MADISON METROPOLITAN SCHOOL DISTRICT

Lunch Menu

Capital High
September 2026

Monday	Tuesday	Wednesday	Thursday	Friday
31 	1 **Cheeseburger** **or** **Black Bean Burger** Strawberries Apple Slices Pickle Slices Fire-Roasted Corn	2 **Chicken Wings** **Bosco Sticks with Marinara Dipping Sauce** **Turkey and Cheese Sandwich** Blueberries Banana Baby Carrots Cauliflower	3 **Chicken Patty Sandwich** **Spicy Chicken Patty Sandwich** **Homemade Sunbutter and Jelly Sandwich** Strawberries Diced Pears Pickle Slices Broccoli	4 **Soft Shell Beef Taco** **Cheese Pizza** **Turkey and Cheese Sandwich** Blueberries Diced Peaches Roasted Curried Sweet Potatoes Celery Sticks
7 **Labor Day** 	8 **Chicken Drumstick & Biscuit** **Cheeseburger** **or** **Black Bean Burger** Blueberries Apple Slices Pickles Baby Carrots	9 **Chicken Wings** **Cheesy Pull-Aparts** **Turkey and Cheese Sandwich** Strawberries Banana Fire-Roasted Corn Grape Tomatoes	10 **Mini Corn Dogs** **Regular or Spicy Chicken Patty Sandwich** **Homemade Sunbutter and Jelly Sandwich** Blueberries Diced Peaches Pickles Broccoli Florets	11 **Beef Sloppy Joes with Tater Tots** **Cheese Pizza** **Turkey and Cheese Sandwich** Strawberries Diced Pears Cucumber Slices Cauliflower
14 **Chicken Tenders with Dinner Roll and Tots** **Pepperoni Pepperoni Cheese Pizza** **Turkey and Cheese Sandwich** Blueberries Applesauce Cup Chickpeas Baby Carrots	15 **Bosco Sticks with Marinara Dipping Sauce** **Cheeseburger** **or** **Black Bean Burger** Strawberries Apple Slices Pickles Fire-Roasted Corn	16 **Chicken Wings** **Grilled Cheese** **Turkey and Cheese Sandwich** Blueberries Banana Baby Carrots Cauliflower	17 **Indian Butter Chicken with Cilantro Lime Rice** **Homemade Sunbutter and Jelly Sandwich** Strawberries Diced Pears Pickles Broccoli	18 **Chicken Chile Lime Tacos** **Turkey and Cheese Sandwich** Blueberries Diced Peaches Celery
21 **Hot Dog on a Bun** **Pepperoni Pizza** **Cheese Pizza** **Turkey and Cheese Sandwich** Chickpeas Applesauce Strawberries Carrots	22 **French Toast Sticks with Sausage Patty** **Cheeseburger** **or** **Black Bean Burger** **Chef Salad** Blueberries Apple Slices Pickles and Tomatoes	23 **Wing Wednesday** **Bean and Cheese Burrito** **Turkey and Cheese Sandwich** Strawberries Banana Cauliflower and Corn	24 **Sliced Thai Beef** **Regular or Spicy Chicken Sandwich** **Homemade Sunbutter and Jelly Sandwich** Blueberries Peaches Pickles and Celery	25 **Orange Chicken over Rice** **Pepperoni Pizza** **Cheese Pizza** **Turkey and Cheese Sandwich** Strawberries Pears Broccoli and Cucumber
28 **Chicken Tenders with Dinner Roll and Tots** **Pepperoni Pizza** **Cheese Pizza** **Turkey and Cheese Sandwich** Chickpeas Carrots Strawberries Applesauce	29 **Cheeseburger** **or** **Black Bean Burger** **Chef Salad** Strawberries Apple Slices Pickle Slices Fire-Roasted Corn	30 **Chicken Wings** **Bosco Sticks with Marinara Dipping Sauce** **Turkey and Cheese Sandwich** Blueberries Banana Baby Carrots Cauliflower	Skim and 1% white milk and skim chocolate milk available daily.	This institution is an equal opportunity provider