

NOTES

A program meal must include foods from at least 3 food groups. One item must be a ½ of vegetables or either ½ cup of fresh fruit or 100% fruit juice to follow USDA guidelines for the NSLP

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Kindergarten First Day 31 French Toast Sticks & Tater Tots Pizzadilla Ham & Cheese Sub PB & J Pack All American Salad Fresh Orange Slices Cherry Tomatoes	1-5 Grade First Day 1 Nachos w Chicken & Cheese Pizzadilla Ham & Cheese Sub PB & J Pack All American Salad Steamed Corn Pineapple Tidbits	2 Cheese Pizza Pepperoni Pizza Ham & Cheese Sub PB & J Pack All American Salad Farm Fresh Apple Baby Carrots	3 Penne Pasta w Marinara & Meatballs Pizzadilla Ham & Cheese Sub PB & J Pack Fresh Pepper Strips Craisins	4 Chicken Nuggets w Mini Pretzel Pizzadilla Ham & Cheese Sub PB & J Pack Applesauce Steamed Broccoli
7 LABOR DAY SCHOOL IS CLOSED	8 Cheese & Chicken Fajitas Hot Dog on a Bun Apple & Cheese Plate PB & J Pack Pretzel & Yogurt Pack Steamed Corn Pineapple Tidbits	9 Cheese Pizza Taco Pizza Apple & Cheese Plate PB & J Pack Pretzel & Yogurt Pack Farm Fresh Apple Baby Carrots	10 Chicken Tenders Hot Dog on a Bun Apple & Cheese Plate PB & J Pack Pretzel & Yogurt Pack Fresh Pepper Strips Craisins	11 Cheesesteak Sandwich Hot Dog on a Bun Apple & Cheese Plate PB & J Pack Pretzel & Yogurt Pack Applesauce Mixed Veggies
14 Mini Pancakes w Sausage Pesto Chicken Flatbread PB & J Pack Cheese Sandwich Chicken Caesar Salad Cherry Tomatoes Fresh Orange Slices	15 Turkey Barbacoa Tacos Pesto Chicken Flatbread PB & J Pack Cheese Sandwich Chicken Caesar Salad Mexi-Corn Pineapple Tidbits	16 Cheese Pizza Bruschetta Pizza PB & J Pack Cheese Sandwich Chicken Caesar Salad Farm Fresh Apple Baby Carrots	17 Garlic Chili Glazed Popcorn Chicken & Rice Pesto Chicken Flatbread PB & J Pack Cheese Sandwich Chicken Caesar Salad Fresh Pepper Strips Craisins	18 Mini Corn Dog Pesto Chicken Flatbread PB & J Pack Cheese Sandwich Chicken Caesar Salad Applesauce Steamed Broccoli
21 YOM KIPPUR SCHOOL IS CLOSED	22 Chicken or Bean Burrito Grilled Cheese PB & J Pack Build Your Own Pizza Muffin & Yogurt Bundle Steamed Corn Pineapple Tidbits	23 Cheese Pizza Meat Lovers Pizza PB & J Pack Build Your Own Pizza Muffin & Yogurt Bundle Farm Fresh Apple Baby Carrots	24 Cheeseburger Grilled Cheese PB & J Pack Build Your Own Pizza Muffin & Yogurt Bundle Fresh Pepper Strips Craisins	25 Fish N' Fry Basket Grilled Cheese PB & J Pack Build Your Own Pizza Muffin & Yogurt Bundle Applesauce Mixed Veggies
28 French Toast Sticks w Sausage Chicken Tenders Apple & Yogurt Plate PB & J Pack Pretzel & Cheese Pack Cherry Tomatoes Fresh Orange Slices	29 Cheese Quesadilla w Corn Salsa Chicken Tenders Apple & Yogurt Plate PB & J Pack Pretzel & Cheese Pack Pineapple Tidbits Steamed Corn	30 EARLY DISMISSAL		