Princeton Senior High School
COMPREHENSIVE SCHOOL COUNSELING PROGRAM

Comprehensive School Counseling Program (CSCP) Mission Statement

The mission of the Princeton High School Counseling Program is to provide a proactive, comprehensive, and developmentally appropriate program to address students' academic and career goals in addition to supporting their personal and social needs. This is accomplished through a partnership with parents/guardians, staff, and community members to ensure all students become successful, productive, contributing citizens and lifelong learners in a diverse and changing world.

August 27, 2026 - C. Jones, R. Pastrana, S. Rubio & L. Quick

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Program Definition

Below are the defining elements of our CSCP:

- Delivery - Campus school counselors deliver the comprehensive school counseling program with support from administration and campus staff.
- Competencies - The CSCP will assist students in developing positive self-concepts; emotional regulation techniques; effective communication skills; and self-advocacy skills, all of which will lead to healthy interpersonal relationships. Students will also possess the knowledge and skills to gather information for the purpose of postsecondary education and career planning.
- Clients - Students are served through our campus with the possibility to expand to the families and community, as needed and supported.
- Organizational Elements-
    - The master counseling yearly calendar
    - Following the *5th Edition TX Model for CSCP*
    - Monthly Counseling Calendars and Newsletters
    - Annual Needs Assessment
    - Weekly Counseling Meetings
    - TX Model guidance lesson curriculum indicators / goals
    - District Counseling Handbook and Policies and Procedures
    - Research-based interventions such as Solution Focused Brief Counseling

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Program Rationale

Below are the 6 statements that make up the rationale for our CSCP:

1. The importance of our school counseling program as an equal partner in the educational process is to support students' personal / social needs that must be met before students can achieve academic success.
2. Students first need to acquire the intrapersonal/interpersonal competencies and the personal health/safety competencies in order to feel healthy and motivated enough to achieve the post-secondary education/career readiness competencies. Our students need to acquire postsecondary education/career readiness competencies in order to become successful future leaders and contributors of a global society.
3. The school counseling program will enable students to develop their full potential because our mission is to *ensure all students become successful, productive, contributing citizens and lifelong learners in a diverse and changing world.*
4. The rationale for the SC program can be determined by reviewing several data sources. The conclusions we can draw from our various data sources are: a high percentage of students are dealing with stress (60% self-identified); many students and parents would like more information on post-secondary planning (career exploration and program/college information); and teachers are seeking resources and ways to support students in new and different ways not only academically, but also socially and emotionally.
5. The goals of our campus include: providing safe and secure schools and providing for the growth and ever-changing demographics of PHS.
6. Current theories and professional trends of our school counseling program include Solution Focused Brief Counseling

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Program Assumptions

- Professionally certified school counselors are hired
- All students, parents, teachers, and other recipients have equal access to the program
- The work setting reflects:
    - Administrative commitment to and support of the program
    - A positive work environment
    - An adequate budget
- School administrators are working to understand and support the program's priorities and demands
- Program and Staff Development:
    - Time and opportunity are provided for designing and evaluating the program
    - Relevant training is available
- Budget: an adequate budget is established to support program needs and goals
- Materials, supplies, and equipment: the school counselor has items necessary to support development and implementation of the program
- Facilities: the facilities accessible to the school counselor are sufficient and appropriate

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Program Goals & Process

Needs Assessment Results - see Google Forms data; the most significant needs of students / staff in needs assessments include:

- Exploring post-secondary options
- Obtaining information on programs / colleges
- Dealing with anxiety
- Dealing with / managing stress
- Addressing student academic failures
- Accepting differences in others
- Study Skills
- Bullying & Cyberbullying
- Understanding abilities, interests, and aptitudes

We reviewed the following data points:

- Student Needs Assessment
- Faculty Needs Assessment
- Parent Needs Assessment
- Failure Reports
- Counseling Notes
- Counseling Time Trackers

We found the following patterns in our data:

- All counselors are lower than the TEA recommended percentages of 15-25% for guidance curriculum
- Academic data showed more failing data as year progressed
- Faculty Needs Assessment showed overall high marks for school counseling program
- Students are facing stressors more than in previous years

We found the following areas of significance in our data points:

- 60% of students identified a need for ways to deal with / manage stress
- Counselors spend a significant amount of time on system support and individual planning

Advisory council input/insight to be incorporated into CSCP goals:

- We will share 3 CSCP goals at first Leadership meeting to elicit revisions / additions
- TBD through discussion of student concerns at weekly PLC meetings and monthly Leadership meeting

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Program SMART Goals for the 2026-2027 Year

#1. By the end of the 2026–2027 school year, the counseling department will maintain a CCMR rate of at least 94% while ensuring all juniors and seniors participate in intentional postsecondary planning and receive targeted support towards college, career, or military readiness.

