



September 2026

**South & Houston
PreK Breakfast**

**All Breakfast meals
come with a choice of
Low Fat Milk and Fruit
of the Day**

**Menus Are Subject to
Change Without Notice**

**This Institution Is An Equal
Opportunity Provider**

MON	TUE	WED	THU	FRI
	1 Apple Cinnamon Muffin	2 Breakfast Pizza	3 Cinnamon French Toast Sticks, IW	4 No School
7 No School (Labor Day)	8 Apple Cinnamon Muffin	9 Beef Sausage Breakfast Biscuit	10 Apple Frudel	11 Chocolate Crissant
14 Apple Cinnamon Muffin Mozzarella String Cheese	15 Cinnamon Toast Crunch Cereal Mozzarella String Cheese	16 Sausage Roll	17 Cinnamon French Toast Sticks, IW	18 Mini Maple Waffles
21 Cocoa Puff Cereal Mozzarella String Cheese	22 Cinnamon Toast Crunch Muffin	23 Pancake on the Stick	24 Strawberry Cream Cheese Boli	25 Cherry Frudel
28 Cocoa Puff Cereal Mozzarella String Cheese	29 Apple Cinnamon Muffin	30 Breakfast Pizza		