



**Director of Food & Nutrition**

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**Price** Students \$1.65, Adults \$2.00, Milk \$0.50

| Monday                                                                                                            | Tuesday                                                                                                       | Wednesday                                                                                                   | Thursday                                                                                                                                                                             | Friday                                                                                                                      |
|-------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|
|                                  | <b>1</b><br><b>Grandma's Apple Pie Smoothie</b><br>100% Juice Box<br>Fresh Apple Slices<br>Raisins & Craisins | <b>2</b><br><b>Warm Mixed Berry Scone</b><br>100% Juice Box<br>Fresh Apple Slices<br>Raisins & Craisins     | <b>3</b><br><b>Cheesy Scrambled Eggs w/ Turkey Sausage</b><br>100% Juice Box<br>Fresh Apple Slices<br>Raisins & Craisins                                                             | <b>4</b><br><b>Fresh Baked Cinnamon Roll</b><br>100% Juice Box<br>Fresh Apple Slices<br>Raisins & Craisins                  |
| <b>7</b><br><br><b>NO SCHOOL</b> | <b>8</b><br><b>Dutch Waffle</b><br>100% Juice Box<br>Fresh Apple Slices<br>Raisins & Craisins                 | <b>9</b><br><b>Homemade Breakfast Burrito</b><br>100% Juice Box<br>Fresh Apple Slices<br>Raisins & Craisins | <b>10</b><br><b>Mini Maple Waffles</b><br>100% Juice Box<br>Fresh Apple Slices<br>Raisins & Craisins                                                                                 | <b>11</b><br><b>Homemade Egg &amp; Cheese Breakfast Pizza</b><br>100% Juice Box<br>Fresh Apple Slices<br>Raisins & Craisins |
| <b>14</b><br><b>Dutch Waffle</b><br>100% Juice Box<br>Fresh Apple Slices<br>Raisins & Craisins                    | <b>15</b><br><b>Ba-Ba-Ba Banana Smoothie</b><br>100% Juice Box<br>Fresh Apple Slices<br>Raisins & Craisins    | <b>16</b><br><b>Strawberry Pancake Puffs</b><br>100% Juice Box<br>Fresh Apple Slices<br>Raisins & Craisins  | <b>17</b><br><b>Ham &amp; Cheese English Muffin</b><br>100% Juice Box<br>Fresh Apple Slices<br>Raisins & Craisins                                                                    | <b>18</b><br><b>Iced Donut w/ Sprinkles</b><br>100% Juice Box<br>Fresh Apple Slices<br>Raisins & Craisins                   |
| <b>21</b><br><b>Dutch Waffle</b><br>100% Juice Box<br>Fresh Apple Slices<br>Raisins & Craisins                    | <b>22</b><br><b>Scrambled Eggs w/ Toast</b><br>100% Juice Box<br>Fresh Apple Slices<br>Raisins & Craisins     | <b>23</b><br><b>Confetti Pancakes</b><br>100% Juice Box<br>Fresh Apple Slices<br>Raisins & Craisins         | <b>24</b><br><b>Breakfast Egg &amp; Cheese Taco</b><br>100% Juice Box<br>Fresh Apple Slices<br>Raisins & Craisins                                                                    | <b>25</b><br><b>Fresh Baked Cinnamon Roll</b><br>100% Juice Box<br>Fresh Apple Slices<br>Raisins & Craisins                 |
| <b>28</b><br><b>Dutch Waffle</b><br>100% Juice Box<br>Fresh Apple Slices<br>Raisins & Craisins                    | <b>29</b><br><b>Berry Patch Smoothie</b><br>100% Juice Box<br>Fresh Apple Slices<br>Raisins & Craisins        | <b>30</b><br><b>Cheddar Omelet w/ Toast</b><br>100% Juice Box<br>Fresh Apple Slices<br>Raisins & Craisins   | <b>Alternate Menu Options</b><br><b>Reduced-Sugar Cereal &amp; Crackers</b><br><b>Benefit/Cereal Bars</b><br><b>Yogurt Cup &amp; Crackers</b><br><b>Whole Grain Blueberry Muffin</b> |                                                                                                                             |
| <b>Daily Milk Options:</b> Non-Fat Chocolate, Reduced-Fat White                                                   |                                                                                                               |                                                                                                             |                                                                                                                                                                                      |                                                                                                                             |