#2. By the end of the 2026–2027 school year, 100% of juniors and seniors, that have parental permission, will participate in at least 20 social-emotional learning lessons delivered throughout the school year, focusing on responsible decision making, self-management, relationship skills, and other skills that support student success.

#3. By the end of the 2026–2027 school year, counselors will meet with at least 90% of students that have parental permission that failed during a 9 week period and document appropriate interventions.

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CSCP Design Priorities *(1 is most important in all lists)*

Clients- ranked by importance according to our goals:

1. Students
2. Parents
3. Teachers
4. Administrators
5. Others

Student Needs- ranked by importance according to our goals:

1. Prevention
2. Remediation
3. Crisis

Student Competencies- ranked by importance according to our goals:

1. Post-Secondary Education / Career Readiness
2. Intrapersonal Skills
3. Personal Health & Safety
4. Interpersonal Skills

School Counselor Competencies- ranked by importance according to our goals:

1. Program Management (Plan / implement CSCP)
2. Guidance (theories, plan lessons, groups, involve others)
3. Counseling (interventions for students' personal / social development, individual/ group counseling)
4. Consultation
5. Coordination
6. Leadership
7. Advocacy
8. Professional Standards (ethics)
9. Professional Behavior (relationships, use of time)
10. Student Assessments

Counselor Time/Program Component- ranked by importance according to our goals:

1. Individual Planning: 35 %
2. Guidance Curriculum: 15 %
3. Responsive Services: 30 %
4. System Support: 20 %

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Program Design Template

Guidance Curriculum Services

1. Strategic Content Area-Post Secondary Education and Career Readiness
Needs Assessment Findings- Students / parents / staff note high needs for career exploration and post secondary planning
Guidance Curriculum Lesson Topics- college and career readiness, planning, and timelines / FAFSA and financial aid
SMART Goals-

- ★ By the end of the 2026/27 school year, 100% of seniors will complete an individual postsecondary planning meeting with a counselor and develop a documented plan for their future after high school.
- ★ By the end of the 2026/27 school year, the number of students completing the FAFSA / TASFA will increase by 5%.

2. Strategic Content Area-Intrapersonal Effectiveness
Needs Assessment Findings- Students / parents / staff note high needs for stress management, coping skills, and conflict resolution. Guidance Curriculum Lesson Topics- stress management, coping skills
SMART Goals-

- ★ By the end of the 2026/27 school year, each counselor will meet with students placed at DAEP 3 times a nine-weeks to discuss academic progress.
- ★ By the end of the 2026/27 school year, students will be offered at least 5 workshops on stress management and coping skills.

3. Strategic Content Area-Personal Health & Safety
Needs Assessment Findings- Students / parents / staff noted high need for strategies to handle: harmful behaviors (bullying / sexting / cyberbullying / suicidal thoughts & ideations / self-harm) and abuse (physical / sexual abuse / neglect / domestic or dating violence) and destigmatizing mental illness. Guidance Curriculum Lesson Topic/s- human trafficking, child abuse violence, dating violence, suicidal thoughts / ideations and self-harm, and destigmatizing mental illness
SMART Goals-

- ★ By the end of the 2026/27 school year, the counseling department will provide 2 student mental health information workshops and one parent mental health resource workshop
- ★ By the end of the 2026/27 school year, the counseling department will host a Mental Health Awareness week.

4. Strategic Content Area- Interpersonal Effectiveness
Needs Assessment Findings- Students / parents / staff noted high need for conflict resolution and accepting differences in others Guidance Curriculum Lesson Topic/s- Conflict resolution, accepting differences
SMART Goals-

- ★ By the end of the 2026/27 school year, counselors will assist in sponsoring 4 awareness days/weeks.

Campus Responsive Services

Identified Need #1- Student crisis outcries
Preventative, Remedial, or Crisis- Crisis
Intervention/Plan of Action- Apply the PISD Crisis protocol steps
Outcome/Follow Up- See protocol, meet with students to do a day-after-crisis incident check in.

