

2026-2027

PLAINVIEW-OLD BETHPAGE CSD

ATHLETICS

7th & 8th Grade Interscholastic Athletic Orientation

Plainview-Old Bethpage Middle School
Mattlin Middle School





ATHLETICS DEPARTMENT

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OUR MISSION & PHILOSOPHY

Our **mission** is to help every student-athlete become the best version of themselves - academically, athletically, and within their family and community. Be an athlete of action: take responsibility, embrace challenges, leave excuses behind, respect others, and compete with purpose.

Our **athletic philosophy** is grounded in the belief that athletics is an extension of education and plays an important role in developing the whole student-athlete. As student-athletes move from Middle School to Junior Varsity and Varsity, expectations grow from participation and development to performance and leadership. At every level, we value effort, accountability, teamwork, respect, sportsmanship, and school pride. We challenge every student-athlete to be an athlete of action: embrace challenges, take responsibility, and work to become the best version of themselves.

ATHLETICS CLEARANCE

All students must complete the sports clearance procedure prior to participating in interscholastic sports.

Each sport requires a new ArbiterSports application. Applications must be submitted well before tryouts to ensure processing and clearance.

No student will be allowed to participate until clearance is complete.

A Physical Exam dated no more than ONE YEAR before tryouts is required. The NYS Health Examination Form must be used.
Linked on District Athletics Webpage.

ArbiterSports®

Linked on District Athletics Webpage

If your child is on Medical for Physical Education, their registration will not be approved until the school district has medical documentation that they are cleared to fully participate in all activities with no restrictions.

ACADEMICS & BEHAVIOR

The Plainview-Old Bethpage CSD hold high standards for student-athletes.

**Academics come before sports and/or extracurricular activities.
Student-Athletes must attend class.**

Student-Athletes must be present in school at least 4 consecutive periods to participate in practice and/or a game that day unless they have permission from the Athletic Director to participate.

Student-Athletes must follow the Plainview-Old Bethpage Code of Conduct.

If a student-athlete is suspended from school, they are can not participate in Athletics the day of, this includes coming to watch.

ATHLETICS IS A PRIVILEGE, NOT A RIGHT.

TRYOUTS

The Plainview-Old Bethpage Athletic Department is committed to a fair, consistent, and objective tryout process. In sports that require selection, roster decisions are based on a student-athlete's performance during the official tryout period, including: *skills, athletic ability, decision making, attitude, coachability, and teamwork.*

All student-athletes will be guaranteed a minimum of three days for tryouts for those sports that make team selections.

The size of teams are determined by space, safety factors and sport specific logistics.

Due to the number of student-athletes trying out, some teams may have multiple days of cuts. This will be communicated by the head coach once tryout starts to the student-athletes.

Athletes are entitled to feedback from the coach in regards to skills or concepts they need to improve on if they are not selected.

Student-athletes will receive an email from the coach (parent's CC'd) with the results of tryouts and feedback after the final day of tryouts.

TRYOUTS

Tryouts for the Fall season will be start on the FIRST DAY OF SCHOOL.

Wednesday, September 2nd

Student-Athletes tryout out must be cleared in order to participate. If they are not cleared they must still attend tryouts on September 2nd and watch. Important information is shared by the Coach on the first day about the tryout process and procedures.

COMING PREPARED DAY 1

Bring all tryout clothing and required personal equipment on the first day of school.

Students may store belongings in their hallway locker or designated gym storage areas until PE lockers are assigned.

Students will not have access to these items stored in the gym area during the school day.



Bring only what you need to participate. District equipment will be provided when applicable.

Example - Soccer: T-shirt, Shorts, Cleats, Shin Guards, High Socks, and Goalie Gloves if applicable.
Do not bring a soccer ball.

9TH PERIOD

During the first week of school, there will be no remedial.

All students staying for after-school athletics must report directly after 8th period to the designated supervised location:

- **POBMS: Cafeteria**
- **Mattlin MS: Gymnasium**

Students must remain in their assigned supervised location at all times and may not wander the halls, remain in locker rooms, or wait in unsupervised areas.

Students may **not leave the building** to walk and get food or pick up food deliveries. Please send your child with a snack and/or water bottle.

Both middle schools have filtered water stations available for students to refill water bottles before tryouts or practices.

TRANSPORTATION & SHUTTLE BUS

Transportation will be provided for student-athletes participating on district-wide middle school teams when practice is held at another district location.

SHUTTLE BUS

- Shuttle bus pick-up times will be shared on Day 1 with all athletes.
- Students should remain in their assigned supervised location until the shuttle arrives:
 - POBMS: Cafeteria
 - Mattlin MS: Gymnasium
- Once the bus arrives, supervisors will gather the student-athletes and escort them to the shuttle bus.
- Students should not leave the supervised area or report to the bus on their own.
- The shuttle bus will not wait if a student is not in a supervised location.

AWAY GAMES & CONTESTS

The district provides transportation to and from all away games and contests.

Student-Athlete's are **EXPECTED** to take the bus to and from Away games and contests.

This is an important time for coaches to discuss the game and for team building to occur.

ONLY emergency situations will be approved for student-releases.

BOOSTER CLUB

Our mission is to promote and support athletic opportunities in the Plainview-Old Bethpage School District for all students, foster a positive attitude toward physical activity by hosting various events in the district and encourage families to become active participants in sports as well as advocate for every child to ensure that they have the best equipment, safe playing fields and recognition for their athletic achievements.

Become a member!

Support YOUR student/athlete - All are welcome to join and participate! The success of the Booster Club depends upon parental involvement and financial support.

Come to our monthly meetings in the POBJFK HS teachers' lounge. Check the district calendar for dates. Thank you for your support!

Booster Club Contact Information

Email: POBBoosterClub@gmail.com

Co-President, Adam Boxer - coachaboxer@aol.com

Co-President, Jason Pick - jasonapick@gmail.com

Become a Member Today!

1 Year Membership - \$20

Lifetime Membership - \$100





THANK YOU

IF YOU HAVE ANY QUESTIONS PLEASE CONTACT THE ATHLETIC OFFICE.