

Gaston Café Breakfast Menu



September 2026

A Variety of Fresh and Canned Fruit, Low-Fat and Fat-Free Milk, Served Daily with Breakfast in Addition to Selections Below

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8/31 Ultimate Breakfast Round (v) Bagel & Cream Cheese Assorted Breakfast Bar Assorted Cereal	1 Mini French Toast(v) Bagel & Cream Cheese Assorted Breakfast Bar Assorted Cereal	2 Cinnamon Pancake Bites (v) Bagel & Cream Cheese Assorted Breakfast Bar Assorted Cereal	3 French Toast Sticks (v) Bagel & Cream Cheese Assorted Breakfast Bar Assorted Cereal	4 Blueberry Muffin Square (v) Bagel & Cream Cheese Assorted Breakfast Bar Assorted Cereal
7 NO SCHOOL Labor Day	8 Mini Confetti Pancakes (v) Bagel & Cream Cheese Assorted Breakfast Bar Assorted Cereal	9 Ham & Cheese Muffin (v) Bagel & Cream Cheese Assorted Breakfast Bar Assorted Cereal	10 Mini French Toast (v) Bagel & Cream Cheese Assorted Breakfast Bar Assorted Cereal	11 Iced WG Cinnamon Rolls (v) Bagel & Cream Cheese Assorted Breakfast Bar Assorted Cereal
14 Mini Maple Waffles (v) Bagel & Cream Cheese Assorted Breakfast Bar Assorted Cereal	15 Ultimate Breakfast Round(v) Bagel & Cream Cheese Assorted Breakfast Bar Assorted Cereal	16 Sausage Breakfast Pizza(v) Bagel & Cream Cheese Assorted Breakfast Bar Assorted Cereal	17 Mini Maple Pancakes (v) Bagel & Cream Cheese Assorted Breakfast Bar Assorted Cereal	18 Banana Muffin Square(v) Bagel & Cream Cheese Assorted Breakfast Bar Assorted Cereal
21 Ultimate Breakfast Round (v) Bagel & Cream Cheese Assorted Breakfast Bar Assorted Cereal	22 Mini French Toast (v) Bagel & Cream Cheese Assorted Breakfast Bar Assorted Cereal	23 Cinnamon Pancake Bites(v) Bagel & Cream Cheese Assorted Breakfast Bar Assorted Cereal	24 French Toast Sticks (v) Bagel & Cream Cheese Assorted Breakfast Bar Assorted Cereal	25 Iced WG Cinnamon Rolls (v) Bagel & Cream Cheese Assorted Breakfast Bar Assorted Cereal
28 Apple Muffin (v) Bagel & Cream Cheese Assorted Breakfast Bar Assorted Cereal	29 Mini Confetti Pancakes (v) Bagel & Cream Cheese Assorted Breakfast Bar Assorted Cereal	30 Egg & Cheese Muffin Bagel & Cream Cheese Assorted Breakfast Bar Assorted Cereal	10/1 Mini French Toast Sticks (v) Bagel & Cream Cheese Assorted Breakfast Bar Assorted Cereal	10/2 Peach Muffin Square (v) Bagel & Cream Cheese Assorted Breakfast Bar Assorted Cereal