Identified Need #2- Student stress and anxiety
Preventative, Remedial, or Crisis- remedial
Intervention/Plan of Action- stress management group; healthy coping skills group; stress management group; calming website resources
Outcome/Follow Up- Group post tests to determine success of above intervention

Identified Need #3- Failure of courses / completion of graduation requirements
Preventative, Remedial, or Crisis- Preventative
Intervention/Plan of Action- Meet with students who fail to complete graduation requirements on their first attempts
Outcome/Follow Up- Transcript audits and continuing to check progress

Individual Planning Priorities

Domain- Career
Goal- III.B.ii Students will make connections between personal skills, interests and abilities, and career choices
School Counselor Considerations- Conceptual Cube components of guidance curriculum and individual planning, high school, postsecondary
Advocacy- NA

Domain- Education
Goal- III.D.i Student will demonstrate awareness that education and training is needed to achieve career goals: assess/modify endorsement / program of study to support career goals.
School Counselor Considerations- Conceptual Cube components of individual planning, high school, postsecondary planning & readiness

Advocacy- Educate parents/guardians on importance of Endorsements / Programs of Study

Domain- Personal
Goal- III.C.iii Students will apply decision-making skills to career planning, course selection, and career transition
School Counselor Considerations- Conceptual Cube components of individual planning, high school, Intrapersonal skills and Postsecondary planning and readiness
Advocacy- NA

System Support Tools

Monthly Calendar- see attached calendar at end of this CSCP.

Program Balance Chart/Weekly Schedule- see next page- Time Tracker Example.

KEY for the following tools:

GC: Guidance Curriculum

RS: Responsive Services

IP: Individual Planning

SS: System Support

NCD: Non-counseling duty

Month	Individual Planning	Guidance	Responsive Services	System Support	Non-Guidance
Dates	Enter in Minutes				

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2026-2027 Counseling Calendar

August	
3rd	Schedule Corrections Request Opens
12th	First Day of 2026-2027 School Year
13th	8:30AM Junior Class Meeting
14th	8:30AM Senior Class Meeting
14th	Last Day to Request Schedule Corrections
18th	Green Cord Information Session during Lunches
19th	6PM - DC Parent Orientation Zoom
20th - 21st	BOY Testing
24th	First Day of DC Classes
26th	Applications & College Essays Small Group @ Lunches
27th	3:15 - 4:30pm Active Minds Informational Meeting
	6PM - College Information Zoom for Parents
September	
College Application Help during WIN Time every Wednesday	
2nd	Level Change for Classes deadline
	Truth about Alcohol & Sex (During "WIN Time")
3rd-4th	Junior Timeline Presentations through JR English Classes
7th	Labor Day - No School
8th-9th	Senior Timelines Presentations through SR English Classes
10th	PSHS College & Career Fair
	3:15 - 4:30pm Active Minds Meeting
14th	BOY Counseling/Bullying Advisory Team Meeting 6pm

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15th	SAT/ACT Prep Small Group during Lunches
17th	Grounding Techniques Lunch Small Group (Peer Led)
	5PM-7PM College Application Night
22nd	Parent Information Night FAFSA Zoom - 6pm
23rd	“Dead on Arrival” (During “WIN Time”)
24th-25th	SR FSA ID & Parchment Presentation through SR English Classes
24th	3:15 - 4:30pm Active Minds Meeting
29th	SAT/ACT Prep Small Group during Lunches
October	
College Application & FAFSA/TASFA Help during WIN Time every Wednesday	
1st	FAFSA / TASFA Opens
1st	FAFSA 101 Small Group During Lunches
2nd	Fall School Day ACT
6th-7th	Nine Weeks Testing
6th	3:15 - 4:30pm Active Minds Meeting
8th	End of 1st 9 weeks
9th	Staff Workday - No School for Students
14th	First Day of 2nd Nine Weeks
15th	PSAT/NMSQT (Juniors)
	5PM-7PM College Application & FAFSA Night
16th	School Day SAT
19th	TSI Registration for those Interested in Dual Credit opens
20th	College Admissions 101 Small Group @ Lunches
	3:15 - 4:30pm Active Minds Meeting
21st	Unity Day
22nd	Bullying 411 Lunch Small Groups (Peer Led)

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	6PM - Dual Credit Interest Meeting
26th-30th	National Red Ribbon Week
29th	5PM-7PM College Application & FAFSA Night
30th	Dual Credit Withdrawal Deadline
November	
College Application & FAFSA/TASFA Help during WIN Time every Wednesday	
4th	TSI Registration for Dual Credit closes
5th	3:15 - 4:30pm Active Minds Meeting
9th-11th	TSI Testing for Dual Credit
10th	Military & ROTC Programs with Colleges Small Group @ Lunches
11th	"Operation Prevention" (During "WIN Time")
12th	"Body Boundaries" (During "WIN Time")
13th	World Kindness Day
16th	ASVAB
17th	5PM-7PM College Application & FAFSA Night
18th	Course Request Video for Juniors
19th	College Visits 101 Small Group @ Lunches
	Fall Credit By Exam
	3:15PM Active Minds Chapter Meeting
	6PM- Course Request Parent Information Zoom
23rd-27th	Thanksgiving Break
30th	Junior Course Requests Begin - Meet with Individual Counselors
	"Opiods…" Video (During "WIN Time")
December	
1st-11th	Junior Course Requests - Meet with Individual Counselors
1st	English I EOC

