aidan
MONTESSORI
SCHOOL

After-School Program (ASP) Snack Guidelines, 2026-2027

Every afternoon, ASP students gather for a healthy snack. The snack is served for Primary students at 2:50 p.m. in their classrooms and Elementary students at 3:40 p.m. in the Overhang.

Families are kindly asked to provide only fresh fruits and vegetables on a voluntary sign-up basis. Aidan will be providing non-perishable snacks such as crackers. You will find quantity guidelines listed below for your reference. If a particular week remains unassigned, I will reach out via email one week prior to ask for volunteers. Should no one be available, Aidan will provide the snacks for that week. Additionally, I will send a reminder email the week before your scheduled week. **Link for ASP Snack Sign up:** ASP Snack Sign Up

The groceries should be delivered to Aidan's Front Office Monday morning during drop off time. If you drop it off via the carpool line, please be sure to tell the staff member who takes the snack that it is for ASP. In addition, please label all bags "ASP."

If you are not able to bring snacks for your assigned week, or if you need to change your dates, please email Michael.

Thank you all for your assistance and flexibility in providing snacks!
Michael Pisigan and the ASP Staff

ASP Produce Quantities

Below shows an estimate of what we ask families to provide weekly. Please note: these are just examples! The items can absolutely be adjusted depending on the season or your child's favorite items! **Due to allergies, please do not bring anything containing nuts, peanuts or sesame.**

Fruit - pick four:

- Bananas (10)
- Oranges (10)
- Apples (10)
- Pears (10)
- Peaches (10)
- Clementines (2 bags)
- Berries (4 containers)
- Pineapples (2)
- Watermelon (2)

Veggies - pick four:

- Cucumbers (3)
- Bell peppers (3)
- Carrots (2 bags)
- Sugar snap peas (2 bag)
- Celery (2 stalk)
- Cherry tomatoes (2 bins)