

# HAMPTON TOWNSHIP SCHOOL DISTRICT MIDDLE SCHOOL BREAKFAST MENU

## September 2026

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

31

Sausage, Egg, & Cheese  
Croissant, Bacon, Egg, & Cheese  
English Muffin,

Dutch Waffle,  
Mini Chocolate Chip French Toast

1

Sausage, Egg, & Cheese  
Croissant, Bacon, Egg, & Cheese  
English Muffin,

Dutch Waffle,  
Mini Chocolate Chip French Toast

2

Sausage, Egg, & Cheese  
Croissant, Bacon, Egg, & Cheese  
English Muffin,

Dutch Waffle,  
Mini Chocolate Chip French Toast

3

Sausage, Egg, & Cheese Croissant,  
Bacon, Egg, & Cheese  
English Muffin,

Dutch Waffle,  
Mini Chocolate Chip French Toast

4

Sausage, Egg, & Cheese Croissant,  
Bacon, Egg, & Cheese  
English Muffin,

Dutch Waffle,  
Mini Chocolate Chip French Toast

7

NO SCHOOL



8

Sausage, Egg, & Cheese  
Croissant, Bacon, Egg, & Cheese  
English Muffin,

Dutch Waffle,  
Mini Chocolate Chip French Toast

9

Sausage, Egg, & Cheese  
Croissant, Bacon, Egg, & Cheese  
English Muffin,

Dutch Waffle,  
Mini Chocolate Chip French Toast

10

Sausage, Egg, & Cheese  
Croissant, Bacon, Egg, & Cheese  
English Muffin,

Dutch Waffle,  
Mini Chocolate Chip French Toast

11

Sausage, Egg, & Cheese  
Croissant, Bacon, Egg, & Cheese  
English Muffin,

Dutch Waffle,  
Mini Chocolate Chip French Toast

14

Sausage, Egg, & Cheese Croissant,  
Bacon, Egg, & Cheese  
English Muffin,

Dutch Waffle,  
Mini Chocolate Chip French Toast

15

Sausage, Egg, & Cheese Croissant,  
Bacon, Egg, & Cheese  
English Muffin,

Dutch Waffle,  
Mini Chocolate Chip French Toast

16

Sausage, Egg, & Cheese Croissant,  
Bacon, Egg, & Cheese  
English Muffin,

Dutch Waffle,  
Mini Chocolate Chip French Toast

17

Sausage, Egg, & Cheese Croissant,  
Bacon, Egg, & Cheese  
English Muffin,

Dutch Waffle,  
Mini Chocolate Chip French Toast

18

Sausage, Egg, & Cheese Croissant,  
Bacon, Egg, & Cheese  
English Muffin,

Dutch Waffle,  
Mini Chocolate Chip French Toast

21

Sausage, Egg, & Cheese Croissant,  
Bacon, Egg, & Cheese  
English Muffin,

Dutch Waffle,  
Mini Chocolate Chip French Toast

22

Sausage, Egg, & Cheese  
Croissant, Bacon, Egg, & Cheese  
English Muffin,

Dutch Waffle,  
Mini Chocolate Chip French Toast

23

Sausage, Egg, & Cheese Croissant,  
Bacon, Egg, & Cheese  
English Muffin,

Dutch Waffle,  
Mini Chocolate Chip French Toast

24

Sausage, Egg, & Cheese Croissant,  
Bacon, Egg, & Cheese  
English Muffin,

Dutch Waffle,  
Mini Chocolate Chip French Toast

25

Sausage, Egg, & Cheese Croissant,  
Bacon, Egg, & Cheese  
English Muffin,

Dutch Waffle,  
Mini Chocolate Chip French Toast

28

Sausage, Egg, & Cheese  
Croissant, Bacon, Egg, & Cheese  
English Muffin,

Dutch Waffle,  
Mini Chocolate Chip French  
Toast

29

Sausage, Egg, & Cheese  
Croissant, Bacon, Egg, & Cheese  
English Muffin,

Dutch Waffle,  
Mini Chocolate Chip French  
Toast

30

Sausage, Egg, & Cheese Croissant,  
Bacon, Egg, & Cheese  
English Muffin,

Dutch Waffle,  
Mini Chocolate Chip French Toast

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

### What is a Meal?

Students must choose at least 3 of the 4 components available for the school breakfast price: Whole Grain, Protein, Fruit/Vegetable, Milk. A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.

### Available Daily

Assorted cereals or cereal bar *served with graham crackers*  
Assorted Muffins & Loafs *served with graham crackers*  
Assorted Donuts  
Assorted Pop-Tarts  
Assorted Yogurt w/ Fruit on the Bottom

### Fruit Selection

Seasonal Fresh Fruit | Assorted Canned Fruit | 100% Fruit Juice

Students may choose two ½ cup servings.

### Milk Selections

1% white, fat-free white, fat-free chocolate, fat-free vanilla, fat-free strawberry

### Breakfast Prices

|         |        |
|---------|--------|
| Student | FREE   |
| Adult   | \$2.50 |

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