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2nd	Biology & US History EOC
3rd	English II & Algebra I EOC
	3:15 - 4:30pm Active Minds Meeting
9th	"Who's Looking @ Your Digital Footprint" (During "WIN Time")
15th	Depression 411 Lunch Small Groups (Peer Led)
16th	Nine Weeks Testing
17th	Nine Weeks Testing
	3:15 - 4:30pm Active Minds Meeting
18th	Early Release / End of 1st Semester
21st - Jan. 5th	Christmas / Winter Break
January	
6th	First Day of 2nd Semester
7th	8:30AM - Junior Class Meetings
8th	8:30AM Senior Class Meeting
11th -20th	10th Grade Course Request @ LHS
13th	Dual Credit TSI Scores Due
	"The Change You Want to See" (During "WIN Time")
14th	3:15 - 4:30pm Active Minds Meeting
18th	No School
19th	Dual Credit Spring Classes Begin
21st-29th	Incoming 9th Grade Course Requests at Middle Schools
25th-27th	JR TSI Testing
28th	3:15 - 4:30pm Active Minds Meeting
29th	Credit By Exam
February	
4th-5th	Dual Credit Application Days

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8th	MOY Counselor/Bullying Advisory Team Meeting 6pm
10th	“Project Starfish” (During “WIN Time”)
	Study Abroad & Internships Small Groups @ Lunches
	ENG 1 PSTAAR
11th	ENG 2 PSTAAR
	3:15 - 4:30pm Active Minds Meeting
15th	No School - Presidents Day
16th-19th	Random Acts of Kindness Week
22nd	Determined to Succeed (JRs)
23rd	Freedom to Succeed (SRs)
24th	Healthy Relationship Small Group @ Lunches (Peer Led)
25th	BIO PSTAAR
25th-26th	Dual Credit Status Check
March	
1st	Local Scholarships Open
2nd	US HIST PSTAAR
3rd	Scholarships Q&A Small Group @ Lunches
4th	ALG 1 PSTAAR
5th	ACT School Day
	Dual Credit Paperwork Due to Counselors
9th	9 Weeks Testing
	3:15 - 4:30pm Active Minds Meeting
10th	9 Weeks Testing
	End of 3rd Nine Weeks
11th-12th	Staff Workdays - No School Students
15th-19th	SPRING BREAK

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22nd	First Day of 4th Nine Weeks
23rd	School Day SAT
24th-25th	STAAR Interim US History Exams
24th	College Acceptance Small Groups @ Lunches
25th	3:15 - 4:30pm Active Minds Meeting
29th-31st	FAFSA Status Checks
31st	411 on Testing Anxiety Small Groups @ Lunches (Peer Led)
April	
1st	Green Cord Hours Due (Seniors only)
1st - 2nd	Mock AP Exams
2nd	FAFSA Completion Deadline
	Dual Credit Withdrawal Deadline
	Local Scholarships Close
6th	ENG 1 EOC
7th	ENG 2 EOC
	3:15 - 4:30pm Active Minds Meeting
13th	Post-HS Mental Health Resources Small Group @ Lunches
14th	411 On Loving Myself Small Groups @ Lunches (Peer Led)
15th	Biology EOC
	JR Greencord Hours Due
20th	U.S. History EOC
22nd	3:15 - 4:30pm Active Minds Meeting
26th	EOY Counseling/Bullying Advisory Team Meeting 6pm
27th	Algebra 1 EOC
May	
3rd	No School

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	AP Biology Exam (8am - 12pm)
5th	Financial Aid Award Letters & College Costs Small Group @ Lunches
	AP Eng. Lit Exam (8am -12pm)
	AP Physics Exam (12pm - 4pm)
6th	3:30 - 4:30pm Active Minds Celebration Mtg
	AP Chemistry Exam (12pm-4pm)
7th	Spring Credit by Exam
	AP U.S. History Exam (8am - 12pm)
10th	AP Calc. AB Exam (8am-12pm)
12th	AP Eng. Lang. Exam (8am-12pm)
	AP Computer Science Exam (12pm-4pm)
13th	AP Span. Lang. Exam (8am-12pm)
	EOY Testing for Seniors
	Academic Awards Night
14th	AP Span. Lit. Exam (8am -12pm)
	EOY Testing for Seniors
17th-18th	EOY Testing for Juniors
20th	Last Day of 2026-2027 School Year
23rd	GRADUATION - 7pm @ UNT