

# SEPTEMBER

## AES & CES PREK BREAKFAST IN CLASSROOM

| MONDAY                                                                   | TUESDAY                                    | WEDNESDAY                                          | THURSDAY                                                                                                                                                                                                    | FRIDAY                                       |
|--------------------------------------------------------------------------|--------------------------------------------|----------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------|
| Free Breakfast Includes:<br>1-2oz Meat/Grain<br>1/2c Fruit<br>White Milk | 1<br>Pancakes<br>1/2c Fruit<br>White Milk  | 2<br>Chicken Biscuit<br>1/2c Fruit<br>Milk         | 3<br>Waffles<br>1/2c Fruit<br>Milk                                                                                                                                                                          | 4<br>1oz Cereal<br>1/2c Fruit<br>White Milk  |
| 7<br>NO SCHOOL                                                           | 8<br>Pancakes<br>1/2c Fruit<br>White Milk  | 9<br>Egg and Cheese Biscuit<br>1/2c Fruit<br>Milk  | 10<br>French Toast<br>1/2c Fruit<br>Milk                                                                                                                                                                    | 11<br>1oz Cereal<br>1/2c Fruit<br>White Milk |
| 14<br>Sausage Biscuit<br>1/2c Fruit<br>Milk                              | 15<br>Pancakes<br>1/2c Fruit<br>White Milk | 16<br>Chicken Biscuit<br>1/2c Fruit<br>Milk        | 17<br>LAST DAY TO APPLY FOR<br>FREE/REDUCED MEALS<br>Waffles<br>1/2c Fruit<br>Milk                                                                                                                          | 18<br>1oz Cereal<br>1/2c Fruit<br>White Milk |
| 21<br>Sausage Biscuit<br>1/2c Fruit<br>White Milk                        | 22<br>Pancakes<br>1/2c Fruit<br>White Milk | 23<br>Egg and Cheese Biscuit<br>1/2c Fruit<br>Milk | 24<br>French Toast<br>1/2c Fruit<br>Milk                                                                                                                                                                    | 25<br>1oz Cereal<br>1/2c Fruit<br>White Milk |
| 28<br>Sausage Biscuit<br>1/2c Fruit<br>White Milk                        | 29<br>Pancakes<br>1/2c Fruit<br>White Milk | 30<br>Chicken Biscuit<br>1/2c Fruit<br>Milk        | Free Breakfast & \$2.75 Lunch Daily<br>Fruit & Milk Offered Daily<br><br>Grab & Go Salad and/or Grab & Go Sandwich Offered Daily<br>Free Student After-School Snacks available at AES, BES, CES, JNES & AIS |                                              |