The Nest

Lunch Menu

August 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	**4**	**5**	**6**	**7**
10	**11**	**12**	**13**	**14**
17	**18**	**19**	**20**	**21**
24	**25** **First Day** Chicken Taco WG Shell Spiced Pinto Beans Mixed Fruit 1% Unflavored White Milk	**26** Crispy Chicken Sandwich WG Bun Mashed Potatoes Banana 1% Unflavored White Milk	**27** All Amerian Hamburger on WG Bun Mashed Potatoes Applesauce 1% Unflavored White Milk	**28** Cheese Pizza WG Crust Garlic & Herb Broccoli Diced Pear 1% Unflavored White Milk
31 Macaroni & Cheese WG Pasta Broccoli Florets Diced Peaches 1% Unflavored White Milk	**1**			This is for Food 4 Thought

PRICES

EXTRA INFO

White Milk is Included with Lunch

HARVEST OF THE MONTH



Your MENUS plus more information on our app Taher Food4Life®

FOOD 4 LIFE TAHER

www.taher.com

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