Kindness KICKOFF

Family Connection

PurposeFull People

Welcome!

Dear Family,

We are excited to tell you that we will be using **PurposeFull People** this year, a program that teaches skills to help students be successful in school and in life.

We believe that students should have safe, predictable places to learn where they feel included. Students should have healthy and helpful connections with teachers and classmates. They should also experience learning that will help them tackle challenges inside and outside of school. PurposeFull People is more than a set of lessons - it is a partnership between schools and families to create a place where students feel like they belong and learn skills that will help them be the best they can be!

The path forward is full of growth! We cannot wait to partner with you in this work...

- To teach students how to build strong friendships
- To work together to solve problems, big and small
- To grow skills for life
- To become PurposeFull People

Conversation Starters

- What does Kindness mean to you?
- What is something Kind you did for someone else today?

Kindness Overview

Our world needs more Kindness! That's why Kindness is how we are starting the school year. Our definition of Kindness is acting with understanding, generosity, and care. You'll hear a lot about Kindness this year because it is also 1 of our **3 outcomes:**

- **Be Kind**: Teaching social skills like listening, friendship, solving conflicts, and leadership.These skills are taught alongside **Empathy**, **Respect**, & **Cooperation**
- **Be Strong**: Skills that help students focus, stay organized, and set goals. These skills are taught alongside **Responsibility**, **Courage**, & **Perseverance**
- **Be Well**: Skills that help students handle their emotions and deal with stress. These skills are taught alongside **Gratitude**, **Honesty**, & **Creativity**