



Food Zone

September 2026 Elementary Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
	1 BBQ Glazed Chicken Leg With Brown Rice Seasoned Green Beans WG Corn Bread Fresh Orange Slices Assorted Fresh Fruit and Vegetable Bar	2 All Beef Cheeseburger With BBQ Baked Beans Fresh Strawberries Assorted Fresh Fruit and Vegetable Bar	3 Tiger Bowl Popcorn Chicken Mashed Potato & Gravy Seasoned Corn Dinner Roll Frozen Fruit Cup Assorted Fresh Fruit and Vegetable Bar	4 All Beef Calzone or Cheese Calzone With Marinara Sauce Cup Seasoned Green Peas Fresh Grapes Assorted Fresh Fruit and Vegetable Bar
7 All Schools Closed Labor Day	8 Taco Tuesday Nacho Dorito Beef Taco Meat Shredded Cheese Black Beans Salsa and Sour Cream Fresh Oranges Slices Assorted Fresh Fruit and Vegetable Bar	9 Chicken & Waffles Popcorn Chicken Dutch Waffles w/ Powdered Sugar Seasoned Corn Fresh Strawberries Assorted Fresh Fruit and Vegetable Bar	10 Salisbury Steak w/ Beef Gravy With Macaroni and Cheese Seasoned Green Beans WG Corn Bread Frozen Fruit Cup Assorted Fresh Fruit and Vegetable Bar	11 Cheese or Turkey Pepperoni Pizza Garden Salad Fresh Grapes Assorted Fresh Fruit and Vegetable Bar
14 Sweet and Sour Chicken Popcorn Chicken With Brown Rice Seasoned Green Peas Apple Slices Assorted Fresh Fruit and Vegetable Bar	15 Breakfast for Lunch Cinnamon Glazed French Toast With Potato Triangles Fresh Strawberries Assorted Fresh Fruit and Vegetable Bar	16 Mini Turkey Corn Dog With BBQ Baked Beans Fresh Strawberries Assorted Fresh Fruit and Vegetable Bar	17 BBQ Beef Riblet Sandwich With Baked Onion Rings Frozen Fruit Cup Assorted Fresh Fruit and Vegetable Bar	18 Cheese Bosco Sticks With Marinara Sauce Cup Seasoned Seasoned Corn Fresh Grapes Assorted Fresh Fruit and Vegetable Bar
21 All Schools Closed Yom Kippur	22 Taco Tuesday Tortilla Chip Beef Taco Meat Cheese Queso Black Beans Salsa and Sour Cream Fresh Oranges Slices Assorted Fresh Fruit and Vegetable Bar	23 Grilled Cheese Sandwich With Seasoned Green Beans Fresh Strawberries Assorted Fresh Fruit and Vegetable Bar	24 Teriyaki Chicken Fajita Chicken With Spaghetti Noodles Seasoned Green Peas and Carrots Dinner Roll Frozen Fruit Cup Assorted Fresh Fruit and Vegetable Bar	25 Cheese or Turkey Pepperoni Pizza Garden Salad Fresh Grapes Assorted Fresh Fruit and Vegetable Bar
28 BBQ Beef Meatballs With Macaroni and Cheese WG Corn Bread Glazed Carrots Apple Slices Assorted Fresh Fruit and Vegetable Bar	29 Chicken Quesadilla With Seasoned Corn Sour Cream and Salsa Fresh Orange Slices Assorted Fresh Fruit and Vegetable Bar	31 Chicken Tenders With Glazed Carrots Cheddar Goldfish Fresh Strawberries Assorted Fresh Fruit and Vegetable Bar		
<u>2nd Entrée Option:</u> Soybutter and Jelly Sandwich	<u>2nd Entrée Option:</u> Cheese Bosco Sticks w/Marinara Sauce Cup	<u>2nd Entrée Option:</u> Turkey and Cheese Sandwich	<u>2nd Entrée Option:</u> Chicken Corn Dog	<u>2nd Entrée Option:</u> Soybutter and Jelly Sandwich

MENU SUBJECT TO CHANGE

*A Sunbutter Sandwich –A Peanut Free Substitue made from Sunflower Seeds Served as Daily Choice
Milk is Offered with Every Meal! Choices Include: Fat Free Chocolate or Low Fat White*

Lunch Includes: Entrée (Grain and Meat/Meat Alternative), Two Servings of Fruits or Vegetables, One Milk.
Daily choices on the Fresh Fruit and Produce Bar may include: Apples, Oranges, Bananas, Dried Fruit, Romaine Lettuce, Carrots, Grape Tomatoes, Broccoli, Cucumbers, and/or other Seasonal Options.

Please discuss any food allergy issues concerning your child with the Food Service Director.