

September 2026

EAT SMART
BE SMART

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

31

1

2

3

4

WELCOME
BACK TO
SCHOOL

EARLY DISMISSAL

EARLY DISMISSAL

LABOR DAY

7

Beef Soft Taco
Grilled Cheese Sandwich

Seasoned Black Beans
Lettuce & Tomatoes

8

Sweet & Sour Chicken over rice
Grilled Cheese Sandwich

Steamed Broccoli
Celery Sticks with Ranch

9

Meatball Sandwich
Grilled Cheese Sandwich

French Fries
Cucumber Slices

10

Pizza
Grilled Cheese Sandwich

Side Garden Salad

11

Chicken & Waffles
Cheeseburger on Bun

14

Sweet Potato Fries
Cucumber Slices

Walking Tacos
Cheeseburger on Bun

15

Seasoned Black Beans
Corn

Chicken Alfredo Over pasta W/
Garlic toast
Cheeseburger on Bun

16

Roasted Broccoli
Carrot Sticks w/ ranch

Grilled Cheese
Cheeseburger on Bun

17

Tomato Soup
Pepper Strips

Pizza
Cheeseburger on Bun

18

Side Garden Salad

Asian Chicken
with Rice
Hot Dog On Bun

21

Steamed Broccoli
Cucumber Slices

Chicken Quesidilla
Hot Dog On Bun

22

Corn
Salsa

French Toast sticks w/ sausage
Hot Dog On Bun

23

Tri Patty Tator
Carrot Sticks

Macaroni & Cheese W/ Garlic
toast

24

Hot Dog On Bun

Roasted Garden Peas
Celery

Pizza

25

Hot Dog on Bun

Side Garden Salad

Genera TSO Chicken W/rice
Cheeseburger On Bun

28

Steamed Broccoli

Beef Quesidilla
Cheeseburger On Bun

29

Black Beans
Corn

Pancakes & Sausage
Cheeseburger On Bun

30

Hash Brown Potato
Cucumber Slices

MAKE IT A MEAL!

Choose at least 3 of 5 meal components for the school lunch price:
Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a lunch.

Lunch Prices

Student \$3.85
Adult \$5.00

Available Daily**Fruit & Veggie Selection**

Fresh fruit, fruit cups

Bagged sliced fresh veggies, cucumbers, celery, carrots, peppers

Students may choose two ½ cup servings.

Milk Selection: 1 % milk

Your Dining Services Team

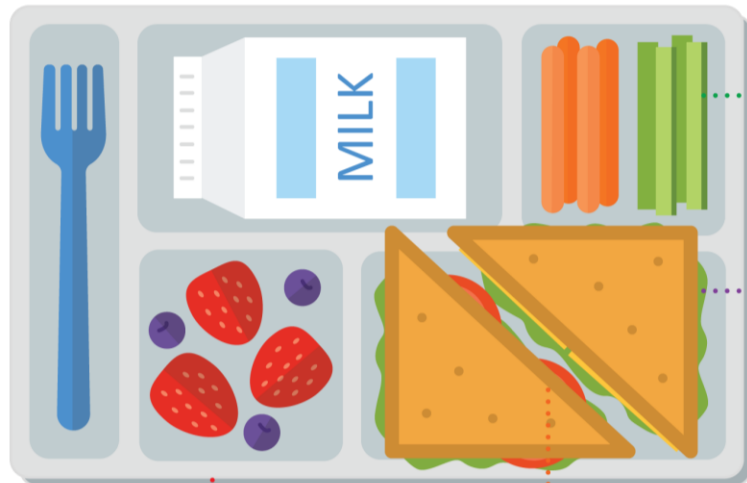
Nancy Piazza
Food Service Director
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(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free | (H) Halal

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

NUTRI-SERVE
FOOD MANAGEMENT, INC. by Metz



MILK IS MIGHTY

Non-fat and low fat options. Flavors like chocolate and strawberry. Calcium builds bones and teeth!



GNAW ON RAW

Veggie Patch, salad, and cooked. Veggies have fiber for digestion



POWER UP WITH PROTEIN

Meat, cheese, eggs, yogurt, and peanut butter. Protein helps us grow!



WHOLE GRAINS = WHOLE PACKAGE

Bread, cereal, and crackers. Grains give us energy!



PURSUIT FOR FRUIT

Fresh, cupped, or 100% juice, fruit is nutrient-packed!

MAKE IT A MEAL!

Choose at least **3** of **5** meal components for the school lunch price:

Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum of $\frac{1}{2}$ cup serving of fruit or vegetable must accompany a school lunch.

LUNCH PRICES

Student Lunch:	\$3.70
Adult Lunch:	\$5.00

schoolcafé

View menus on the go!
SchoolCafe provides an easy way to view our menus and manage your account.



Meet Your
nutritious friends

Peach Puppies



YOUR DINING SERVICES TEAM

Nancy Piazza, Food Service Director | nancy.piazza@metzcorp.com

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