

Menu Calendar Nutrient Analysis Report - September, 2026

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Lunch TJH Tuesday Nacho Menu :433 - ServingDate: 09/01/2026																			
Beef Chili - TR1808 (1 #8 scoop)	40	142.00	12.00	4.40	0.70	40.00	371.99	9.00	3.00	3.00	0.00	14.00	3.00	49.00	0.00	10.00	0.00	911.78	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	3	676.01	27.30	6.00	0.00	61.50	863.84	81.70	9.78	35.17	5.00	29.70	9.63	125.78	3938.79	14.95	0.00(M)	130.00(M)	0.00(M)
Crispy Beef Tacos - TR1949 (2 ea.)	10	361.06	24.07	9.03	0.00	50.15	661.93	24.07	2.01	2.01	0.00	14.04	2.17	300.88	0.00	0.00	2.41	261.14	0.00
Chicken Fajitas - TR2016 (3 oz.)	30	121.44	6.07	0.00	0.00	75.90	313.72	2.02	0.00	0.00	0.00	15.18	0.36	0.00	0.00	0.00	0.00	212.52	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	6	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Crispy Rolled Chicken Tacos - TR2039 (2 ea.)	10	423.52	18.15	4.03	0.00	60.50	847.04	42.35	0.00	2.02	0.00	22.18	2.90	121.01	0.00	0.00	0.00	604.75	0.00
Whole Grain Tortilla Chips - TR1653 (20 Chips)	70	283.50	14.18	6.08	0.00	0.00	303.75	34.42	2.02	0.00	0.00	4.05	0.73	40.50	0.00	0.00	0.00	0.00	0.00
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Golden Corn - TR1095 (1/2 c.)	30	76.42	2.12	0.24	0.00	0.00	99.94	15.96	2.00	2.99	0.00	2.00	0.36	0.14	99.74	4.79	0.00(M)	99.89(M)	4.73(M)
Salsa Cup - TR1072 (1 ea.)	10	25.00	0.00	0.00	0.00	0.00	135.00	5.00	1.00	3.00	0.00	1.00	0.36	20.00	300.00	7.20	0.00	200.22	0.00
Tia Cecilia's Refried Beans - TR2059 (1/2 c.)	20	165.19	2.79	0.50	0.00	2.08	231.19	26.28	4.41	1.35	0.00	6.69	0.12	23.75	194.58	2.05	0.00(M)	1.68(M)	9.85(M)
Banana - TR1056 (1 ea.)	30	104.01	0.39	0.00	0.00	0.00	0.99	26.75	2.97	14.36	0.00	1.29	0.31	5.94	75.29	9.91	0.00	418.04	0.00
Chilled Pears - TR1508 (1/2 c.)	25	65.00	0.00	0.00	0.00	0.00	0.00	16.25	2.17	11.92	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	150.58(M)	0.00
Signature Fruit Cup - TR2043 (1 ea.)	35	125.75	0.46	0.22	0.00	1.88	68.42	28.54	2.23	21.31	3.00	2.41	0.07	114.42	85.00	1.00	1.31(M)	177.00(M)	966.58(M)
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	10	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Cheese Sauce - TR1624 (2 fl. oz.)	50	112.00	9.00	4.90	0.00	26.00	385.00	2.00	0.00	1.00	0.00	6.00	0.00	204.00	0.00	0.00	0.00	277.77	0.00

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Site: ALL
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Item Name (Serving Size)	Ash (g)
2025 FALL Lunch TJH Tuesday Nacho Menu :433 - ServingDate: 09/01/2026	
Beef Chili - TR1808 (1 #8 scoop)	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Crispy Beef Tacos - TR1949 (2 ea.)	0.00
Chicken Fajitas - TR2016 (3 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Crispy Rolled Chicken Tacos - TR2039 (2 ea.)	0.00
Whole Grain Tortilla Chips - TR1653 (20 Chips)	0.00
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Golden Corn - TR1095 (1/2 c.)	0.01(M)
Salsa Cup - TR1072 (1 ea.)	0.00
Tia Cecilia's Refried Beans - TR2059 (1/2 c.)	0.01(M)
Banana - TR1056 (1 ea.)	0.00
Chilled Pears - TR1508 (1/2 c.)	0.00
Signature Fruit Cup - TR2043 (1 ea.)	1.09(M)
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Cheese Sauce - TR1624 (2 fl. oz.)	0.00

Menu Calendar Nutrient Analysis Report - September, 2026

Generated on: 8/27/2026 1:29:09 PM by Kevin White

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Lunch TJH Tuesday Nacho Menu :433 - ServingDate: 09/01/2026																			
Fiesta Salad - TR1101 (1/2 c.)	15	5.00	0.00	0.00	0.00	0.00	3.20	1.44	0.44	0.88	0.00	0.44	0.16	6.40	218.00	2.21	(M)	(M)	0.00(M)
Peppers & Onions - TR1970 (1/4 c.)	10	42.41	0.80	0.00	0.00	0.00	116.63	7.42	1.59	3.71	0.53	1.06	0.38	10.60	53.01	12.72	0.00	121.84	0.00
Sour Cream - TR1098 (1 pkg.)	15	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	0.00	1.00	0.00	20.00	0.00	0.00	0.00	0.00	0.00
2025 Fall Lunch TJH Wednesday Bowls :433 - ServingDate: 09/02/2026																			
Beef Steak Fingers - TR1937 (5 ea.)	30	300.00	16.25	6.25	0.00	43.75	287.50	20.00	3.75	1.25	0.00	20.00	3.75	43.75	0.00	0.00	0.00	531.10	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	5	676.01	27.30	6.00	0.00	61.50	863.84	81.70	9.78	35.17	5.00	29.70	9.63	125.78	3938.79	14.95	0.00(M)	130.00 (M)	0.00(M)
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	30	243.00	11.14	2.02	0.00	60.75	607.50	15.19	2.02	2.02	2.02	20.25	1.01	0.00	0.00	0.00	0.00	485.87	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	30	259.14	11.96	2.49	0.00	54.82	488.37	13.95	1.99	1.00	0.00	22.92	1.44	0.00	0.00	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	4	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Whole Grain Roll - TR1005 (1 ea.)	45	170.00	2.00	0.50	0.00	0.00	170.00	31.00	3.00	8.00	7.00	5.00	1.44	0.00	0.00	0.00	0.00	100.11	0.00
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Mashed Potatoes New do not sell students - TR2096 (1/2 c.)	50	70.00	1.00	0.00	0.00	0.00	310.00	14.00	1.00	0.00	0.00	2.00	0.00	10.00	0.00	0.00	0.00	320.07	0.00
Mixed Vegetables - TR1150 (1/2 c.)	10	68.84	0.56	0.12	0.00	0.00	94.35	12.81	3.20	4.27	0.00	2.13	0.77	21.35	0.00	5.12	0.00(M)	117.38 (M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	10	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	2.00	11.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	10	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00

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Item Name (Serving Size)	Ash (g)
2025 FALL Lunch TJH Tuesday Nacho Menu :433 - ServingDate: 09/01/2026	
Fiesta Salad - TR1101 (1/2 c.)	0.00(M)
Peppers & Onions - TR1970 (1/4 c.)	0.00
Sour Cream - TR1098 (1 pkg.)	0.00
2025 Fall Lunch TJH Wednesday Bowls :433 - ServingDate: 09/02/2026	
Beef Steak Fingers - TR1937 (5 ea.)	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Whole Grain Roll - TR1005 (1 ea.)	0.00
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Mashed Potatoes New do not sell students - TR2096 (1/2 c.)	0.00
Mixed Vegetables - TR1150 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00

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2025 Fall Lunch TJH Wednesday Bowls :433 - ServingDate: 09/02/2026																			
Shredded Monterrey Jack Cheese - TR1069 (1/2 oz.)	50	55.69	4.56	3.04	0.00	12.66	96.19	0.51	0.00	0.00	0.00	3.54	0.00	50.62	151.88	0.00	0.00	10.13	0.00
Country Gravy - TR1074 (4 tbsp.)	20	47.25	2.36	1.18	0.00	0.00	249.84	5.91	0.00	0.00	0.00(M)	0.00	0.00	1.77	0.00	0.00	(M)	(M)	59.08 (M)
Ketchup - TR1088 (2 ea.)	20	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
BBQ Sauce - TR1151 (1 ea.)	10	35.00	0.00	0.00	0.00	0.00	65.00	8.00	0.00	7.00	7.00	0.00	0.00	0.00	0.00	0.00	0.00	115.15	0.00
Buffalo Ranch Sauce - TR1854 (1 ea.)	10	60.10	4.51	0.50	0.00	5.01	140.25	5.01	0.00	2.00	2.00	0.00	0.00	10.02	0.00	1.20	0.00	110.17	0.00
2025 FALL Lunch TJH Thursday Asian :433 - ServingDate: 09/03/2026																			
Chicken Popper Ranch Salad - TR1920 (1 ea.)	3	676.01	27.30	6.00	0.00	61.50	863.84	81.70	9.78	35.17	5.00	29.70	9.63	125.78	3938.79	14.95	0.00(M)	130.00 (M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	6	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	15	262.50	7.35	0.53	0.00	36.75	556.49	32.55	2.10	2.10	1.05	18.90	3.15	36.75	0.00	0.00	0.00	314.85	0.00
Premium Chicken Tangerine - TR1640 (7 1/2 oz.)	55	403.85	13.46	2.88	0.00	96.15	807.69	50.00	1.92	25.00	25.00	23.08	1.38	19.23	0.00	0.00	0.00	327.19	0.00
Premium Teriyaki Chicken - TR1641 (4 1/4 oz.)	20	197.32	5.31	1.52	0.00	106.25	728.57	15.18	0.00	13.66	(M)	22.77	1.09	0.00	0.00	0.00	(M)	(M)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Asian Brown Rice - TR1663 (1 c.)	75	139.24	3.85	0.64	0.00	0.00	205.64	23.11	1.72	1.00	0.00	3.00	0.53	4.90	0.00	0.77	0.00(M)	17.60 (M)	56.72 (M)
Baby Carrots & Ranch - TR1156 (1/2 c.)	20	95.94	7.00	1.00	0.00	5.00	207.08	8.23	2.08	4.11	0.00	1.00	7.47	20.76	9859.22	2.49	0.00(M)	0.00(M)	0.00
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	20	17.10	1.12	0.24	0.00	0.00	153.50	1.50	1.13	0.38	0.00	0.75	0.41	17.63	0.00	27.68	0.00(M)	67.50 (M)	0.00(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	25	70.00	0.00	0.00	0.00	0.00	0.00	17.00	1.00	15.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	70.03	0.00

