, the Freeman School District provides a Chromebook to all secondary students (Grades 6-12). This device is the property of the Freeman School District. **Chromebooks are issued to 6th-12th grade students in September and collected in June.**

Families have the opportunity to enroll in the district's **optional** Chromebook Assurance Program (CAP). While not mandatory, this insurance program is highly recommended as it provides coverage in the event the device is lost or damaged. Annual cost is **\$20 per student** for the school year. Families who choose to enroll more than two Middle or High School students in CAP will only be required to pay for two CAP enrollments to cover all district-owned devices in the family each school year. Defective devices will be replaced or repaired at no cost to the family. **Fees must be paid by September 15th.**

- To **opt-in** to the annual insurance program, there is a **\$20 fee** for the school year. **Fees must be paid by September 15th.** To purchase insurance, access Online Payments at <https://wa-freeman.intouchrecepting.com>
- **Opting out of the program** means families will be held financially responsible for the full cost of repair or replacement associated with any damaged, lost or stolen equipment. A fine will be placed on student accounts for the cost of replacing or repairing the equipment.
- **Lack of action prior to September 15th will be considered an opt-out.**

| OPT-IN – Chromebook Insurance Program                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | OPT-OUT – Chromebook Insurance Program                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>Annual Fee:</b> \$20 nonrefundable</p> <p><b>Annual Coverage:</b></p> <ul style="list-style-type: none"><li>• <b>Accidental Damage:</b> First incident covered in full. After first incident, family is responsible for full replacement of damaged part, or up to \$200 total per incident. (Loaner device available during repair.)</li><li>• <b>Lost or Stolen:</b> First incident \$100. \$200 for subsequent incidents. (If stolen, Police Report must be filed within 24 hours and a copy provided to the school Business Office.) If the device is later found or recovered and is in working condition the fee will be refunded.</li></ul> <p><b>Not Covered:</b></p> <ul style="list-style-type: none"><li>• Intentional damage, neglect or loss without a copy of a Police Report.</li><li>• Lost/Damaged Power Cord (\$30)</li></ul> <p><b>Note:</b> Replacement equipment will not be issued until fees set forth above have been paid or there is a payment plan in place.</p> <p>Student Name _____</p> | <p><b>Damage Fees:</b></p> <ul style="list-style-type: none"><li>• \$200 Full Replacement</li><li>• \$150 Motherboard</li><li>• \$50 Display (LCD)</li><li>• \$20 Keyboard</li><li>• \$20 Trackpad</li></ul> <p><b>Lost or Stolen:</b></p> <ul style="list-style-type: none"><li>• \$200 Device (If the device is later found or recovered and is in working condition the fee will be refunded.)</li><li>• \$30 Power Cord</li></ul> <p><b>Note:</b> Replacement equipment will not be issued until fees set forth above have been paid or there is a payment plan in place.</p> <p><b>I, would like to:</b></p> <p><b>OPT- IN</b> <input type="checkbox"/></p> <p><b>OPT-OUT</b> <input type="checkbox"/></p> <p><b>Parent Signature:</b> _____ Parent Signature _____</p> |

*I understand that by inserting my name in the signature fields I am submitting an electronic signature.  
This signature will be enforceable on the same basis as if it were signed in person.*

## Parents and Guardians

### You can take advantage of our Text Messaging Service

Our school utilizes the SchoolMessenger system to deliver text messages, straight to your mobile phone with important information about events, school closings, safety alerts and more.\*

You can participate in this free service\* just by sending a text message of "Y" or "Yes" to our school's short code number, **67587**.

You can also opt out of these messages at any time by simply replying to one of our messages with "Stop".

SchoolMessenger is compliant with the [Student Privacy Pledge™](#) so you can rest assured that your information is safe and will never be given or sold to anyone.



**Opt-In from  
your mobile  
now!**



**Just send "Y"  
or "Yes" to  
67587.**

 **Information on SMS text messaging and Short Codes:** SMS stands for Short Message Service and is commonly referred to as a "text message". Most cell phones support this type of text messaging. Our notification provider, SchoolMessenger, uses a true SMS protocol developed by the telecommunications industry specifically for mass text messaging, referred to as "short code" texting. This method is fast, secure and highly reliable because it is strictly regulated by the wireless carriers and only allows access to approved providers.

*If you've ever sent a text vote for a TV show to a number like 46999, you have used short code texting.*

\*Terms and Conditions: Message frequency varies. Standard message and data rates may apply. Reply HELP for help. Text STOP to cancel. Mobile carriers are not liable for delayed or undelivered messages. See [schoolmessenger.com/tm](http://schoolmessenger.com/tm) for more info.