

Local System Wellness Policy Assessment Tool

Date of Assessment:

Object of Assessment: Local System Wellness Plan & Policy to be adopted

- 1. Below, list those involved with the assessment/update of the wellness policy as well as their relationship to the school/district (Public Involvement).**

Tyler Clemons – BHCS Board member
Brandon Reeder- BHCS Parent/Staff/Coach
Garrett Wright- BHCS Parent/Staff/Coach
John Hadden- BHP Asst. Principal/Coach
Allison Giddens- FHSCCA Nurse
Marilyn Jackson- FHSCCA Lunchroom Manager
Casey Cross- BHCS Child Nutrition Coordinator

- 2. Have we designated a SFA official in charge of overseeing Local School Wellness Policy compliance? Who are the officials?**

Principal, Christy Jacobs
Principal, Benja Luke
Principal, Michael Hietzman
Principal, John Gamble

- 3. Does the Wellness Policy include goal for nutrition education and nutrition promotion?**

- a. We promote healthy eating and nutrition education with bulletin boards, posters, signage, use of creative menus, etc.
- b. We place fruit and vegetable where they are easy to access (e.g. near the cafeteria cashier, near the front of the line or on the line).
- c. We ensure students to have access to restrooms, hand-sanitizer and hand washing facilities prior to meals.

- 4. Does our Local School Wellness Policy include goals for physical activity? Provide examples in comments space below.**

- a. We provide physical education for the elementary students on a weekly basis. Y/N
- b. Secondary students are required to take the equivalent of one academic year of PE.
- c. Recess is provided for all students K-5 to ensure daily activity.

5. What goals do we include in our Local School Wellness Policy for other school-based activities to promote student wellness? Provide example in the comments below.

- a. The dining environment is clean, safe and the food offered is colorful and appetizing.
- b. There are drinking fountains available for students on the hallways and water is available in the cafeterias.
- c. We have school district staff who are CPR certified (e.g. teacher, coaches, nurses).
- d. The district ensures lunch will be between 10:45-1:00pm. Students have adequate time for students to enjoy healthy foods with friend in school. We allow at least 15 minutes after sitting down to consume their meal.

6. What are our nutrition guidelines for all foods available on school campus? Provide example in comments below.

- a. We operate the School Breakfast Program before school at all schools.
- b. We have Certified Food Handler as our Food Service Managers. (All School Nutrition Managers are ServSafe certified).
- c. We have adopted and implemented *Smart Snack* nutrition standards for items sold to students during schools hours, including: as a La Carte offerings, in School Stores, and in Vending Machines.
- d. Nutrition labels of items sold to students on campus will be available upon request.

7. What is our plan for measuring implementation for the Local School Wellness Policy? Explain in comments space below.

8. What progress has been made toward attaining the goals listed in the Local School Policy?

- a. All goals are on track, but the goals will be monitored and maintained.

9. Is the school system in compliance?

Yes

10. How do we inform students, parent stakeholders and the public of the Local School Wellness Policy?

- a. It is posted on the School Nutrition website.

11. How are potential stakeholders made aware of their ability to participate in the development, assessment, update and implementation of the local School Wellness Policy?

- a. A members of the committee were asked to review the policy for compliance and completeness.
- b. All members sign off on the review of the policy yearly.

12. Based on our assessment, what updated/changes will be made to the Local School Wellness Policy? Describe the comments below.

- a. The school website will be available for parents to know about the nutrition guidelines.

13. How will the results of this assessment be made available to the public? Describe in the comments below.

- a. Copies of this assessment will be posted online with the Wellness Plan and Policy.

14. When will the next assessment and update of the policy occur?

- a. This policy will be reviewed again before school starts in 2027