Holy Spirit

Lunch Menu

September 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 This is for Food 4 Thought	**1** Beef Tacos, Soft Lettuce and Tomato Honey Mustard Ham Wrap French Fries Other Vegetable Fruit Selection 1% Unflavored White Milk	**2** Italian Toasted Cheese Sand with Marinara Marinara Sauce Honey Mustard Ham Wrap Caesar Side Salad Other Vegetable Fruit Selection 1% Unflavored White Milk	**3** Oven Fried Chicken Leg Flaky Biscuit Honey Mustard Ham Wrap Mashed Potatoes Country Gravy Other Vegetable Fruit Selection	**4** **No School**
7 **Labor Day**	**8** Fluffy Pancakes with Fruit Topping Easy Egg Bake Build a Sandwich Sweet Potato Tots OtherVegetable Fruit Selection 1% Unflavored White Milk	**9** Homemade Orange Chicken Brown Rice, WG Build a Sandwich Steamed Carrots Other Vegetable Fruit Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**10** Roasted Beef Hot Dog on a Bun Build a Sandwich Baked Beans, Vegetarian Other Vegetable Fruit Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**11** Pasta Bar Garlic Toast Roasted Broccoli Other Vegetable Fruit Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk
14 Crispy Chicken Sandwich WG Bun Chicken Caesar Salad French Fries HOM - Dill Pickle Salad Other Vegetable Fruit Selection 1% Unflavored White Milk	**15** Lasagna Garlic Toast Chicken Caesar Salad Roasted Broccoli Other Vegetable Fruit Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**16** All Amerian Hamburger on WG Bun Lettuce and Tomato Chicken Caesar Salad Kung Fu Carrots OtherVegetable Fruit Selection 1% Unflavored White Milk	**17** Beefy Nachos w/Cheese Sauce Lettuce, Tomato and Cheese Chicken Caesar Salad Black Beans Other Vegetable Fruit Selection 1% Unflavored White Milk	**18** Homemade Pepperoni Pizza California Blend Vegetable Other Vegetable Fruit Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk
21 Philly Cheesesteak Cucumber Ranch Salad Buffalo Breaded Chicken Wrap Seasoned Ranch Wedges Other Vegetable Fruit Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**22** Queso Chicken and Spanish Rice Buffalo Breaded Chicken Wrap Sweet Potato Tots Other Vegetable Fruit Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**23** Max Stix Marinara Sauce Buffalo Breaded Chicken Wrap Roasted Broccoli Other Vegetable Fruit Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**24** BYO Mac and Cheese Dinner Roll Roasted Carrots Other Vegetable Fruit Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**25** Ginger Chicken and Noodle Bowl Sriracha Chickpeas Other Vegetable Fruit Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk
28 Cheesy Bosco Stick Marinara Sauce Crispy Chicken Salad Steamed Green Beans Other Vegetable Fruit Selection 1% Unflavored White Milk	**29** Roasted Beef Hot Dog on a Bun Crispy Chicken Salad Baked Beans, Vegetarian Other Vegetable Fruit Selection 1% Unflavored White Milk	**30** Homemade Cheese Pizza Roasted Corn Other Vegetable Fruit Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	**1**	

PRICES

Student Lunch	Free
Milk	$.50
Extra Entree	$2.00
Staff Lunch	$5.05

EXTRA INFO

Milk is Included with Lunch. For Questions or Concerns Contact Michelle.
michelle.nelson@rcsmn.org

HARVEST OF THE MONTH



Your MENUS plus more information on our app Taher Food4Life®

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