

NEWSLETTER

AMITY ELEMENTARY

AUGUST/SEPTEMBER 2026

COUNSELOR/SOCIAL WORKER UPDATE

We will visit classrooms throughout the month, teaching and practicing social emotional learning skills. If you are interested in more counseling information we partner with Mindpeace and Best Point.

[Mindpeacecincinnati](#)

[BestPoint](#)

[Deer Park Resources](#)



Connection Corner

Welcome Back to School!

The start of school can bring excitement, but it can also bring some nerves as everyone adjusts to new schedules and routines. A little preparation can help make the transition smoother for the whole family.



The Importance of Sleep

Getting enough sleep is an important part of helping children feel their best at school. Good sleep supports attention, learning, mood, and emotional well-being.



Create an Evening Routine

A predictable evening routine can help children know what to expect and settle down for the night.

Consider:

Setting a consistent bedtime

Packing backpacks and choosing clothes the night before

Limiting screens before bedtime

Creating a calm wind-down time with reading, talking, or another relaxing activity



Make Mornings Easier

Preparing as much as possible the night before can help everyone start the day feeling calm and confident. We are excited to welcome our students back and look forward to a wonderful school year together!

Wishing your family a happy, healthy, and successful start to the school year!

UPDATES

Breakfast 7:45am

Doors open at 8am for arrival

School officially starts at 8:10am

Parent Night

8/26/27 5pm-7pm PreK-3rd

8/27/27 5pm-6:30pm 4th-6th

CONTACTS

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