

School Wellness Plan 2026-2027

School Way Café

School Name: Highbanks Learning Center

Principal's Name or Person Responsible for Plan: Brian Goddard and Nick Rea ext.: 43344

Each school must have a wellness plan and a point of contact (this person cannot be a School Way Café employee). **Please provide your point of contact and extension if different than above:** _____

Your school website must contain a link to the Volusia County Schools Wellness Policy.

If your school is not already a "Team Nutrition" school, we encourage your school to become one. For information, visit www.fns.usda.gov/tn/.

The district's wellness policy encourages nutrition education curriculum programs and to provide opportunities for physical activities. The policy also recommends using rewards and incentives that are not food-related and limiting sweet treats for refreshments and parties.

Part I: Goals - List your school's wellness goals for the upcoming school year on in Part I this form and e-mail it to School Way Café schoolwaycafe@groups.volusia.k12.fl.us and a copy to your Area Superintendent by **September 18, 2026**. See attached Wellness Tool Kit for ideas to use for your wellness plan.

Part II: Evaluation – At the end of the school year, evaluate the results of your school's wellness goals and complete Part II of this form. E-mail a copy to School Way Café schoolwaycafe@groups.volusia.k12.fl.us and a copy to your Area Superintendent by **May 14, 2027**.

Note: Documentation is required to validate completion of your goals.

Part I – Complete by Sept. 18, 2026	Part II - Complete by May 14, 2027
Goals for 2026-2027	Implementation Evaluation
Staff/team participation in a Fall 5k Program and have a team with the staff participate in the Spring MeStrong 5K in February as a Highbanks team. *Staff registrations – their personal registration would have to be requested	☐ Goal was successfully implemented. ☐ Goal was partially implemented. <i>Comments:</i> ☐ Goal was not implemented this school year. <i>Comments:</i> ☐ Documentation is available at school site and easily accessible for audit.

Part I – Complete by Sept. 18, 2026	Part II - Complete by May 14, 2027
Goals for 2025-2026	Implementation Evaluation
Continue Fun Friday opportunities for the students providing them with different forms of exercise during the school year. *Fun Friday built into school-based calendar & Point sheets	☐ Goal was successfully implemented. ☐ Goal was partially implemented. ☐ Goal was not implemented this school year. <i>Comments:</i> ☐ Documentation is available at school site and easily accessible for audit.
Students will have an opportunity fir heath screenings at Highbanks starting this school year – results will be shared with families	☐ Goal was successfully implemented. ☐ Goal was partially implemented. <i>Comments:</i> ☐ Goal was not implemented this school year. ☐ Documentation is available at school site and easily accessible for audit.
Staff will have activities twice a month to build healthy relationships with each other, families, and students. Activities include but not limited to luncheons, after-school get-togethers, family style dinner with the students and staff, etc. *School-based Sunshine Club organizes staff get-togethers on paydays at local establishment after work, holiday events on campus & off.	☐ Goal was successfully implemented. ☐ Goal was partially implemented. <i>Comments:</i> ☐ Goal was not implemented this school year. <i>Comments:</i> ☐ Documentation is available at school site and easily accessible for audit.