

Link up with TRS



General TRS: 800.223.8778

TRS Health: 888.237.6762

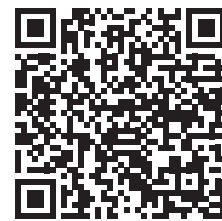
Member Pension Benefit Resources

www.trs.texas.gov/pension-benefits



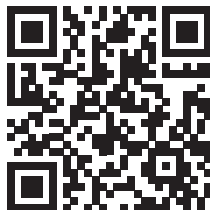
MyTRS Portal for Members

[www.trs.texas.gov/pension-benefits/
know-benefits/manage-account/register-mytrs](http://www.trs.texas.gov/pension-benefits/know-benefits/manage-account/register-mytrs)



Member Learning Resources

www.trs.texas.gov/learning-resources



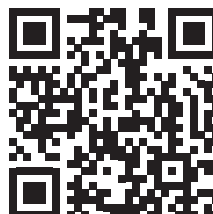
How to Contact Us with Questions

www.trs.texas.gov/contact



Health Resources

www.trs.texas.gov/health-benefits



Locations, Hours and Directions

www.trs.texas.gov/contact/locations-and-hours

