

September 2026 Middle School Breakfast and Lunch Menus



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8/31	9/1	9/2	9/3	9/4
Mini Pancakes Steak Fingers Baby Carrots Mashed Potatoes & Gravy Mandarin Oranges Dinner Roll	Sausage & Cheese Biscuit Chicken Tenders + Waffle Fresh Broccoli Tater Tots Grapes	Chocolate Chip Waffle Potstickers Fresh Cucumber Slices Stir Fry Vegetables Fresh Watermelon	Cinnamon Roll Nachos Grape Tomatoes Seasoned Pinto Beans Fresh Pineapple	2x Pancake Sandwich Cheese Stuffed Breadsticks Fresh Cucumber Slices Baby Carrots TX Slush
9/7	9/8	9/9	9/10	9/11
Labor Day	2x Pancake Sandwich Buffalo Wings Baby Carrots Celery Sticks Tropical Fruit Cup Dinner Roll	Confetti Waffle Orange Chicken + SF Rice Fresh Broccoli Stir Fried Vegetables Fresh Watermelon Vegetable Egg Roll	Pumpkin Spice Muffin BBQ Brisket Sandwich Fresh Cucumber Slices Tater Tots Fresh Cantaloupe	Sausage & Cheese Croissant Cheese Stuffed Breadsticks Grape Tomatoes Mixed Vegetables Apple Cobbler
9/14	9/15	9/16	9/17	9/18
Mini Pancakes Frito Pie Baked Beans Baby Carrots Sliced Pears	Sausage & Cheese Biscuit Bone-in Chicken Fresh Broccoli Mashed Potatoes & Gravy Grapes Biscuit	Chocolate Chip Waffle Potstickers Fresh Cucumber Slices Stir Fry Vegetables Fresh Watermelon	Cinnamon Roll Nachos Grape Tomatoes Refried Beans Fresh Pineapple	Turkey Ham & Cheese Croissant Hamburger or Cheeseburger Celery Sticks Tater Tots Frozen Peach Cup
9/21	9/22	9/23	9/24	9/25
French Toast Sticks Steak Fingers Baby Carrots Mashed Potatoes & Gravy Sliced Pears Dinner Roll	2x Pancake Sandwich Mini Corn Dogs Fresh Broccoli Baked Beans Mandarin Oranges	Confetti Waffle General Tso's Chicken + LoMein Grape Tomatoes Stir Fried Vegetables Fresh Watermelon Vegetable Egg Roll	Pumpkin Spice Muffin Chicken Masala + Rice Fresh Cucumber Slices Chickpeas Fresh Cantaloupe Naan	Turkey Ham & Cheese Croissant Buffalo Boneless Wings Baby Carrots Celery Sticks Apple Cobbler Dinner Roll
9/28	9/29	9/30	10/1	10/2
Mini Pancakes Shredded Chicken Taco Baby Carrots Refried Beans Mandarin Oranges Spanish Rice	Sausage & Cheese Biscuit Chicken Tenders + Waffle Fresh Broccoli + Pizza Ranch Tater Tots Grapes	Chocolate Chip Waffle Potstickers Fresh Cucumber Slices Stir Fry Vegetables Fresh Watermelon	Cinnamon Roll Nachos Grape Tomatoes Whole Kernel Corn Fresh Pineapple	Turkey Ham & Cheese Croissant Cheese Stuffed Breadsticks Fresh Cucumber Slices Baby Carrots Fruit Slush

EXPRESS MENU
M, W, F Breaded/Spicy Chicken Sandwich Sweet Potato Fries
T, Th Hamburger/Cheeseburger Curly Fries
M - Baby Carrots T, W, Th, F - Side Salad + Banana
Wheat Roll Apple Slices Clementines Sour Watermelon Raisins Strawberry Applesauce Cup

PIZZA LINE MENU
Pepperoni/Cheese Pizza
M - Corn T, W, Th, F - Broccoli + Banana W, Th, F - Strawberry Applesauce Cup
Baby Carrot Fava Bean Crisps Cucumber Apple Slices Clementines Sour Watermelon Raisins
M, F - Peach Cup T - Mandarin Oranges W - Watermelon Th - Cantaloupe

DAILY ITEMS	
Breakfast	Lunch
Assorted Cereals Breakfast Bars Yogurt & Granola	Chicken Caesar Salad - T, W, Th, F
Apple Juice Apple Slices Strawberry Apple Sauce Sour Watermelon Raisins	Apple Slices Clementines Sour Watermelon Raisins Strawberry Apple Sauce
Bananas - W, Th, F	Banana - T, W, Th, F

Menus are subject to change without notice due to price and availability of food

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