



Food Zone

September 2026 PreK Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Chicken Nuggets With Brown Rice Seasoned Green Beans WG Corn Bread Fresh Orange Slices	2 All Beef Cheeseburger With BBQ Baked Beans Fresh Strawberries	3 Tiger Bowl Popcorn Chicken Mashed Potato & Gravy Seasoned Corn Dinner Roll Frozen Fruit Cup	4 WG Cheese Pizza Slice With Garden Salad (Carrots and Cucumber) Diced Peaches
7 All Schools Closed Labor Day	8 Taco Tuesday Tortilla Chips Beef Taco Meat Shredded Cheese Black Beans Salsa and Sour Cream Fresh Oranges Slices	9 Chicken & Waffles Popcorn Chicken Dutch Waffles w/ Powdered Sugar Seasoned Corn Fresh Strawberries	10 Salisbury Steak w/ Beef Gravy With Macaroni and Cheese Seasoned Green Beans WG Corn Bread Frozen Fruit Cup	11 WG Cheese Pizza Slice With Garden Salad (Carrots and Cucumber) Diced Pears
14 Sweet and Sour Chicken Popcorn Chicken With Brown Rice Seasoned Green Peas Apple Slices	15 Breakfast for Lunch Cinnamon Glazed French Toast Sticks With Potato Triangles Fresh Orange Slices	16 WG Chicken Nuggets With Seasoned Corn WG Cheddar Goldfish Fresh Strawberries	17 BBQ Beef Riblet Sandwich With Baked Onion Rings Frozen Fruit Cup	18 WG Cheese Pizza Slice With Garden Salad (Carrots and Cucumber) Diced Peaches
21 All Schools Closed Yom Kippur	22 Taco Tuesday Tortilla Chip Beef Taco Meat Cheese Queso Black Beans Salsa and Sour Cream Fresh Oranges Slices	23 Grilled Cheese Sandwich With Seasoned Green Beans Fresh Strawberries	24 Teriyaki Chicken Fajita Chicken With Spaghetti Noodles Seasoned Green Peas and Carrots Dinner Roll Frozen Fruit Cup	25 WG Cheese Pizza Slice With Garden Salad (Carrots and Cucumber) Diced Pears
28 BBQ Beef Meatballs With Macaroni and Cheese WG Corn Bread Glazed Carrots Apple Slices	29 Chicken Quesadilla With Seasoned Corn Sour Cream and Salsa Fresh Orange Slices	31 WG Chicken Tenders With Glazed Carrots Cheddar Goldfish Fresh Strawberries		
2nd Entrée Option: Soybutter and Jelly Sandwich	2nd Entrée Option: Cheese Bosco Sticks w/Marinara Sauce Cup	2nd Entrée Option: Turkey and Cheese Sandwich	2nd Entrée Option: Soybutter and Jelly Sandwich	2nd Entrée Option: Turkey and Cheese Sandwich

MENU SUBJECT TO CHANGE

A Sunbutter Sandwich –A Peanut Free Substitue made from Sunflower Seeds Served as Daily Choice
Milk is Offered with Every Meal! Choices Include: 1% White Milk

Lunch Includes: Entrée (Grain and Meat/Meat Alternative), Two Servings of Fruits or Vegetables, One Milk.
Daily choices on the Fresh Fruit and Produce Bar may include: Apples, Oranges, Bananas, Dried Fruit, Romaine Lettuce, Carrots, Grape Tomatoes, Broccoli, Cucumbers, and/or other Seasonal Options.

Please discuss any food allergy issues concerning your child with the Food Service Director.

This Institution is an Equal Opportunity Provider