

September *John Carroll Catholic High School* Cafe Daily Meal Deal

2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	01 Wings Baked Beans French Fries Fruit	02 Fiesta Day	03 Pick "3" Veggies	04 Sesame Chicken over Rice Broccoli Egg Roll Fruit
07 Labor Day	08 Pasta w/ Marinara and Meatballs Green Beans Garlic Bread Fruit	09 Sub Day	10 Chicken & Waffles Mac & Cheese Fruit	11 Formation Day No Lunch
14 Hamburger Steak Mashed Potatoes Green Beans Roll Fruit	15 Chicken & Rice Casserole Mixed Veggies Roll Fruit	16 Fiesta Day	17 Chicken Alfredo over Pasta Tossed Salad Garlic Bread Fruit	18 Chicken Fried Rice Broccoli Egg Roll Fruit
21 Greek Chicken w/Taziki Sauce Mashed Potatoes Broccoli Roll Fruit	22 Soup and Baked Potato Tossed Salad Fruit	23 Fiesta Day	24 Chicken Parmesan over Pasta w/ Marinara Tossed Salad Garlic Bread Fruit	25 Cavalier Burger French Fries Cole Slaw Fruit
28 Southwestern Chicken Saffron Rice Tossed Salad Roll Fruit	29 Chicken and Dressing Roasted Sweet Potato Green Beans Roll Fruit	30 Sub Day	01	02