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2025 Fall Lunch TJH Wednesday Bowls :433 - ServingDate: 09/02/2026	
Shredded Monterrey Jack Cheese - TR1069 (1/2 oz.)	0.00
Country Gravy - TR1074 (4 tbsp.)	0.06(M)
Ketchup - TR1088 (2 ea.)	0.00
BBQ Sauce - TR1151 (1 ea.)	0.00
Buffalo Ranch Sauce - TR1854 (1 ea.)	0.00
2025 FALL Lunch TJH Thursday Asian :433 - ServingDate: 09/03/2026	
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	0.00
Premium Chicken Tangerine - TR1640 (7 1/2 oz.)	0.00
Premium Teriyaki Chicken - TR1641 (4 1/4 oz.)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Asian Brown Rice - TR1663 (1 c.)	0.06(M)
Baby Carrots & Ranch - TR1156 (1/2 c.)	0.00
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	0.00(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00

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2025 FALL Lunch TJH Thursday Asian :433 - ServingDate: 09/03/2026																			
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	35	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00
Orange Wedges - TR1057 (1 ea.)	25	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	0.00	1.00	0.00	60.00	300.00	72.00	0.00	235.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	10	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Fortune Cookie - TR1002 (1 ea)	25	70.00	0.00	0.00	0.00	0.00	0.00	16.00	0.00	10.00	10.00	1.00	0.00	3.00	0.00	0.00	0.00	23.03	0.00
Sweet & Sour Sauce - TR1114 (3 ea.)	10	45.00	0.00	0.00	0.00	0.00	210.00	12.00	0.00	12.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	12.69	0.00
2025 FALL Lunch TJH Friday :433 - ServingDate: 09/04/2026																			
Cheeseburger - TR1897 (1 ea.)	30	395.00	19.00	4.25	0.00	67.50	615.00	31.00	2.00	5.00	4.00	23.50	3.00	325.00	300.00	0.00	0.10(M)	458.00 (M)	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	10	676.01	27.30	6.00	0.00	61.50	863.84	81.70	9.78	35.17	5.00	29.70	9.63	125.78	3938.79	14.95	0.00(M)	130.00 (M)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	30	350.00	12.00	2.00	0.00	45.00	590.00	37.00	3.00	5.00	5.00	24.00	2.08	136.00	0.00	0.00	0.00	769.86	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	9	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	20	420.60	12.59	1.76	0.00	64.70	778.92	50.35	4.35	5.18	4.00	27.35	2.27	139.53	0.00	0.00	0.00(M)	494.11 (M)	0.00(M)
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	65	212.41	9.80	1.63	0.00	0.00	343.13	32.68	1.63	1.63	0.00	1.63	0.59	0.00	163.40	5.88	0.00	490.19	0.00
Normandy Blend Vegetables - TR2019 (1/2 c.)	15	35.38	1.40	0.30	0.00	0.00	83.20	4.68	1.87	1.87	0.00	0.94	0.00	18.70	0.00	0.00	0.00(M)	201.08 (M)	0.00(M)

Menu Calendar Nutrient Analysis Report - September, 2026

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch TJH Thursday Asian :433 - ServingDate: 09/03/2026	
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Fortune Cookie - TR1002 (1 ea)	0.00
Sweet & Sour Sauce - TR1114 (3 ea.)	0.00
2025 FALL Lunch TJH Friday :433 - ServingDate: 09/04/2026	
Cheeseburger - TR1897 (1 ea.)	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	0.00(M)
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	0.00
Normandy Blend Vegetables - TR2019 (1/2 c.)	0.00(M)

Menu Calendar Nutrient Analysis Report - September, 2026

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Lunch TJH Friday :433 - ServingDate: 09/04/2026																			
Apple Red Delicouis - TR1420 (1 ea.)	20	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Peaches - TR1504 (1/2 c.)	25	60.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	7.00	1.00	0.00	0.00	0.00	0.00	0.00	80.84	0.00
Signature Fruit Cup - TR2043 (1 ea.)	50	125.75	0.46	0.22	0.00	1.88	68.42	28.54	2.23	21.31	3.00	2.41	0.07	114.42	85.00	1.00	1.31(M)	177.00 (M)	966.58 (M)
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	10	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	15	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	0.00	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	70	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL Lunch TJH Tuesday Nacho Menu :433 - ServingDate: 09/08/2026																			
Beef Chili - TR1808 (1 #8 scoop)	40	142.00	12.00	4.40	0.70	40.00	371.99	9.00	3.00	3.00	0.00	14.00	3.00	49.00	0.00	10.00	0.00	911.78	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	3	676.01	27.30	6.00	0.00	61.50	863.84	81.70	9.78	35.17	5.00	29.70	9.63	125.78	3938.79	14.95	0.00(M)	130.00 (M)	0.00(M)
Crispy Beef Tacos - TR1949 (2 ea.)	10	361.06	24.07	9.03	0.00	50.15	661.93	24.07	2.01	2.01	0.00	14.04	2.17	300.88	0.00	0.00	2.41	261.14	0.00
Chicken Fajitas - TR2016 (3 oz.)	30	121.44	6.07	0.00	0.00	75.90	313.72	2.02	0.00	0.00	0.00	15.18	0.36	0.00	0.00	0.00	0.00	212.52	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	6	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Crispy Rolled Chicken Tacos - TR2039 (2 ea.)	10	423.52	18.15	4.03	0.00	60.50	847.04	42.35	0.00	2.02	0.00	22.18	2.90	121.01	0.00	0.00	0.00	604.75	0.00
Whole Grain Tortilla Chips - TR1653 (20 Chips)	70	283.50	14.18	6.08	0.00	0.00	303.75	34.42	2.02	0.00	0.00	4.05	0.73	40.50	0.00	0.00	0.00	0.00	0.00

Menu Calendar Nutrient Analysis Report - September, 2026

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch TJH Friday :433 - ServingDate: 09/04/2026	
Apple Red Delicoius - TR1420 (1 ea.)	(M)
Chilled Peaches - TR1504 (1/2 c.)	0.00
Signature Fruit Cup - TR2043 (1 ea.)	1.09(M)
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	0.00
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
2025 FALL Lunch TJH Tuesday Nacho Menu :433 - ServingDate: 09/08/2026	
Beef Chili - TR1808 (1 #8 scoop)	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Crispy Beef Tacos - TR1949 (2 ea.)	0.00
Chicken Fajitas - TR2016 (3 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Crispy Rolled Chicken Tacos - TR2039 (2 ea.)	0.00
Whole Grain Tortilla Chips - TR1653 (20 Chips)	0.00

Menu Calendar Nutrient Analysis Report - September, 2026

Generated on: 8/27/2026 1:29:09 PM by Kevin White

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Lunch TJH Tuesday Nacho Menu :433 - ServingDate: 09/08/2026																			
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Golden Corn - TR1095 (1/2 c.)	30	76.42	2.12	0.24	0.00	0.00	99.94	15.96	2.00	2.99	0.00	2.00	0.36	0.14	99.74	4.79	0.00(M)	99.89(M)	4.73(M)
Salsa Cup - TR1072 (1 ea.)	10	25.00	0.00	0.00	0.00	0.00	135.00	5.00	1.00	3.00	0.00	1.00	0.36	20.00	300.00	7.20	0.00	200.22	0.00
Tia Cecilia's Refried Beans - TR2059 (1/2 c.)	20	165.19	2.79	0.50	0.00	2.08	231.19	26.28	4.41	1.35	0.00	6.69	0.12	23.75	194.58	2.05	0.00(M)	1.68(M)	9.85(M)
Banana - TR1056 (1 ea.)	30	104.01	0.39	0.00	0.00	0.00	0.99	26.75	2.97	14.36	0.00	1.29	0.31	5.94	75.29	9.91	0.00	418.04	0.00
Chilled Pears - TR1508 (1/2 c.)	25	65.00	0.00	0.00	0.00	0.00	0.00	16.25	2.17	11.92	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	150.58(M)	0.00
Signature Fruit Cup - TR2043 (1 ea.)	35	125.75	0.46	0.22	0.00	1.88	68.42	28.54	2.23	21.31	3.00	2.41	0.07	114.42	85.00	1.00	1.31(M)	177.00(M)	966.58(M)
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	10	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Cheese Sauce - TR1624 (2 fl. oz.)	50	112.00	9.00	4.90	0.00	26.00	385.00	2.00	0.00	1.00	0.00	6.00	0.00	204.00	0.00	0.00	0.00	277.77	0.00
Fiesta Salad - TR1101 (1/2 c.)	15	5.00	0.00	0.00	0.00	0.00	3.20	1.44	0.44	0.88	0.00	0.44	0.16	6.40	218.00	2.21	(M)	(M)	0.00(M)
Peppers & Onions - TR1970 (1/4 c.)	10	42.41	0.80	0.00	0.00	0.00	116.63	7.42	1.59	3.71	0.53	1.06	0.38	10.60	53.01	12.72	0.00	121.84	0.00
Sour Cream - TR1098 (1 pkg.)	15	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	0.00	1.00	0.00	20.00	0.00	0.00	0.00	0.00	0.00
2025 Fall Lunch TJH Wednesday Bowls :433 - ServingDate: 09/09/2026																			
Beef Steak Fingers - TR1937 (5 ea.)	30	300.00	16.25	6.25	0.00	43.75	287.50	20.00	3.75	1.25	0.00	20.00	3.75	43.75	0.00	0.00	0.00	531.10	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	5	676.01	27.30	6.00	0.00	61.50	863.84	81.70	9.78	35.17	5.00	29.70	9.63	125.78	3938.79	14.95	0.00(M)	130.00(M)	0.00(M)
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	30	243.00	11.14	2.02	0.00	60.75	607.50	15.19	2.02	2.02	2.02	20.25	1.01	0.00	0.00	0.00	0.00	485.87	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	30	259.14	11.96	2.49	0.00	54.82	488.37	13.95	1.99	1.00	0.00	22.92	1.44	0.00	0.00	0.00	(M)	(M)	0.00

