

FIRST GRADE

First Grade is a year of discovery, where children's natural curiosity and sense of wonder continue to grow as their academic, social, and spiritual worlds expand.

Students begin to see themselves as "big kids", developing the growing independence to read, write, solve problems, pray, and play with confidence.

Milestones such as the 100th Day Celebration and the field trip to CuriOdyssey highlight their joy in learning and awareness of their growth.

LANGUAGE ARTS

First Grade is an exciting year of growth as students strengthen their emerging literacy skills. Instruction emphasizes phonemic awareness, phonics, spelling, and comprehension through independent reading, small group instruction, and storytelling. The beloved "Mystery Reader" tradition fosters a love of reading and helps students see the joy of literacy modeled by adult members of their community.

MATHEMATICS

Hands-on activities, manipulatives, and small-group instruction help students deepen number sense and apply mathematical reasoning. They build fluency with addition, subtraction, and place value, while beginning to explore geometry and problem-solving through games and STEM based learning experiences.

RELIGION

Students deepen their relationship with Jesus as they learn about the parts of the Mass and the rhythm of the Liturgical year. Through scripture, class prayer and seasonal celebrations, they discover how to live their faith in daily life. A highlight of the year is creating and receiving a blessed rosary, reminding each child of their growing devotion and connection to God.

SCIENCE

Students explore the wonders of God's creation through the studies of plants, animals, sound, light, and the sky above. Hands-on investigations and observations nurture curiosity and critical thinking as students learn about life cycles, habitats, and the patterns of the natural world.

SOCIAL EMOTIONAL LEARNING

In First Grade, students continue developing emotional awareness and relationship skills through the Kimochis® program. Lessons help them recognize how their words and actions affect others, practice empathy, and take responsibility for their choices. Through stories, role-play, and reflection, students learn how to manage big feelings in positive ways and strengthen friendships rooted in kindness, respect, and the example of Jesus' love.

SOCIAL STUDIES

Students gain an appreciation for community, culture and tradition, by studying families, folk heroes like Johnny Appleseed, and important historical figures. Lessons emphasize shared values such as respect and responsibility, while map-making, storytelling and celebrations bring history and geography to life.

MUSIC

Students in First Grade explore concepts such as rhythm, tempo, beat and dynamics through singing, movement and creative expression. They gain confidence performing and begin to understand how music connects to prayer and worship during liturgical celebrations.

PHYSICAL EDUCATION

Through movement, games, and skill practice, students develop coordination, balance and motor control. They learn to throw, kick, and stretch, while discovering the importance of fitness, teamwork and caring for their bodies as gifts from God.

SPANISH

Students expand foundational vocabulary from Kindergarten through interactive lessons on family, animals, clothing, body parts, and the calendar. Prayers and songs strengthen language acquisition and cultural awareness, helping students communicate with growing confidence and appreciation for the Spanish-speaking world.

TECHNOLOGY & INNOVATION

Students continue building their coding and problem-solving skills through projects using ScratchJr and introductory robotics. They apply concepts such as sequencing, loops, and conditionals to design and control interactive programs. Research and presentations activities further develop digital literacy, creativity, and computational thinking as students learn to approach challenges with innovation and persistence.