



Cleveland Heights University Heights

MENU

Middle Schools Week 3: 08.31.26-09.04.26	Monday	Tuesday	Wednesday	Thursday	Friday
SIGNATURE INSPIRED • INNOVATIVE • IN-STYLE	Cheese or Chicken Quesadilla With Spanish Rice Black Beans Salsa and Sour Cream	Tiger Bowl Popcorn Chicken with Mashed Potato and Gravy Seasoned Corn Dinner Roll	Chicken and Sausage Jambalaya With Seasoned Green Beans Homemade Corn Bread	Chicken Parmesan With (Chicken Filet with Marinara Sauce) Penne Pasta And Steamed Broccoli	Build a Burger With All Beef Patty, Cheese Slice, Lettuce, Tomato and Onion, Pickles And BBQ Baked Beans
GRILL SIZZLING, SEASONED & SASSY	Spicy Chicken Filet Sandwich	Hamburger Cheeseburger Bosco Sticks	Regular Chicken Filet Sandwich	Hamburger Cheeseburger Bosco Sticks	Spicy Chicken Filet Sandwich
PIZZA & PASTA OVEN-FRESH AND HANDCRAFTED	Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza
SALAD BAR Crisp, Crunchy & Nutritious	Romaine Lettuce, Cucumbers, Onion, Carrots, Olives, Beets, Garbanzo Beans, Hummus, Pita Bread, Shredded Cheese, Sunflower Seeds, Roasted Vegetable	Romaine Lettuce, Cucumbers, Onion, Carrots, Olives, Beets, Garbanzo Beans, Hummus, Pita Bread, Shredded Cheese, Sunflower Seeds, Roasted Vegetable	Romaine Lettuce, Cucumbers, Onion, Carrots, Olives, Beets, Garbanzo Beans, Hummus, Pita Bread, Shredded Cheese, Sunflower Seeds, Roasted Vegetable	Romaine Lettuce, Cucumbers, Onion, Carrots, Olives, Beets, Garbanzo Beans, Hummus, Pita Bread, Shredded Cheese, Sunflower Seeds, Roasted Vegetable	Romaine Lettuce, Cucumbers, Onion, Carrots, Olives, Beets, Garbanzo Beans, Hummus, Pita Bread, Shredded Cheese, Sunflower Seeds, Roasted Vegetable
FRESH TO GO FAST AND CONVENIENT	Yogurt Parfaits Hummus Bistro Box Chicken Chef Salad	Yogurt Parfaits Hummus Bistro Box Turkey Chef Salad	Yogurt Parfaits Hummus Bistro Box Chicken Chef Salad	Yogurt Parfaits Hummus Bistro Box Turkey Chef Salad	Yogurt Parfaits Hummus Bistro Box Chicken Chef Salad

ALL MEALS ARE FREE FOR ALL STUDENTS!

Meal Choice Includes: Choice of One Entrée, Two Servings of Fresh Fruit and Vegetables, One Grain, or Bread, and One Low-Fat or Fat Free Milk. Please discuss any food allergy issues concerning your child with the Resident Director.

CHECK OUT OUR FEATURED SUPERFOODS!



Please discuss any food allergy issues concerning your child with the Resident Director.

This institution is an equal opportunity provider.