Menu Calendar Nutrient Analysis Report - September, 2026

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch TJH Tuesday Nacho Menu :433 - ServingDate: 09/08/2026	
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Golden Corn - TR1095 (1/2 c.)	0.01(M)
Salsa Cup - TR1072 (1 ea.)	0.00
Tia Cecilia's Refried Beans - TR2059 (1/2 c.)	0.01(M)
Banana - TR1056 (1 ea.)	0.00
Chilled Pears - TR1508 (1/2 c.)	0.00
Signature Fruit Cup - TR2043 (1 ea.)	1.09(M)
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Cheese Sauce - TR1624 (2 fl. oz.)	0.00
Fiesta Salad - TR1101 (1/2 c.)	0.00(M)
Peppers & Onions - TR1970 (1/4 c.)	0.00
Sour Cream - TR1098 (1 pkg.)	0.00
2025 Fall Lunch TJH Wednesday Bowls :433 - ServingDate: 09/09/2026	
Beef Steak Fingers - TR1937 (5 ea.)	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	0.00

Menu Calendar Nutrient Analysis Report - September, 2026

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 Fall Lunch TJH Wednesday Bowls :433 - ServingDate: 09/09/2026																			
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	4	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Whole Grain Roll - TR1005 (1 ea.)	45	170.00	2.00	0.50	0.00	0.00	170.00	31.00	3.00	8.00	7.00	5.00	1.44	0.00	0.00	0.00	0.00	100.11	0.00
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Mashed Potatoes New do not sell students - TR2096 (1/2 c.)	50	70.00	1.00	0.00	0.00	0.00	310.00	14.00	1.00	0.00	0.00	2.00	0.00	10.00	0.00	0.00	0.00	320.07	0.00
Mixed Vegetables - TR1150 (1/2 c.)	10	68.84	0.56	0.12	0.00	0.00	94.35	12.81	3.20	4.27	0.00	2.13	0.77	21.35	0.00	5.12	0.00(M)	117.38(M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	10	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	2.00	11.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	10	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Shredded Monterrey Jack Cheese - TR1069 (1/2 oz.)	50	55.69	4.56	3.04	0.00	12.66	96.19	0.51	0.00	0.00	0.00	3.54	0.00	50.62	151.88	0.00	0.00	10.13	0.00
Country Gravy - TR1074 (4 tbsp.)	20	47.25	2.36	1.18	0.00	0.00	249.84	5.91	0.00	0.00	0.00(M)	0.00	0.00	1.77	0.00	0.00	(M)	(M)	59.08(M)
Ketchup - TR1088 (2 ea.)	20	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
BBQ Sauce - TR1151 (1 ea.)	10	35.00	0.00	0.00	0.00	0.00	65.00	8.00	0.00	7.00	7.00	0.00	0.00	0.00	0.00	0.00	0.00	115.15	0.00
Buffalo Ranch Sauce - TR1854 (1 ea.)	10	60.10	4.51	0.50	0.00	5.01	140.25	5.01	0.00	2.00	2.00	0.00	0.00	10.02	0.00	1.20	0.00	110.17	0.00
2025 FALL Lunch TJH Thursday Asian :433 - ServingDate: 09/10/2026																			
Chicken Popper Ranch Salad - TR1920 (1 ea.)	3	676.01	27.30	6.00	0.00	61.50	863.84	81.70	9.78	35.17	5.00	29.70	9.63	125.78	3938.79	14.95	0.00(M)	130.00(M)	0.00(M)

Menu Calendar Nutrient Analysis Report - September, 2026

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Ash (g)
2025 Fall Lunch TJH Wednesday Bowls :433 - ServingDate: 09/09/2026	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Whole Grain Roll - TR1005 (1 ea.)	0.00
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Mashed Potatoes New do not sell students - TR2096 (1/2 c.)	0.00
Mixed Vegetables - TR1150 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Shredded Monterrey Jack Cheese - TR1069 (1/2 oz.)	0.00
Country Gravy - TR1074 (4 tbsp.)	0.06(M)
Ketchup - TR1088 (2 ea.)	0.00
BBQ Sauce - TR1151 (1 ea.)	0.00
Buffalo Ranch Sauce - TR1854 (1 ea.)	0.00
2025 FALL Lunch TJH Thursday Asian :433 - ServingDate: 09/10/2026	
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)

Menu Calendar Nutrient Analysis Report - September, 2026

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Lunch TJH Thursday Asian :433 - ServingDate: 09/10/2026																			
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	6	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	15	262.50	7.35	0.53	0.00	36.75	556.49	32.55	2.10	2.10	1.05	18.90	3.15	36.75	0.00	0.00	0.00	314.85	0.00
Premium Chicken Tangerine - TR1640 (7 1/2 oz.)	55	403.85	13.46	2.88	0.00	96.15	807.69	50.00	1.92	25.00	25.00	23.08	1.38	19.23	0.00	0.00	0.00	327.19	0.00
Premium Teriyaki Chicken - TR1641 (4 1/4 oz.)	20	197.32	5.31	1.52	0.00	106.25	728.57	15.18	0.00	13.66	(M)	22.77	1.09	0.00	0.00	0.00	(M)	(M)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Asian Brown Rice - TR1663 (1 c.)	75	139.24	3.85	0.64	0.00	0.00	205.64	23.11	1.72	1.00	0.00	3.00	0.53	4.90	0.00	0.77	0.00(M)	17.60 (M)	56.72 (M)
Baby Carrots & Ranch - TR1156 (1/2 c.)	20	95.94	7.00	1.00	0.00	5.00	207.08	8.23	2.08	4.11	0.00	1.00	7.47	20.76	9859.22	2.49	0.00(M)	0.00(M)	0.00
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	20	17.10	1.12	0.24	0.00	0.00	153.50	1.50	1.13	0.38	0.00	0.75	0.41	17.63	0.00	27.68	0.00(M)	67.50 (M)	0.00(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	25	70.00	0.00	0.00	0.00	0.00	0.00	17.00	1.00	15.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	70.03	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	35	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00
Orange Wedges - TR1057 (1 ea.)	25	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	0.00	1.00	0.00	60.00	300.00	72.00	0.00	235.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	10	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Fortune Cookie - TR1002 (1 ea)	25	70.00	0.00	0.00	0.00	0.00	0.00	16.00	0.00	10.00	10.00	1.00	0.00	3.00	0.00	0.00	0.00	23.03	0.00
Sweet & Sour Sauce - TR1114 (3 ea.)	10	45.00	0.00	0.00	0.00	0.00	210.00	12.00	0.00	12.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	12.69	0.00

Menu Calendar Nutrient Analysis Report - September, 2026

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch TJH Thursday Asian :433 - ServingDate: 09/10/2026	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	0.00
Premium Chicken Tangerine - TR1640 (7 1/2 oz.)	0.00
Premium Teriyaki Chicken - TR1641 (4 1/4 oz.)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Asian Brown Rice - TR1663 (1 c.)	0.06(M)
Baby Carrots & Ranch - TR1156 (1/2 c.)	0.00
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	0.00(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Fortune Cookie - TR1002 (1 ea)	0.00
Sweet & Sour Sauce - TR1114 (3 ea.)	0.00

Menu Calendar Nutrient Analysis Report - September, 2026

Generated on: 8/27/2026 1:29:09 PM by Kevin White

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Lunch TJH Friday :433 - ServingDate: 09/11/2026																			
Cheeseburger - TR1897 (1 ea.)	30	395.00	19.00	4.25	0.00	67.50	615.00	31.00	2.00	5.00	4.00	23.50	3.00	325.00	300.00	0.00	0.10(M)	458.00 (M)	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	10	676.01	27.30	6.00	0.00	61.50	863.84	81.70	9.78	35.17	5.00	29.70	9.63	125.78	3938.79	14.95	0.00(M)	130.00 (M)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	30	350.00	12.00	2.00	0.00	45.00	590.00	37.00	3.00	5.00	5.00	24.00	2.08	136.00	0.00	0.00	0.00	769.86	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	9	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	20	420.60	12.59	1.76	0.00	64.70	778.92	50.35	4.35	5.18	4.00	27.35	2.27	139.53	0.00	0.00	0.00(M)	494.11 (M)	0.00(M)
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	65	212.41	9.80	1.63	0.00	0.00	343.13	32.68	1.63	1.63	0.00	1.63	0.59	0.00	163.40	5.88	0.00	490.19	0.00
Normandy Blend Vegetables - TR2019 (1/2 c.)	15	35.38	1.40	0.30	0.00	0.00	83.20	4.68	1.87	1.87	0.00	0.94	0.00	18.70	0.00	0.00	0.00(M)	201.08 (M)	0.00(M)
Apple Red Delicouius - TR1420 (1 ea.)	20	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Peaches - TR1504 (1/2 c.)	25	60.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	7.00	1.00	0.00	0.00	0.00	0.00	0.00	80.84	0.00
Signature Fruit Cup - TR2043 (1 ea.)	50	125.75	0.46	0.22	0.00	1.88	68.42	28.54	2.23	21.31	3.00	2.41	0.07	114.42	85.00	1.00	1.31(M)	177.00 (M)	966.58 (M)
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	10	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	15	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	0.00	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	70	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - September, 2026

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch TJH Friday :433 - ServingDate: 09/11/2026	
Cheeseburger - TR1897 (1 ea.)	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	0.00(M)
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	0.00
Normandy Blend Vegetables - TR2019 (1/2 c.)	0.00(M)
Apple Red Delicoius - TR1420 (1 ea.)	(M)
Chilled Peaches - TR1504 (1/2 c.)	0.00
Signature Fruit Cup - TR2043 (1 ea.)	1.09(M)
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	0.00
Mayo - TR1144 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - September, 2026

