

ECE Campus Lunch Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Roasted Chicken with Gravy	Japanese Pork Stew	Ham & Cheese Croissant	Sweet & Sour Fish	Beef Lasagna
Allergen Content	G L	G L	G D E	S G E	G D E
STAPLE FOOD	Baked Macaroni with Cheese	Steamed Rice	Scramble Egg	Steamed Rice Vegetable Spring Roll	Roasted Potato
Allergen Content	G D		E	G	D
VEGETABLES	Sautéed Broccoli & Cauliflower	Sautéed Chinese Cabbage	Steamed Carrot, Corn & Peas	Steamed Broccoli	Roasted Broccoli Carrot & Corn
Allergen Content			L		
VEGETARIAN DISH (On request)	Roasted Vegetables	Japanese Vegetable Stew	Tomato & Cheese Croissant	Sweet & Sour Tofu	Eggplant Lasagna
Allergen Content		G L	G D E	G L	G D E
SIDE DISH	Egg		Egg		Egg
DRINKS	Milk	Milk, Yogurt	Milk	Milk, Yogurt	Milk
FRUITS	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit

*Allergen Content: D Dairy E Egg G Gluten L Legumes S Seafood

BASIL N LATTE