

Athletics and Activities Rules and Policies (Student Handbook)

ADDITIONAL RULES: Supervisors of co-curricular activities have the right to make rules peculiar to their activity. Such rules must be submitted to the Athletic Director and the Principal before they are given to the students. This must be done at the beginning of the activity.

ATHLETIC YEAR: Any students participating in athletic/activity programs at GU will do so on a voluntary basis and must comply with the standards of conduct as listed below during the school year, which starts with OSAA Association Year and ends on the last school day.

ATTENDANCE REQUIREMENTS FOR ATHLETES: Any school-sponsored activity, including field trips and job shadows, will not be counted as absences for participating students. Students must attend the equivalent of one full day of school immediately prior to participating in extra-curricular activities (Students must attend the 8 periods immediately prior to an event release or departure. In example: this could include 4 periods Monday afternoon and 4 periods Tuesday morning to be released for a Tuesday activity.). Exceptions may be made by the Athletic Director for students who have legitimate medical or family emergencies. Students will be allowed to compete on non-school days regardless of attendance level or absences.

CITIZENSHIP ELIGIBILITY: Discipline issues may prohibit a student from traveling or representing the school in any school activity. Students who have not made arrangements for the completion of detentions or other disciplinary consequences with the Administration are subject to ineligibility for both practices and events/contests. A suspension from school (either out of school, OSS or in school, ISS) means no activity practice or participation in any contest during the period of suspension.

An arrest/conviction or being charged with a serious crime may result in a suspension from activities.

CONFLICTS OF ACTIVITIES: If a student has a conflict of activities or practice for an activity (scheduled at the same time), the following steps are to be taken:

Step 1. The two advisors try to resolve the conflict by a schedule change.

Step 2. If a schedule change is not possible, the advisors shall try to reach a mutual agreement that will most benefit the student.

Step 3. If the two advisors cannot reach a mutual agreement, the student and parents will make the decision.

****When a conflict between a family activity and school activity arises and the student has submitted a written request from a parent two weeks in advance, then that student will be excused from the activity without consequence. Parents and participants in activities recognize that there are possible negative effects from being absent from activities.**

DROPPING AN ACTIVITY: Participants quitting/dropping an activity must have an interview with the Athletic Director before that student may begin another activity. Any student dropping an activity will not be considered for a letter.

DRUGS/ALCOHOL: It is the responsibility of the athlete/participant to report any citation/conviction of a violation of the alcohol/drug sections to administration within three school days. The policy is in effect during the Athletic Year.

No student may attend or remain at parties or other functions where alcohol or drugs are being consumed or used contrary to the provisions of Oregon law. Once a student discovers that the illegal use of alcohol or drugs is occurring, the student must promptly leave the premises. If the student remains or attends functions where drugs or alcohol are consumed or used illegally, then the student shall be suspended from extra-curricular

activities as provided in the section of this handbook pertaining to alcohol, tobacco, and illegal drugs. The observation of a coach, a teacher, an administrator, report of any law enforcement officer or admission of a violation by the participant will be sufficient evidence to suspend a participant. The length of the suspension for a violation of the training rules will be made without consideration of season length or number of contests during the duration of the suspension. The suspension must be completed the following school year if it is not completed during the school year the suspension started in.

Participants shall be excluded from traveling with teams to away contests while on suspension due to academic or disciplinary reasons. However, they should be with the team during home contests dressed in clothing designated by the coach but not a team uniform if they are in attendance at school.

Process:

Notify student and parent(s);

Meeting scheduled by the principal, with the parent(s) and student;

Consequences of each infraction are listed below:

First Offense: A. Voluntary participation and successful completion of a drug/alcohol assistance program that has been approved by the district. Suspension will be reduced to 4 ½ weeks OR B. Suspension from participation in contest/competition for a 9-week period.

Second Offense: A. Voluntary participation and successful completion of a drug/alcohol assistance program that has been approved by the district. Suspension will be reduced to 9 weeks. OR B. Suspension from participation in contest/competition for an 18-week period.

Third Offense: The student will be suspended from participating in athletics and co-curricular/extracurricular activities for a 27-week period. To be eligible for further participation the student will need to complete a district approved drug/alcohol treatment program.

Fourth Offense: The Student will be suspended from participating in athletics and co-curricular/extracurricular activities for the remainder of the student's high school career.