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Lunch TJH Friday :433 - ServingDate: 09/11/2026																			
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL Lunch TJH Monday BBQ - ServingDate: 09/14/2026																			
Chicken Drumstick - TR1739 (1 ea.)	30	191.47	11.70	2.66	0.00	90.42	329.75	4.25	0.00	0.00	0.00	17.02	0.77	14.89	0.00	0.00	0.00	201.98	0.00
Fruit & Yogurt Plate - TR1218 (1 ea.)	10	452.00	11.20	5.00	0.00	25.00	376.00	77.50	5.50	52.00	11.00	13.50	2.52	480.00	234.96	37.20	2.00(M)	335.58(M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	9	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Premium BBQ Beef from Yoakum Texas ! - TR1140 (1 Scoop)	50	130.00	2.60	1.00	0.00	35.00	590.00	13.00	2.00	9.00	(M)	16.00	2.70	40.00	200.00	1.20	(M)	(M)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Garlic Breadstick - TR1622 (1 ea.)	55	160.00	4.50	1.00	0.00	0.00	140.00	25.00	2.00	2.00	0.00	4.00	1.40	10.00	0.00	0.00	0.10	210.09	0.00
BBQ Sandwich - TR1141 (1 ea.)	25	150.00	2.00	0.00	0.00	0.00	260.00	28.00	2.00	4.00	4.00	5.00	1.00	116.00	0.00	0.00	0.00	85.07	0.00
Baked Potato - TR1139 (1 ea.)	25	170.00	0.00	0.00	0.00	0.00	25.00	37.00	4.00	2.00	(M)	5.00	1.80	40.00	0.00	21.00	(M)	(M)	(M)
Baked Beans - TR1186 (1/2 c.)	25	163.47	0.00	0.00	0.00	0.00	415.73	33.12	6.24	14.29	13.15	7.28	1.87	41.60	0.00	0.00	0.00	280.57	0.00
Carrot Coins - TR1086 (1/2 c.)	20	38.18	1.12	0.24	0.00	0.00	155.95	6.53	2.45	4.08	0.00	0.82	0.29	32.66	1616.60	1.96	0.00(M)	0.00(M)	0.00(M)
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	25	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Peaches - TR1505 (1/2 c.)	25	54.17	0.00	0.00	0.00	0.00	0.00	13.00	1.08	10.83	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	223.17(M)	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	10	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Shredded Cheese - TR1259 (1/8 c.)	20	55.00	4.50	3.00	0.00	12.50	95.00	0.50	0.00	0.00	0.00	3.50	0.00	101.00	0.00	0.00	0.00	10.00	0.00

Menu Calendar Nutrient Analysis Report - September, 2026

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch TJH Friday :433 - ServingDate: 09/11/2026	
Mustard - TR1145 (1 ea.)	(M)
2025 FALL Lunch TJH Monday BBQ - ServingDate: 09/14/2026	
Chicken Drumstick - TR1739 (1 ea.)	0.00
Fruit & Yogurt Plate - TR1218 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Premium BBQ Beef from Yoakum Texas ! - TR1140 (1 Scoop)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Garlic Breadstick - TR1622 (1 ea.)	0.00
BBQ Sandwich - TR1141 (1 ea.)	0.00
Baked Potato - TR1139 (1 ea.)	(M)
Baked Beans - TR1186 (1/2 c.)	0.00
Carrot Coins - TR1086 (1/2 c.)	0.00(M)
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Chilled Peaches - TR1505 (1/2 c.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Shredded Cheese - TR1259 (1/8 c.)	0.00

Menu Calendar Nutrient Analysis Report - September, 2026

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Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Lunch TJH Monday BBQ - ServingDate: 09/14/2026																			
Pickles Sliced - TR1214 (3 ea.)	25	1.67	0.00	0.00	0.00	0.00	153.33	0.33	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
BBQ Sauce - TR1151 (1 ea.)	25	35.00	0.00	0.00	0.00	0.00	65.00	8.00	0.00	7.00	7.00	0.00	0.00	0.00	0.00	0.00	0.00	115.15	0.00
Sour Cream - TR1098 (1 pkg.)	25	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	0.00	1.00	0.00	20.00	0.00	0.00	0.00	0.00	0.00
2025 FALL Lunch TJH Tuesday Nacho Menu :433 - ServingDate: 09/15/2026																			
Beef Chili - TR1808 (1 #8 scoop)	40	142.00	12.00	4.40	0.70	40.00	371.99	9.00	3.00	3.00	0.00	14.00	3.00	49.00	0.00	10.00	0.00	911.78	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	3	676.01	27.30	6.00	0.00	61.50	863.84	81.70	9.78	35.17	5.00	29.70	9.63	125.78	3938.79	14.95	0.00(M)	130.00(M)	0.00(M)
Crispy Beef Tacos - TR1949 (2 ea.)	10	361.06	24.07	9.03	0.00	50.15	661.93	24.07	2.01	2.01	0.00	14.04	2.17	300.88	0.00	0.00	2.41	261.14	0.00
Chicken Fajitas - TR2016 (3 oz.)	30	121.44	6.07	0.00	0.00	75.90	313.72	2.02	0.00	0.00	0.00	15.18	0.36	0.00	0.00	0.00	0.00	212.52	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	6	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Crispy Rolled Chicken Tacos - TR2039 (2 ea.)	10	423.52	18.15	4.03	0.00	60.50	847.04	42.35	0.00	2.02	0.00	22.18	2.90	121.01	0.00	0.00	0.00	604.75	0.00
Whole Grain Tortilla Chips - TR1653 (20 Chips)	70	283.50	14.18	6.08	0.00	0.00	303.75	34.42	2.02	0.00	0.00	4.05	0.73	40.50	0.00	0.00	0.00	0.00	0.00
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Golden Corn - TR1095 (1/2 c.)	30	76.42	2.12	0.24	0.00	0.00	99.94	15.96	2.00	2.99	0.00	2.00	0.36	0.14	99.74	4.79	0.00(M)	99.89(M)	4.73(M)
Salsa Cup - TR1072 (1 ea.)	10	25.00	0.00	0.00	0.00	0.00	135.00	5.00	1.00	3.00	0.00	1.00	0.36	20.00	300.00	7.20	0.00	200.22	0.00
Tia Cecilia's Refried Beans - TR2059 (1/2 c.)	20	165.19	2.79	0.50	0.00	2.08	231.19	26.28	4.41	1.35	0.00	6.69	0.12	23.75	194.58	2.05	0.00(M)	1.68(M)	9.85(M)
Banana - TR1056 (1 ea.)	30	104.01	0.39	0.00	0.00	0.00	0.99	26.75	2.97	14.36	0.00	1.29	0.31	5.94	75.29	9.91	0.00	418.04	0.00
Chilled Pears - TR1508 (1/2 c.)	25	65.00	0.00	0.00	0.00	0.00	0.00	16.25	2.17	11.92	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	150.58(M)	0.00

Menu Calendar Nutrient Analysis Report - September, 2026

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch TJH Monday BBQ - ServingDate: 09/14/2026	
Pickles Sliced - TR1214 (3 ea.)	(M)
BBQ Sauce - TR1151 (1 ea.)	0.00
Sour Cream - TR1098 (1 pkg.)	0.00
2025 FALL Lunch TJH Tuesday Nacho Menu :433 - ServingDate: 09/15/2026	
Beef Chili - TR1808 (1 #8 scoop)	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Crispy Beef Tacos - TR1949 (2 ea.)	0.00
Chicken Fajitas - TR2016 (3 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Crispy Rolled Chicken Tacos - TR2039 (2 ea.)	0.00
Whole Grain Tortilla Chips - TR1653 (20 Chips)	0.00
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Golden Corn - TR1095 (1/2 c.)	0.01(M)
Salsa Cup - TR1072 (1 ea.)	0.00
Tia Cecilia's Refried Beans - TR2059 (1/2 c.)	0.01(M)
Banana - TR1056 (1 ea.)	0.00
Chilled Pears - TR1508 (1/2 c.)	0.00

Menu Calendar Nutrient Analysis Report - September, 2026

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Lunch TJH Tuesday Nacho Menu :433 - ServingDate: 09/15/2026																			
Signature Fruit Cup - TR2043 (1 ea.)	35	125.75	0.46	0.22	0.00	1.88	68.42	28.54	2.23	21.31	3.00	2.41	0.07	114.42	85.00	1.00	1.31(M)	177.00 (M)	966.58 (M)
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	10	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Cheese Sauce - TR1624 (2 fl. oz.)	50	112.00	9.00	4.90	0.00	26.00	385.00	2.00	0.00	1.00	0.00	6.00	0.00	204.00	0.00	0.00	0.00	277.77	0.00
Fiesta Salad - TR1101 (1/2 c.)	15	5.00	0.00	0.00	0.00	0.00	3.20	1.44	0.44	0.88	0.00	0.44	0.16	6.40	218.00	2.21	(M)	(M)	0.00(M)
Peppers & Onions - TR1970 (1/4 c.)	10	42.41	0.80	0.00	0.00	0.00	116.63	7.42	1.59	3.71	0.53	1.06	0.38	10.60	53.01	12.72	0.00	121.84	0.00
Sour Cream - TR1098 (1 pkg.)	15	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	0.00	1.00	0.00	20.00	0.00	0.00	0.00	0.00	0.00
2025 Fall Lunch TJH Wednesday Bowls :433 - ServingDate: 09/16/2026																			
Beef Steak Fingers - TR1937 (5 ea.)	30	300.00	16.25	6.25	0.00	43.75	287.50	20.00	3.75	1.25	0.00	20.00	3.75	43.75	0.00	0.00	0.00	531.10	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	5	676.01	27.30	6.00	0.00	61.50	863.84	81.70	9.78	35.17	5.00	29.70	9.63	125.78	3938.79	14.95	0.00(M)	130.00 (M)	0.00(M)
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	30	243.00	11.14	2.02	0.00	60.75	607.50	15.19	2.02	2.02	2.02	20.25	1.01	0.00	0.00	0.00	0.00	485.87	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	30	259.14	11.96	2.49	0.00	54.82	488.37	13.95	1.99	1.00	0.00	22.92	1.44	0.00	0.00	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	4	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Whole Grain Roll - TR1005 (1 ea.)	45	170.00	2.00	0.50	0.00	0.00	170.00	31.00	3.00	8.00	7.00	5.00	1.44	0.00	0.00	0.00	0.00	100.11	0.00
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Mashed Potatoes New do not sell students - TR2096 (1/2 c.)	50	70.00	1.00	0.00	0.00	0.00	310.00	14.00	1.00	0.00	0.00	2.00	0.00	10.00	0.00	0.00	0.00	320.07	0.00
Mixed Vegetables - TR1150 (1/2 c.)	10	68.84	0.56	0.12	0.00	0.00	94.35	12.81	3.20	4.27	0.00	2.13	0.77	21.35	0.00	5.12	0.00(M)	117.38 (M)	0.00(M)

Menu Calendar Nutrient Analysis Report - September, 2026

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch TJH Tuesday Nacho Menu :433 - ServingDate: 09/15/2026	
Signature Fruit Cup - TR2043 (1 ea.)	1.09(M)
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Cheese Sauce - TR1624 (2 fl. oz.)	0.00
Fiesta Salad - TR1101 (1/2 c.)	0.00(M)
Peppers & Onions - TR1970 (1/4 c.)	0.00
Sour Cream - TR1098 (1 pkg.)	0.00
2025 Fall Lunch TJH Wednesday Bowls :433 - ServingDate: 09/16/2026	
Beef Steak Fingers - TR1937 (5 ea.)	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Whole Grain Roll - TR1005 (1 ea.)	0.00
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Mashed Potatoes New do not sell students - TR2096 (1/2 c.)	0.00
Mixed Vegetables - TR1150 (1/2 c.)	0.00(M)

