



September 2026

South & Houston Breakfast

**All Breakfast meals
come with a choice of
Low Fat Milk, Fat Free
Chocolate Milk &
Strawberry Milk, Fruit
of the Day and 100%
Fruit Juice Options**

**Menus Are Subject to
Change Without Notice**

**This Institution Is An Equal
Opportunity Provider**

MON	TUE	WED	THU	FRI
	Baked Cinnamon Rolls w/ Icing Yogurt, Strawberry Banana ¹	Breakfast Pizza ²	WG Mini Blueberry Glazed Donut Holes ³	No School ⁴
No School (Labor Day) ⁷	Cinnamon Toast Crunch Muffin ⁸	Beef Sausage Breakfast Biscuit ⁹	Apple Frudel ¹⁰	Chocolate Crissant ¹¹
Chocolate Chip Muffin Mozzarella String Cheese ¹⁴	Cinnamon Toast Crunch Cereal Mozzarella String Cheese ¹⁵	Sausage Roll ¹⁶	Ginger Bread ¹⁷	Mini Mapple Waffles ¹⁸
Trix Cereal Mozzarella String Cheese ²¹	UBR Oatmeal Chocolate Chip Bar ²²	Pancake on a Stick ²³	Honey Bun ²⁴	Banana Chocolate Chip Breakfast Bar ²⁵
Cinnamon Chex Cereal Mozzarella String Cheese ²⁸	Baked Cinnamon Rolls w/ Icing Yogurt, Strawberry Banana ²⁹	Breakfast Pizza ³⁰		