

# SEPTEMBER

## PreK -8th Grade LUNCH

| MONDAY                                                                                                                                              | TUESDAY                                                              | WEDNESDAY                                                                                         | THURSDAY                                                                                                                                                                                                                                 | FRIDAY                                                                                              |
|-----------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|
| <p>\$2.75 Lunch Meal includes:<br/>1-2oz Meat/Protein,<br/>1-2oz Bread,<br/>Vegetables,<br/>Fruit, and Milk</p> <p>HARVEST OF THE MONTH: TOMATO</p> | <p>1 Pizza<br/>Corn<br/>Romaine Tossed Salad<br/>Fruit<br/>Milk</p>  | <p>2 Chicken Sandwich<br/>Lettuce/Tomato/Dills<br/>Carrots with Ranch Dip<br/>Fruit<br/>Milk</p>  | <p>3 Chili Crispito<br/>Cheese Dip<br/>Jalapeno Peppers/Chili Beans<br/>Tossed Salad<br/>Fruit<br/>Milk</p>                                                                                                                              | <p>4 BBQ Sandwich<br/>Baked Lay's Chips<br/>Baked Beans / Slaw / Dills<br/>Fruit<br/>Milk</p>       |
| <p>7</p> <p>NO SCHOOL</p>                                                                                                                           | <p>8 Pizza<br/>Corn<br/>Romaine Tossed Salad<br/>Fruit<br/>Milk</p>  | <p>9 Hot Dog w/Chili<br/>Tater Tots<br/>Baked Beans<br/>Fruit<br/>Milk</p>                        | <p>10 Spaghetti w/Meat Sauce<br/>Garlic Bread<br/>Steamed Broccoli<br/>Fruit<br/>Milk</p>                                                                                                                                                | <p>11 Hamburger<br/>Lettuce/Tomato/Dills<br/>French Fries<br/>Fruit<br/>Milk</p>                    |
| <p>14 Chili Crispito<br/>Cheese Dip<br/>Jalapeno Peppers/Chili Beans<br/>Tossed Salad<br/>Fruit / Milk</p>                                          | <p>15 Pizza<br/>Corn<br/>Romaine Tossed Salad<br/>Fruit<br/>Milk</p> | <p>16 Chicken Sandwich<br/>Lettuce/Tomato/Dills<br/>Carrots with Ranch Dip<br/>Fruit<br/>Milk</p> | <p>17 <b>LAST DAY TO APPLY FOR<br/>FREE/REDUCED MEALS</b><br/><br/>Roasted Chicken<br/>Whipped Potatoes / Green Beans<br/>Roll / Fruit / Milk</p>                                                                                        | <p>18 Cheeseburger<br/>Tater Tots<br/>Baked Beans<br/>Fruit<br/>Milk</p>                            |
| <p>21 Corn Dog<br/>Baked Beans / Slaw<br/>Baked Lay's Chips / Pickles<br/>Fruit<br/>Milk</p>                                                        | <p>22 Pizza<br/>Corn<br/>Romaine Tossed Salad<br/>Fruit<br/>Milk</p> | <p>23 Chicken Sandwich<br/>Lettuce/Tomato/Dills<br/>Carrots with Ranch Dip<br/>Fruit<br/>Milk</p> | <p>24 Steak Fingers<br/>Whipped Potatoes<br/>Green Beans<br/>Roll<br/>Fruit<br/>Milk</p>                                                                                                                                                 | <p>25 Asian Chicken<br/>Fried Rice/Spring Roll<br/>Steamed Broccoli<br/>Cookie<br/>Fruit / Milk</p> |
| <p>28 Chicken Sandwich<br/>Lettuce/Tomato/Dills<br/>Carrots with Ranch Dip<br/>Fruit<br/>Milk</p>                                                   | <p>29 Pizza<br/>Corn<br/>Romaine Tossed Salad<br/>Fruit<br/>Milk</p> | <p>30 Hot Dog w/Chili<br/>Tater Tots<br/>Baked Beans / Slaw<br/>Fruit<br/>Milk</p>                | <p>Free Breakfast &amp; \$2.75 Lunch Daily<br/>Fruit &amp; Milk Offered Daily</p> <p>Grab &amp; Go Salad and/or Grab &amp; Go Sandwich Offered Daily<br/>Free Student After-School Snacks available at AES, BES, CES, JNES &amp; AIS</p> |                                                                                                     |