Menu Calendar Nutrient Analysis Report - September, 2026

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 Fall Lunch TJH Wednesday Bowls :433 - ServingDate: 09/16/2026																			
Granny Smith Apple - TR1054 (1 ea.)	10	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	2.00	11.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	10	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Shredded Monterrey Jack Cheese - TR1069 (1/2 oz.)	50	55.69	4.56	3.04	0.00	12.66	96.19	0.51	0.00	0.00	0.00	3.54	0.00	50.62	151.88	0.00	0.00	10.13	0.00
Country Gravy - TR1074 (4 tbsp.)	20	47.25	2.36	1.18	0.00	0.00	249.84	5.91	0.00	0.00	0.00(M)	0.00	0.00	1.77	0.00	0.00	(M)	(M)	59.08 (M)
Ketchup - TR1088 (2 ea.)	20	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
BBQ Sauce - TR1151 (1 ea.)	10	35.00	0.00	0.00	0.00	0.00	65.00	8.00	0.00	7.00	7.00	0.00	0.00	0.00	0.00	0.00	0.00	115.15	0.00
Buffalo Ranch Sauce - TR1854 (1 ea.)	10	60.10	4.51	0.50	0.00	5.01	140.25	5.01	0.00	2.00	2.00	0.00	0.00	10.02	0.00	1.20	0.00	110.17	0.00
2025 FALL Lunch TJH Thursday Asian :433 - ServingDate: 09/17/2026																			
Chicken Popper Ranch Salad - TR1920 (1 ea.)	3	676.01	27.30	6.00	0.00	61.50	863.84	81.70	9.78	35.17	5.00	29.70	9.63	125.78	3938.79	14.95	0.00(M)	130.00 (M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	6	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	15	262.50	7.35	0.53	0.00	36.75	556.49	32.55	2.10	2.10	1.05	18.90	3.15	36.75	0.00	0.00	0.00	314.85	0.00
Premium Chicken Tangerine - TR1640 (7 1/2 oz.)	55	403.85	13.46	2.88	0.00	96.15	807.69	50.00	1.92	25.00	25.00	23.08	1.38	19.23	0.00	0.00	0.00	327.19	0.00
Premium Teriyaki Chicken - TR1641 (4 1/4 oz.)	20	197.32	5.31	1.52	0.00	106.25	728.57	15.18	0.00	13.66	(M)	22.77	1.09	0.00	0.00	0.00	(M)	(M)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00

Menu Calendar Nutrient Analysis Report - September, 2026

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Ash (g)
2025 Fall Lunch TJH Wednesday Bowls :433 - ServingDate: 09/16/2026	
Granny Smith Apple - TR1054 (1 ea.)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Shredded Monterrey Jack Cheese - TR1069 (1/2 oz.)	0.00
Country Gravy - TR1074 (4 tbsp.)	0.06(M)
Ketchup - TR1088 (2 ea.)	0.00
BBQ Sauce - TR1151 (1 ea.)	0.00
Buffalo Ranch Sauce - TR1854 (1 ea.)	0.00
2025 FALL Lunch TJH Thursday Asian :433 - ServingDate: 09/17/2026	
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	0.00
Premium Chicken Tangerine - TR1640 (7 1/2 oz.)	0.00
Premium Teriyaki Chicken - TR1641 (4 1/4 oz.)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - September, 2026

Generated on: 8/27/2026 1:29:09 PM by Kevin White

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Lunch TJH Thursday Asian :433 - ServingDate: 09/17/2026																			
Asian Brown Rice - TR1663 (1 c.)	75	139.24	3.85	0.64	0.00	0.00	205.64	23.11	1.72	1.00	0.00	3.00	0.53	4.90	0.00	0.77	0.00(M)	17.60 (M)	56.72 (M)
Baby Carrots & Ranch - TR1156 (1/2 c.)	20	95.94	7.00	1.00	0.00	5.00	207.08	8.23	2.08	4.11	0.00	1.00	7.47	20.76	9859.22	2.49	0.00(M)	0.00(M)	0.00
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	20	17.10	1.12	0.24	0.00	0.00	153.50	1.50	1.13	0.38	0.00	0.75	0.41	17.63	0.00	27.68	0.00(M)	67.50 (M)	0.00(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	25	70.00	0.00	0.00	0.00	0.00	0.00	17.00	1.00	15.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	70.03	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	35	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00
Orange Wedges - TR1057 (1 ea.)	25	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	0.00	1.00	0.00	60.00	300.00	72.00	0.00	235.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	10	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Fortune Cookie - TR1002 (1 ea)	25	70.00	0.00	0.00	0.00	0.00	0.00	16.00	0.00	10.00	10.00	1.00	0.00	3.00	0.00	0.00	0.00	23.03	0.00
Sweet & Sour Sauce - TR1114 (3 ea.)	10	45.00	0.00	0.00	0.00	0.00	210.00	12.00	0.00	12.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	12.69	0.00
2025 FALL Lunch TJH Friday :433 - ServingDate: 09/18/2026																			
Cheeseburger - TR1897 (1 ea.)	30	395.00	19.00	4.25	0.00	67.50	615.00	31.00	2.00	5.00	4.00	23.50	3.00	325.00	300.00	0.00	0.10(M)	458.00 (M)	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	10	676.01	27.30	6.00	0.00	61.50	863.84	81.70	9.78	35.17	5.00	29.70	9.63	125.78	3938.79	14.95	0.00(M)	130.00 (M)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	30	350.00	12.00	2.00	0.00	45.00	590.00	37.00	3.00	5.00	5.00	24.00	2.08	136.00	0.00	0.00	0.00	769.86	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	9	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00

Menu Calendar Nutrient Analysis Report - September, 2026

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch TJH Thursday Asian :433 - ServingDate: 09/17/2026	
Asian Brown Rice - TR1663 (1 c.)	0.06(M)
Baby Carrots & Ranch - TR1156 (1/2 c.)	0.00
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	0.00(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Fortune Cookie - TR1002 (1 ea)	0.00
Sweet & Sour Sauce - TR1114 (3 ea.)	0.00
2025 FALL Lunch TJH Friday :433 - ServingDate: 09/18/2026	
Cheeseburger - TR1897 (1 ea.)	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - September, 2026

Generated on: 8/27/2026 1:29:09 PM by Kevin White

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Lunch TJH Friday :433 - ServingDate: 09/18/2026																			
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	20	420.60	12.59	1.76	0.00	64.70	778.92	50.35	4.35	5.18	4.00	27.35	2.27	139.53	0.00	0.00	0.00(M)	494.11(M)	0.00(M)
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	65	212.41	9.80	1.63	0.00	0.00	343.13	32.68	1.63	1.63	0.00	1.63	0.59	0.00	163.40	5.88	0.00	490.19	0.00
Normandy Blend Vegetables - TR2019 (1/2 c.)	15	35.38	1.40	0.30	0.00	0.00	83.20	4.68	1.87	1.87	0.00	0.94	0.00	18.70	0.00	0.00	0.00(M)	201.08(M)	0.00(M)
Apple Red Delicouis - TR1420 (1 ea.)	20	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Peaches - TR1504 (1/2 c.)	25	60.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	7.00	1.00	0.00	0.00	0.00	0.00	0.00	80.84	0.00
Signature Fruit Cup - TR2043 (1 ea.)	50	125.75	0.46	0.22	0.00	1.88	68.42	28.54	2.23	21.31	3.00	2.41	0.07	114.42	85.00	1.00	1.31(M)	177.00(M)	966.58(M)
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	10	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	15	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	0.00	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	70	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL Lunch TJH Monday BBQ - ServingDate: 09/21/2026																			
Chicken Drumstick - TR1739 (1 ea.)	30	191.47	11.70	2.66	0.00	90.42	329.75	4.25	0.00	0.00	0.00	17.02	0.77	14.89	0.00	0.00	0.00	201.98	0.00
Fruit & Yogurt Plate - TR1218 (1 ea.)	10	452.00	11.20	5.00	0.00	25.00	376.00	77.50	5.50	52.00	11.00	13.50	2.52	480.00	234.96	37.20	2.00(M)	335.58(M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	9	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00

Menu Calendar Nutrient Analysis Report - September, 2026

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch TJH Friday :433 - ServingDate: 09/18/2026	
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	0.00(M)
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	0.00
Normandy Blend Vegetables - TR2019 (1/2 c.)	0.00(M)
Apple Red Delicoius - TR1420 (1 ea.)	(M)
Chilled Peaches - TR1504 (1/2 c.)	0.00
Signature Fruit Cup - TR2043 (1 ea.)	1.09(M)
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	0.00
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
2025 FALL Lunch TJH Monday BBQ - ServingDate: 09/21/2026	
Chicken Drumstick - TR1739 (1 ea.)	0.00
Fruit & Yogurt Plate - TR1218 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - September, 2026

Generated on: 8/27/2026 1:29:09 PM by Kevin White

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Lunch TJH Monday BBQ - ServingDate: 09/21/2026																			
Premium BBQ Beef from Yoakum Texas ! - TR1140 (1 Scoop)	50	130.00	2.60	1.00	0.00	35.00	590.00	13.00	2.00	9.00	(M)	16.00	2.70	40.00	200.00	1.20	(M)	(M)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Garlic Breadstick - TR1622 (1 ea.)	55	160.00	4.50	1.00	0.00	0.00	140.00	25.00	2.00	2.00	0.00	4.00	1.40	10.00	0.00	0.00	0.10	210.09	0.00
BBQ Sandwich - TR1141 (1 ea.)	25	150.00	2.00	0.00	0.00	0.00	260.00	28.00	2.00	4.00	4.00	5.00	1.00	116.00	0.00	0.00	0.00	85.07	0.00
Baked Potato - TR1139 (1 ea.)	25	170.00	0.00	0.00	0.00	0.00	25.00	37.00	4.00	2.00	(M)	5.00	1.80	40.00	0.00	21.00	(M)	(M)	(M)
Baked Beans - TR1186 (1/2 c.)	25	163.47	0.00	0.00	0.00	0.00	415.73	33.12	6.24	14.29	13.15	7.28	1.87	41.60	0.00	0.00	0.00	280.57	0.00
Carrot Coins - TR1086 (1/2 c.)	20	38.18	1.12	0.24	0.00	0.00	155.95	6.53	2.45	4.08	0.00	0.82	0.29	32.66	1616.60	1.96	0.00(M)	0.00(M)	0.00(M)
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	25	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Peaches - TR1505 (1/2 c.)	25	54.17	0.00	0.00	0.00	0.00	0.00	13.00	1.08	10.83	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	223.17(M)	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	10	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Shredded Cheese - TR1259 (1/8 c.)	20	55.00	4.50	3.00	0.00	12.50	95.00	0.50	0.00	0.00	0.00	3.50	0.00	101.00	0.00	0.00	0.00	10.00	0.00
Pickles Sliced - TR1214 (3 ea.)	25	1.67	0.00	0.00	0.00	0.00	153.33	0.33	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
BBQ Sauce - TR1151 (1 ea.)	25	35.00	0.00	0.00	0.00	0.00	65.00	8.00	0.00	7.00	7.00	0.00	0.00	0.00	0.00	0.00	0.00	115.15	0.00
Sour Cream - TR1098 (1 pkg.)	25	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	0.00	1.00	0.00	20.00	0.00	0.00	0.00	0.00	0.00
2025 FALL Lunch TJH Tuesday Nacho Menu :433 - ServingDate: 09/22/2026																			
Beef Chili - TR1808 (1 #8 scoop)	40	142.00	12.00	4.40	0.70	40.00	371.99	9.00	3.00	3.00	0.00	14.00	3.00	49.00	0.00	10.00	0.00	911.78	0.00