*A student may appeal these decisions to the Multi-Disciplinary Team for review, should any extenuating circumstances exist.

FORMS FOR PARTICIPATION: The following forms must be signed and on file in the athletic director's office before a student may practice or participate (utilizing Finalforms):

Grant Union Participation form, which gives Parent Permission for School Trips, Authorization and Consent for Treatment of Minors and Verification of Insurance Coverage (Mandatory Student Health Insurance)

Physical Form indicating that the student athlete is cleared for athletic participation.

Signed Student Handbook/Athletic Handbook (Office)

GRADES FOR ELIGIBILITY: Students must maintain eligibility according to OSAA rules and regulations. This eligibility begins at the start of the second semester of their freshman year and runs through their senior year. This policy requires students to earn a minimum of 2.5 credits per semester in order to compete in the following semester. Further, students must earn 4.5 credits by the end of their Freshman year, 10 credits by the end of their sophomore year, and 17 credits by the end of their Junior year. Students who do not meet these requirements will be ineligible to compete in athletics. No OSAA appeals will be submitted until a student has made up enough failed credits to become eligible.

Junior High students must pass 6 classes per Quarter to maintain Athletic Eligibility. If a JH Student does not pass 6 classes, they will be placed on Academic Probation for the next Quarter. Grades will be checked weekly (Monday at Noon by the AD). If a student on Academic Probation is failing more than 1 class, they will be ineligible for 1 week (Tuesday through Monday). JH eligibility restarts each fall (does not carry over).

LATE TURN OUT POLICY: Late turn outs will be allowed up to a three-week period starting with the OSAA

official starting date, unless individual approval is made by the Athletic Director in agreement with the head coach. If the late turn out is the result of a valid medical excuse or a transfer case, then the three-week period can be waived.

LETTERING: Students will be given the requirements for lettering in an activity when they turn out for that activity.

MAKEUP/HOMEWORK FOR ATHLETIC/ACTIVITY ABSENCE: It is the student's responsibility to contact their teachers or utilize class resources prior to departure to ensure they know what will be missed when they are gone and what is due upon return. Students will be required to turn in any work that was due on the date of an absence upon the date of return at the start of class (unless prior arrangements for additional time are made with the teacher). Any assignment/s given on the day of absence due to an activity will be due on the *day of return* to school (unless prior arrangements for additional time are made with the teacher).

OPEN PRACTICE POLICY: Grant Union generally has an open practice policy allowing parents to attend and watch practices. If there are not bleachers or stands to sit in, The Coach will designate the appropriate place for parents to watch practice. Parents are asked not to interrupt practice by communicating with coaches or participants. Disruption of practice could lead to exclusion from practice facilities. Coaches may request permission from the Athletic Director to close practice for a duration of time related to specific circumstances that may warrant closing practice.

PHYSICAL EXAMINATIONS: District #3 requires physical exams for all athletes, cheerleaders, and dance team members. These must be on file before a student may practice or participate in any activity. New physical forms must be submitted before the first season of competition. Physicals are required every two years. New students must submit a physical from previous school or a new physical according to the policy.

TOBACCO: Any possession of any tobacco or nicotine products will result in a suspension as follows: 1 football game, 1 Soccer game, 2 volleyball matches, 1 cross country meet, 2 basketball games, 1 wrestling match, 1 competitive dance team performance, 1 track meet, 2 baseball games, 2 softball games, golf two 9-hole matches or one 18-hole match, cheerleading is the same as the sport season they represent. Fall cheerleading would be a 1 game suspension and winter cheerleading would be a 2 game suspension. For other activities, the suspension will be from the next activity. For a second violation, the suspension will be for a period of 18 weeks. This includes students who are 18 years of age. NOTE: In addition, any possession of a tobacco product violation is automatically referred to the Grant County Juvenile Department.

TRANSPORTATION: A student must ride **to** all contests with the team on school provided transportation unless prearranged with the Athletic Director one day in advance. Students may return from a contest with a parent after the parent signs out with the coach. Students may not ride home with anyone other than a parent without a request submitted by a parent to the Athletic Director or Principal one day in advance either in writing or via direct communication (physical note or email). Parents must ensure that their communication was received and approved prior to planning for students to travel home with an adult other than their parent. Exceptions will be made for emergency situations approved by Administration. A student may not stay overnight after a contest/game and meet the team the next day for the next contest without administrator consent.