

TROUSDALE COUNTY ELEMENTARY SCHOOL

September 2026

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Wk 1,3,5</u> Chicken Biscuit or Poptart	<u>Wk 1,3,5</u> Muffin or Cereal	<u>Wk 1,3,5</u> Donut	<u>Wk 1,3,5</u> Ham/Ch Croissant or Banana Bread	<u>Wk 1,3,5</u> Pancake Pup or Breakfast Bun
<u>Wk 2,4</u> Sausage Biscuit or Poptart	<u>Wk 2,4</u> Pancake or Cereal	<u>Wk 2,4</u> Donut	<u>Wk 2,4</u> Omelet or Cereal	<u>Wk 2,4</u> Breakfast Pizza or Cinnamon Roll

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Aug 31 Country Fried Steak/Gravy BBQ Riblet Turnip Greens Mashed Potatoes Roll	1 Popcorn Chicken or Nuggets Broccoli/Cheese Fries	2 Beefy Nachos/Cheese Burrito Refried Beans Salsa Cup	3 Chicken and Waffle Fries Salad	4 Hamburger/Cheese Corndog Pops Mustard/Ketchup/Mayo/LPTO Fries Cucumbers/Ranch
7 No School- Labor Day 	8 Cheesy Pizza Tuna/Crackers Corn-on-Cob Fries	9 Chicken Sandwich Riblet Sandwich Fries Carrot Sticks/Ranch	10 Chicken Alfredo Chicken Parmesan Salad Garlic Knot	11 No School-Youth Fair 
14 Beef Steak/Gravy Chicken Leg Mashed or Scalloped Potatoes Steamed Carrots Roll	15 Popcorn Chicken or Nuggets Green Beans Fries Macaroni/Cheese	16 Cheesy Quesadilla Burrito Salsa Cup Corn Black Beans	17 Chinese Chicken Fried Rice Egg Roll Oriental Veggies Fortune Cookie	18 Power Friday Ham or Turkey Sandwich Chips Mustard/Mayo Carrot or Celery Sticks/Ranch V-Blend
21 Chicken Leg Mashed Potatoes Green Peas Roll	22 Cheesy Pizza Tuna/Crackers Fries Carrot Sticks/Ranch	23 Spaghetti Fish Wedge Green Beans CA Blend Veggies Breadstick	24 Ravioli Cheesy Breadstick/Marinara Steamed Broccoli Fries	25 BBQ Sandwich Chicken Sandwich Mustard/Ketchup/LPTO Chips Coleslaw Baked Beans
28 Country Fried Steak/Gravy BBQ Riblet Turnip Greens Mashed Potatoes Roll	29 Popcorn Chicken or Nuggets Broccoli/Cheese Fries	30 Beefy Nachos/Cheese Burrito Refried Beans Salsa Cup	Oct 1 Chicken and Waffle Fries Salad	Oct 2 Hamburger/Cheese Hotdog Mustard/Ketchup/Mayo/LPTO Chips Baked Beans Broccoli or Celery/Ranch

A variety of milk and fruit is served with breakfast and lunch daily.

Menus are subject to change due to supply chain issues. Check school cafeteria for updates.

This institution is an Equal Opportunity Provider.