Menu Calendar Nutrient Analysis Report - September, 2026

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch TJH Monday BBQ - ServingDate: 09/21/2026	
Premium BBQ Beef from Yoakum Texas ! - TR1140 (1 Scoop)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Garlic Breadstick - TR1622 (1 ea.)	0.00
BBQ Sandwich - TR1141 (1 ea.)	0.00
Baked Potato - TR1139 (1 ea.)	(M)
Baked Beans - TR1186 (1/2 c.)	0.00
Carrot Coins - TR1086 (1/2 c.)	0.00(M)
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Chilled Peaches - TR1505 (1/2 c.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Shredded Cheese - TR1259 (1/8 c.)	0.00
Pickles Sliced - TR1214 (3 ea.)	(M)
BBQ Sauce - TR1151 (1 ea.)	0.00
Sour Cream - TR1098 (1 pkg.)	0.00
2025 FALL Lunch TJH Tuesday Nacho Menu :433 - ServingDate: 09/22/2026	
Beef Chili - TR1808 (1 #8 scoop)	0.00

Menu Calendar Nutrient Analysis Report - September, 2026

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Lunch TJH Tuesday Nacho Menu :433 - ServingDate: 09/22/2026																			
Chicken Popper Ranch Salad - TR1920 (1 ea.)	3	676.01	27.30	6.00	0.00	61.50	863.84	81.70	9.78	35.17	5.00	29.70	9.63	125.78	3938.79	14.95	0.00(M)	130.00(M)	0.00(M)
Crispy Beef Tacos - TR1949 (2 ea.)	10	361.06	24.07	9.03	0.00	50.15	661.93	24.07	2.01	2.01	0.00	14.04	2.17	300.88	0.00	0.00	2.41	261.14	0.00
Chicken Fajitas - TR2016 (3 oz.)	30	121.44	6.07	0.00	0.00	75.90	313.72	2.02	0.00	0.00	0.00	15.18	0.36	0.00	0.00	0.00	0.00	212.52	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	6	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Crispy Rolled Chicken Tacos - TR2039 (2 ea.)	10	423.52	18.15	4.03	0.00	60.50	847.04	42.35	0.00	2.02	0.00	22.18	2.90	121.01	0.00	0.00	0.00	604.75	0.00
Whole Grain Tortilla Chips - TR1653 (20 Chips)	70	283.50	14.18	6.08	0.00	0.00	303.75	34.42	2.02	0.00	0.00	4.05	0.73	40.50	0.00	0.00	0.00	0.00	0.00
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Golden Corn - TR1095 (1/2 c.)	30	76.42	2.12	0.24	0.00	0.00	99.94	15.96	2.00	2.99	0.00	2.00	0.36	0.14	99.74	4.79	0.00(M)	99.89(M)	4.73(M)
Salsa Cup - TR1072 (1 ea.)	10	25.00	0.00	0.00	0.00	0.00	135.00	5.00	1.00	3.00	0.00	1.00	0.36	20.00	300.00	7.20	0.00	200.22	0.00
Tia Cecilia's Refried Beans - TR2059 (1/2 c.)	20	165.19	2.79	0.50	0.00	2.08	231.19	26.28	4.41	1.35	0.00	6.69	0.12	23.75	194.58	2.05	0.00(M)	1.68(M)	9.85(M)
Banana - TR1056 (1 ea.)	30	104.01	0.39	0.00	0.00	0.00	0.99	26.75	2.97	14.36	0.00	1.29	0.31	5.94	75.29	9.91	0.00	418.04	0.00
Chilled Pears - TR1508 (1/2 c.)	25	65.00	0.00	0.00	0.00	0.00	0.00	16.25	2.17	11.92	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	150.58(M)	0.00
Signature Fruit Cup - TR2043 (1 ea.)	35	125.75	0.46	0.22	0.00	1.88	68.42	28.54	2.23	21.31	3.00	2.41	0.07	114.42	85.00	1.00	1.31(M)	177.00(M)	966.58(M)
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	10	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Cheese Sauce - TR1624 (2 fl. oz.)	50	112.00	9.00	4.90	0.00	26.00	385.00	2.00	0.00	1.00	0.00	6.00	0.00	204.00	0.00	0.00	0.00	277.77	0.00
Fiesta Salad - TR1101 (1/2 c.)	15	5.00	0.00	0.00	0.00	0.00	3.20	1.44	0.44	0.88	0.00	0.44	0.16	6.40	218.00	2.21	(M)	(M)	0.00(M)

Menu Calendar Nutrient Analysis Report - September, 2026

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch TJH Tuesday Nacho Menu :433 - ServingDate: 09/22/2026	
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Crispy Beef Tacos - TR1949 (2 ea.)	0.00
Chicken Fajitas - TR2016 (3 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Crispy Rolled Chicken Tacos - TR2039 (2 ea.)	0.00
Whole Grain Tortilla Chips - TR1653 (20 Chips)	0.00
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Golden Corn - TR1095 (1/2 c.)	0.01(M)
Salsa Cup - TR1072 (1 ea.)	0.00
Tia Cecilia's Refried Beans - TR2059 (1/2 c.)	0.01(M)
Banana - TR1056 (1 ea.)	0.00
Chilled Pears - TR1508 (1/2 c.)	0.00
Signature Fruit Cup - TR2043 (1 ea.)	1.09(M)
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Cheese Sauce - TR1624 (2 fl. oz.)	0.00
Fiesta Salad - TR1101 (1/2 c.)	0.00(M)

Menu Calendar Nutrient Analysis Report - September, 2026

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Lunch TJH Tuesday Nacho Menu :433 - ServingDate: 09/22/2026																			
Peppers & Onions - TR1970 (1/4 c.)	10	42.41	0.80	0.00	0.00	0.00	116.63	7.42	1.59	3.71	0.53	1.06	0.38	10.60	53.01	12.72	0.00	121.84	0.00
Sour Cream - TR1098 (1 pkg.)	15	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	0.00	1.00	0.00	20.00	0.00	0.00	0.00	0.00	0.00
2025 Fall Lunch TJH Wednesday Bowls :433 - ServingDate: 09/23/2026																			
Beef Steak Fingers - TR1937 (5 ea.)	30	300.00	16.25	6.25	0.00	43.75	287.50	20.00	3.75	1.25	0.00	20.00	3.75	43.75	0.00	0.00	0.00	531.10	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	5	676.01	27.30	6.00	0.00	61.50	863.84	81.70	9.78	35.17	5.00	29.70	9.63	125.78	3938.79	14.95	0.00(M)	130.00(M)	0.00(M)
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	30	243.00	11.14	2.02	0.00	60.75	607.50	15.19	2.02	2.02	2.02	20.25	1.01	0.00	0.00	0.00	0.00	485.87	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	30	259.14	11.96	2.49	0.00	54.82	488.37	13.95	1.99	1.00	0.00	22.92	1.44	0.00	0.00	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	4	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Whole Grain Roll - TR1005 (1 ea.)	45	170.00	2.00	0.50	0.00	0.00	170.00	31.00	3.00	8.00	7.00	5.00	1.44	0.00	0.00	0.00	0.00	100.11	0.00
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Mashed Potatoes New do not sell students - TR2096 (1/2 c.)	50	70.00	1.00	0.00	0.00	0.00	310.00	14.00	1.00	0.00	0.00	2.00	0.00	10.00	0.00	0.00	0.00	320.07	0.00
Mixed Vegetables - TR1150 (1/2 c.)	10	68.84	0.56	0.12	0.00	0.00	94.35	12.81	3.20	4.27	0.00	2.13	0.77	21.35	0.00	5.12	0.00(M)	117.38(M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	10	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	2.00	11.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	10	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00

Menu Calendar Nutrient Analysis Report - September, 2026

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch TJH Tuesday Nacho Menu :433 - ServingDate: 09/22/2026	
Peppers & Onions - TR1970 (1/4 c.)	0.00
Sour Cream - TR1098 (1 pkg.)	0.00
2025 Fall Lunch TJH Wednesday Bowls :433 - ServingDate: 09/23/2026	
Beef Steak Fingers - TR1937 (5 ea.)	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Whole Grain Roll - TR1005 (1 ea.)	0.00
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Mashed Potatoes New do not sell students - TR2096 (1/2 c.)	0.00
Mixed Vegetables - TR1150 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00

