

SEPTEMBER

ATHENS HIGH SCHOOL LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
\$2.75 Lunch Meal includes: 1-2oz Meat/Protein, 1-2oz Bread, Vegetables, Fruit, and Milk HARVEST OF THE MONTH: TOMATO	1 Pizza Corn Romaine Tossed Salad Fruit Milk	2 Chicken Sandwich Lettuce/Tomato/Dills Carrots with Ranch Dip Sun Chips Fruit Milk	3 Chili Crispito Cheese Dip Jalapeno Peppers/Chili Beans Tossed Salad Fruit Milk	4 BBQ Sandwich Baked Lay's Chips Baked Beans / Slaw / Dills Cookie / Fruit Milk
7 NO SCHOOL	8 Pizza Corn Romaine Tossed Salad Fruit Milk	9 Hot Dog w/Chili Tater Tots Baked Beans / Slaw Fruit Milk	10 Spaghetti w/Meat Sauce Garlic Bread Steamed Broccoli Fruit Milk	11 Hamburger Lettuce/Tomato/Dills French Fries Fruit Milk
14 Chili Crispito Cheese Dip Jalapeno Peppers/Chili Beans Tossed Salad Fruit / Milk	15 Pizza Corn Romaine Tossed Salad Fruit Milk	16 Chicken Sandwich Lettuce/Tomato/Dills Carrots with Ranch Dip Sun Chips Fruit Milk	17 LAST DAY TO APPLY FOR FREE/REDUCED MEALS Roasted Chicken Whipped Potatoes / Green Beans Roll / Fruit / Cookie / Milk	18 Cheeseburger Tater Tots Baked Beans Fruit Milk
21 Corn Dog Baked Beans / Slaw Baked Lay's Chips / Pickles Fruit Milk	22 Pizza Corn Romaine Tossed Salad Fruit Milk	23 Chicken Sandwich Lettuce/Tomato/Dills Carrots with Ranch Dip Sun Chips Fruit Milk	24 Steak Fingers Whipped Potatoes Green Beans Roll/Cookie Fruit / Milk	25 Asian Chicken Fried Rice/Spring Rolls Steamed Broccoli Cookie / Fruit Milk
28 Hot Dog w/Chili Tater Tots Baked Beans / Slaw Fruit Milk	29 Pizza Corn Romaine Tossed Salad Fruit Milk	30 Chicken Sandwich Lettuce/Tomato/Dills Carrots with Ranch Dip Sun Chips Fruit Milk	Free Breakfast & \$2.75 Lunch Daily Fruit & Milk Offered Daily Salad Bar and/or Grab & Go Sandwich Offered Daily Free Student After-School Snacks available at AES, BES, CES, JNES & AIS	