Menu Calendar Nutrient Analysis Report - September, 2026

Generated on: 8/27/2026 1:29:09 PM by Kevin White

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 Fall Lunch TJH Wednesday Bowls :433 - ServingDate: 09/23/2026																			
Shredded Monterrey Jack Cheese - TR1069 (1/2 oz.)	50	55.69	4.56	3.04	0.00	12.66	96.19	0.51	0.00	0.00	0.00	3.54	0.00	50.62	151.88	0.00	0.00	10.13	0.00
Country Gravy - TR1074 (4 tbsp.)	20	47.25	2.36	1.18	0.00	0.00	249.84	5.91	0.00	0.00	0.00(M)	0.00	0.00	1.77	0.00	0.00	(M)	(M)	59.08 (M)
Ketchup - TR1088 (2 ea.)	20	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
BBQ Sauce - TR1151 (1 ea.)	10	35.00	0.00	0.00	0.00	0.00	65.00	8.00	0.00	7.00	7.00	0.00	0.00	0.00	0.00	0.00	0.00	115.15	0.00
Buffalo Ranch Sauce - TR1854 (1 ea.)	10	60.10	4.51	0.50	0.00	5.01	140.25	5.01	0.00	2.00	2.00	0.00	0.00	10.02	0.00	1.20	0.00	110.17	0.00
2025 FALL Lunch TJH Thursday Asian :433 - ServingDate: 09/24/2026																			
Chicken Popper Ranch Salad - TR1920 (1 ea.)	3	676.01	27.30	6.00	0.00	61.50	863.84	81.70	9.78	35.17	5.00	29.70	9.63	125.78	3938.79	14.95	0.00(M)	130.00 (M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	6	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	15	262.50	7.35	0.53	0.00	36.75	556.49	32.55	2.10	2.10	1.05	18.90	3.15	36.75	0.00	0.00	0.00	314.85	0.00
Premium Chicken Tangerine - TR1640 (7 1/2 oz.)	55	403.85	13.46	2.88	0.00	96.15	807.69	50.00	1.92	25.00	25.00	23.08	1.38	19.23	0.00	0.00	0.00	327.19	0.00
Premium Teriyaki Chicken - TR1641 (4 1/4 oz.)	20	197.32	5.31	1.52	0.00	106.25	728.57	15.18	0.00	13.66	(M)	22.77	1.09	0.00	0.00	0.00	(M)	(M)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Asian Brown Rice - TR1663 (1 c.)	75	139.24	3.85	0.64	0.00	0.00	205.64	23.11	1.72	1.00	0.00	3.00	0.53	4.90	0.00	0.77	0.00(M)	17.60 (M)	56.72 (M)
Baby Carrots & Ranch - TR1156 (1/2 c.)	20	95.94	7.00	1.00	0.00	5.00	207.08	8.23	2.08	4.11	0.00	1.00	7.47	20.76	9859.22	2.49	0.00(M)	0.00(M)	0.00
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	20	17.10	1.12	0.24	0.00	0.00	153.50	1.50	1.13	0.38	0.00	0.75	0.41	17.63	0.00	27.68	0.00(M)	67.50 (M)	0.00(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	25	70.00	0.00	0.00	0.00	0.00	0.00	17.00	1.00	15.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	70.03	0.00

Menu Calendar Nutrient Analysis Report - September, 2026

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Ash (g)
2025 Fall Lunch TJH Wednesday Bowls :433 - ServingDate: 09/23/2026	
Shredded Monterrey Jack Cheese - TR1069 (1/2 oz.)	0.00
Country Gravy - TR1074 (4 tbsp.)	0.06(M)
Ketchup - TR1088 (2 ea.)	0.00
BBQ Sauce - TR1151 (1 ea.)	0.00
Buffalo Ranch Sauce - TR1854 (1 ea.)	0.00
2025 FALL Lunch TJH Thursday Asian :433 - ServingDate: 09/24/2026	
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Chicken & Vegetable Potstickers - TR1790 (6 ea.)	0.00
Premium Chicken Tangerine - TR1640 (7 1/2 oz.)	0.00
Premium Teriyaki Chicken - TR1641 (4 1/4 oz.)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Asian Brown Rice - TR1663 (1 c.)	0.06(M)
Baby Carrots & Ranch - TR1156 (1/2 c.)	0.00
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	0.00(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00

Menu Calendar Nutrient Analysis Report - September, 2026

Generated on: 8/27/2026 1:29:09 PM by Kevin White

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Lunch TJH Thursday Asian :433 - ServingDate: 09/24/2026																			
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	35	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00
Orange Wedges - TR1057 (1 ea.)	25	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	0.00	1.00	0.00	60.00	300.00	72.00	0.00	235.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	10	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Fortune Cookie - TR1002 (1 ea)	25	70.00	0.00	0.00	0.00	0.00	0.00	16.00	0.00	10.00	10.00	1.00	0.00	3.00	0.00	0.00	0.00	23.03	0.00
Sweet & Sour Sauce - TR1114 (3 ea.)	10	45.00	0.00	0.00	0.00	0.00	210.00	12.00	0.00	12.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	12.69	0.00
2025 FALL Lunch TJH Friday :433 - ServingDate: 09/25/2026																			
Cheeseburger - TR1897 (1 ea.)	30	395.00	19.00	4.25	0.00	67.50	615.00	31.00	2.00	5.00	4.00	23.50	3.00	325.00	300.00	0.00	0.10(M)	458.00 (M)	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	10	676.01	27.30	6.00	0.00	61.50	863.84	81.70	9.78	35.17	5.00	29.70	9.63	125.78	3938.79	14.95	0.00(M)	130.00 (M)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	30	350.00	12.00	2.00	0.00	45.00	590.00	37.00	3.00	5.00	5.00	24.00	2.08	136.00	0.00	0.00	0.00	769.86	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	9	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	20	420.60	12.59	1.76	0.00	64.70	778.92	50.35	4.35	5.18	4.00	27.35	2.27	139.53	0.00	0.00	0.00(M)	494.11 (M)	0.00(M)
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	65	212.41	9.80	1.63	0.00	0.00	343.13	32.68	1.63	1.63	0.00	1.63	0.59	0.00	163.40	5.88	0.00	490.19	0.00
Normandy Blend Vegetables - TR2019 (1/2 c.)	15	35.38	1.40	0.30	0.00	0.00	83.20	4.68	1.87	1.87	0.00	0.94	0.00	18.70	0.00	0.00	0.00(M)	201.08 (M)	0.00(M)

Menu Calendar Nutrient Analysis Report - September, 2026

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch TJH Thursday Asian :433 - ServingDate: 09/24/2026	
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Fortune Cookie - TR1002 (1 ea)	0.00
Sweet & Sour Sauce - TR1114 (3 ea.)	0.00
2025 FALL Lunch TJH Friday :433 - ServingDate: 09/25/2026	
Cheeseburger - TR1897 (1 ea.)	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	0.00(M)
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	0.00
Normandy Blend Vegetables - TR2019 (1/2 c.)	0.00(M)

Menu Calendar Nutrient Analysis Report - September, 2026

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Lunch TJH Friday :433 - ServingDate: 09/25/2026																			
Apple Red Delicoius - TR1420 (1 ea.)	20	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Peaches - TR1504 (1/2 c.)	25	60.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	7.00	1.00	0.00	0.00	0.00	0.00	0.00	80.84	0.00
Signature Fruit Cup - TR2043 (1 ea.)	50	125.75	0.46	0.22	0.00	1.88	68.42	28.54	2.23	21.31	3.00	2.41	0.07	114.42	85.00	1.00	1.31(M)	177.00 (M)	966.58 (M)
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	10	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	15	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	0.00	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	70	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL Lunch TJH Monday BBQ - ServingDate: 09/28/2026																			
Chicken Drumstick - TR1739 (1 ea.)	30	191.47	11.70	2.66	0.00	90.42	329.75	4.25	0.00	0.00	0.00	17.02	0.77	14.89	0.00	0.00	0.00	201.98	0.00
Fruit & Yogurt Plate - TR1218 (1 ea.)	10	452.00	11.20	5.00	0.00	25.00	376.00	77.50	5.50	52.00	11.00	13.50	2.52	480.00	234.96	37.20	2.00(M)	335.58 (M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	9	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Premium BBQ Beef from Yoakum Texas ! - TR1140 (1 Scoop)	50	130.00	2.60	1.00	0.00	35.00	590.00	13.00	2.00	9.00	(M)	16.00	2.70	40.00	200.00	1.20	(M)	(M)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Garlic Breadstick - TR1622 (1 ea.)	55	160.00	4.50	1.00	0.00	0.00	140.00	25.00	2.00	2.00	0.00	4.00	1.40	10.00	0.00	0.00	0.10	210.09	0.00
BBQ Sandwich - TR1141 (1 ea.)	25	150.00	2.00	0.00	0.00	0.00	260.00	28.00	2.00	4.00	4.00	5.00	1.00	116.00	0.00	0.00	0.00	85.07	0.00
Baked Potato - TR1139 (1 ea.)	25	170.00	0.00	0.00	0.00	0.00	25.00	37.00	4.00	2.00	(M)	5.00	1.80	40.00	0.00	21.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - September, 2026

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch TJH Friday :433 - ServingDate: 09/25/2026	
Apple Red Delicoius - TR1420 (1 ea.)	(M)
Chilled Peaches - TR1504 (1/2 c.)	0.00
Signature Fruit Cup - TR2043 (1 ea.)	1.09(M)
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	0.00
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
2025 FALL Lunch TJH Monday BBQ - ServingDate: 09/28/2026	
Chicken Drumstick - TR1739 (1 ea.)	0.00
Fruit & Yogurt Plate - TR1218 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Premium BBQ Beef from Yoakum Texas ! - TR1140 (1 Scoop)	(M)
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Garlic Breadstick - TR1622 (1 ea.)	0.00
BBQ Sandwich - TR1141 (1 ea.)	0.00
Baked Potato - TR1139 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - September, 2026

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Lunch TJH Monday BBQ - ServingDate: 09/28/2026																			
Baked Beans - TR1186 (1/2 c.)	25	163.47	0.00	0.00	0.00	0.00	415.73	33.12	6.24	14.29	13.15	7.28	1.87	41.60	0.00	0.00	0.00	280.57	0.00
Carrot Coins - TR1086 (1/2 c.)	20	38.18	1.12	0.24	0.00	0.00	155.95	6.53	2.45	4.08	0.00	0.82	0.29	32.66	1616.60	1.96	0.00(M)	0.00(M)	0.00(M)
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	25	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Peaches - TR1505 (1/2 c.)	25	54.17	0.00	0.00	0.00	0.00	0.00	13.00	1.08	10.83	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	223.17(M)	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	10	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Shredded Cheese - TR1259 (1/8 c.)	20	55.00	4.50	3.00	0.00	12.50	95.00	0.50	0.00	0.00	0.00	3.50	0.00	101.00	0.00	0.00	0.00	10.00	0.00
Pickles Sliced - TR1214 (3 ea.)	25	1.67	0.00	0.00	0.00	0.00	153.33	0.33	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
BBQ Sauce - TR1151 (1 ea.)	25	35.00	0.00	0.00	0.00	0.00	65.00	8.00	0.00	7.00	7.00	0.00	0.00	0.00	0.00	0.00	0.00	115.15	0.00
Sour Cream - TR1098 (1 pkg.)	25	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	0.00	1.00	0.00	20.00	0.00	0.00	0.00	0.00	0.00
2025 FALL Lunch TJH Tuesday Nacho Menu :433 - ServingDate: 09/29/2026																			
Beef Chili - TR1808 (1 #8 scoop)	40	142.00	12.00	4.40	0.70	40.00	371.99	9.00	3.00	3.00	0.00	14.00	3.00	49.00	0.00	10.00	0.00	911.78	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	3	676.01	27.30	6.00	0.00	61.50	863.84	81.70	9.78	35.17	5.00	29.70	9.63	125.78	3938.79	14.95	0.00(M)	130.00(M)	0.00(M)
Crispy Beef Tacos - TR1949 (2 ea.)	10	361.06	24.07	9.03	0.00	50.15	661.93	24.07	2.01	2.01	0.00	14.04	2.17	300.88	0.00	0.00	2.41	261.14	0.00
Chicken Fajitas - TR2016 (3 oz.)	30	121.44	6.07	0.00	0.00	75.90	313.72	2.02	0.00	0.00	0.00	15.18	0.36	0.00	0.00	0.00	0.00	212.52	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	6	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00

Menu Calendar Nutrient Analysis Report - September, 2026

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch TJH Monday BBQ - ServingDate: 09/28/2026	
Baked Beans - TR1186 (1/2 c.)	0.00
Carrot Coins - TR1086 (1/2 c.)	0.00(M)
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Chilled Peaches - TR1505 (1/2 c.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Shredded Cheese - TR1259 (1/8 c.)	0.00
Pickles Sliced - TR1214 (3 ea.)	(M)
BBQ Sauce - TR1151 (1 ea.)	0.00
Sour Cream - TR1098 (1 pkg.)	0.00
2025 FALL Lunch TJH Tuesday Nacho Menu :433 - ServingDate: 09/29/2026	
Beef Chili - TR1808 (1 #8 scoop)	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Crispy Beef Tacos - TR1949 (2 ea.)	0.00
Chicken Fajitas - TR2016 (3 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - September, 2026

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Lunch TJH Tuesday Nacho Menu :433 - ServingDate: 09/29/2026																			
Crispy Rolled Chicken Tacos - TR2039 (2 ea.)	10	423.52	18.15	4.03	0.00	60.50	847.04	42.35	0.00	2.02	0.00	22.18	2.90	121.01	0.00	0.00	0.00	604.75	0.00
Whole Grain Tortilla Chips - TR1653 (20 Chips)	70	283.50	14.18	6.08	0.00	0.00	303.75	34.42	2.02	0.00	0.00	4.05	0.73	40.50	0.00	0.00	0.00	0.00	0.00
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Golden Corn - TR1095 (1/2 c.)	30	76.42	2.12	0.24	0.00	0.00	99.94	15.96	2.00	2.99	0.00	2.00	0.36	0.14	99.74	4.79	0.00(M)	99.89 (M)	4.73(M)
Salsa Cup - TR1072 (1 ea.)	10	25.00	0.00	0.00	0.00	0.00	135.00	5.00	1.00	3.00	0.00	1.00	0.36	20.00	300.00	7.20	0.00	200.22	0.00
Tia Cecilia's Refried Beans - TR2059 (1/2 c.)	20	165.19	2.79	0.50	0.00	2.08	231.19	26.28	4.41	1.35	0.00	6.69	0.12	23.75	194.58	2.05	0.00(M)	1.68(M)	9.85(M)
Banana - TR1056 (1 ea.)	30	104.01	0.39	0.00	0.00	0.00	0.99	26.75	2.97	14.36	0.00	1.29	0.31	5.94	75.29	9.91	0.00	418.04	0.00
Chilled Pears - TR1508 (1/2 c.)	25	65.00	0.00	0.00	0.00	0.00	0.00	16.25	2.17	11.92	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	150.58 (M)	0.00
Signature Fruit Cup - TR2043 (1 ea.)	35	125.75	0.46	0.22	0.00	1.88	68.42	28.54	2.23	21.31	3.00	2.41	0.07	114.42	85.00	1.00	1.31(M)	177.00 (M)	966.58 (M)
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	10	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Cheese Sauce - TR1624 (2 fl. oz.)	50	112.00	9.00	4.90	0.00	26.00	385.00	2.00	0.00	1.00	0.00	6.00	0.00	204.00	0.00	0.00	0.00	277.77	0.00
Fiesta Salad - TR1101 (1/2 c.)	15	5.00	0.00	0.00	0.00	0.00	3.20	1.44	0.44	0.88	0.00	0.44	0.16	6.40	218.00	2.21	(M)	(M)	0.00(M)
Peppers & Onions - TR1970 (1/4 c.)	10	42.41	0.80	0.00	0.00	0.00	116.63	7.42	1.59	3.71	0.53	1.06	0.38	10.60	53.01	12.72	0.00	121.84	0.00
Sour Cream - TR1098 (1 pkg.)	15	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	0.00	1.00	0.00	20.00	0.00	0.00	0.00	0.00	0.00
2025 Fall Lunch TJH Wednesday Bowls :433 - ServingDate: 09/30/2026																			
Beef Steak Fingers - TR1937 (5 ea.)	30	300.00	16.25	6.25	0.00	43.75	287.50	20.00	3.75	1.25	0.00	20.00	3.75	43.75	0.00	0.00	0.00	531.10	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	5	676.01	27.30	6.00	0.00	61.50	863.84	81.70	9.78	35.17	5.00	29.70	9.63	125.78	3938.79	14.95	0.00(M)	130.00 (M)	0.00(M)

Menu Calendar Nutrient Analysis Report - September, 2026

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch TJH Tuesday Nacho Menu :433 - ServingDate: 09/29/2026	
Crispy Rolled Chicken Tacos - TR2039 (2 ea.)	0.00
Whole Grain Tortilla Chips - TR1653 (20 Chips)	0.00
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Golden Corn - TR1095 (1/2 c.)	0.01(M)
Salsa Cup - TR1072 (1 ea.)	0.00
Tia Cecilia's Refried Beans - TR2059 (1/2 c.)	0.01(M)
Banana - TR1056 (1 ea.)	0.00
Chilled Pears - TR1508 (1/2 c.)	0.00
Signature Fruit Cup - TR2043 (1 ea.)	1.09(M)
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Cheese Sauce - TR1624 (2 fl. oz.)	0.00
Fiesta Salad - TR1101 (1/2 c.)	0.00(M)
Peppers & Onions - TR1970 (1/4 c.)	0.00
Sour Cream - TR1098 (1 pkg.)	0.00
2025 Fall Lunch TJH Wednesday Bowls :433 - ServingDate: 09/30/2026	
Beef Steak Fingers - TR1937 (5 ea.)	0.00
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)

Menu Calendar Nutrient Analysis Report - September, 2026

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 Fall Lunch TJH Wednesday Bowls :433 - ServingDate: 09/30/2026																			
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	30	243.00	11.14	2.02	0.00	60.75	607.50	15.19	2.02	2.02	2.02	20.25	1.01	0.00	0.00	0.00	0.00	485.87	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	30	259.14	11.96	2.49	0.00	54.82	488.37	13.95	1.99	1.00	0.00	22.92	1.44	0.00	0.00	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	4	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Whole Grain Roll - TR1005 (1 ea.)	45	170.00	2.00	0.50	0.00	0.00	170.00	31.00	3.00	8.00	7.00	5.00	1.44	0.00	0.00	0.00	0.00	100.11	0.00
Ranch Garden Salad - TR2089 (1 c.)	10	86.39	7.00	1.00	0.00	5.00	165.29	6.01	1.29	2.82	0.00	2.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Mashed Potatoes New do not sell students - TR2096 (1/2 c.)	50	70.00	1.00	0.00	0.00	0.00	310.00	14.00	1.00	0.00	0.00	2.00	0.00	10.00	0.00	0.00	0.00	320.07	0.00
Mixed Vegetables - TR1150 (1/2 c.)	10	68.84	0.56	0.12	0.00	0.00	94.35	12.81	3.20	4.27	0.00	2.13	0.77	21.35	0.00	5.12	0.00(M)	117.38(M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	10	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	2.00	11.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	70	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	10	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Shredded Monterrey Jack Cheese - TR1069 (1/2 oz.)	50	55.69	4.56	3.04	0.00	12.66	96.19	0.51	0.00	0.00	0.00	3.54	0.00	50.62	151.88	0.00	0.00	10.13	0.00
Country Gravy - TR1074 (4 tbsp.)	20	47.25	2.36	1.18	0.00	0.00	249.84	5.91	0.00	0.00	0.00(M)	0.00	0.00	1.77	0.00	0.00	(M)	(M)	59.08(M)
Ketchup - TR1088 (2 ea.)	20	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
BBQ Sauce - TR1151 (1 ea.)	10	35.00	0.00	0.00	0.00	0.00	65.00	8.00	0.00	7.00	7.00	0.00	0.00	0.00	0.00	0.00	0.00	115.15	0.00
Buffalo Ranch Sauce - TR1854 (1 ea.)	10	60.10	4.51	0.50	0.00	5.01	140.25	5.01	0.00	2.00	2.00	0.00	0.00	10.02	0.00	1.20	0.00	110.17	0.00

Legend

Menu Calendar Nutrient Analysis Report - September, 2026

Site: ALL
Date: 09/01/2026 - 09/30/2026

Item Name (Serving Size)	Ash (g)
2025 Fall Lunch TJH Wednesday Bowls :433 - ServingDate: 09/30/2026	
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Grilled Cheese Sandwich - TR1078 (1 ea.)	0.00
Whole Grain Roll - TR1005 (1 ea.)	0.00
Ranch Garden Salad - TR2089 (1 c.)	0.00(M)
Mashed Potatoes New do not sell students - TR2096 (1/2 c.)	0.00
Mixed Vegetables - TR1150 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Shredded Monterrey Jack Cheese - TR1069 (1/2 oz.)	0.00
Country Gravy - TR1074 (4 tbsp.)	0.06(M)
Ketchup - TR1088 (2 ea.)	0.00
BBQ Sauce - TR1151 (1 ea.)	0.00
Buffalo Ranch Sauce - TR1854 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - September, 2026

Generated on: 8/27/2026 1:29:09 PM by Kevin White

Site: ALL
Date: 09/01/2026 - 09/30/2026

(M) - Missing Nutrient Values

Report Selections

Meal Type: Lunch
Site Group: Junior High
Menu Line: JH Main Line
Serving Group: 6-8
Nutrients Option: All