



Snack and A la Carte Menu Items for IHS/IMS

Breakfast	
Bacon Egg & Cheese Sandwich *	\$3.25
French Toast Sticks *	\$2.00
Bagel and Cheese Sticks *	\$2.25
Bagel and Cream Cheese *	\$2.50
Bagel	\$1.50
Cereal	\$1.50
Cereal - Gluten Free	\$2.00
Cinnamon Buns	\$2.50
Cini Mini's *	\$2.00
Whole Grain Muffin *	\$1.50
Jumbo Muffin	\$2.75
Hash Brown	\$1.00
Bacon	\$1.00
Fresh Fruit	\$1.25
Fruit Cup	\$2.75
Yogurt Parfait*	\$2.25



Lunch Items	
Homemade Soup Cup	\$2.50
Homemade Soup Bowl *	\$3.00
Mozzarella Cheese Stick	\$1.00
Pizza Slice *	\$3.00
Specialty Pizza Slice *	\$3.75
French Fries *	\$2.00
Side Salad	\$2.50
Ala carte Action Station *	\$4.50
Hamburger *	\$3.75
Cheeseburger *	\$4.00
Chicken Breast Sandwich *	\$4.00
Fresh Fruit	\$1.25
Fruit Cup	\$2.75
Lunch salad with Chicken *	\$5.00
Custom Deli Sandwich *	\$5.00
Chicken Nuggets (8)	\$4.00
Yogurt Parfait*	\$3.00
Yogurt Smoothie *	\$3.75
Acai Bowl (seasonal)	\$6.00



Snack Items	
Hot Pretzel	\$1.50
Fresh Baked Whole Grain Cookie	\$1.00
Linden Cookies	\$1.50
Scooby Snack Cookies	\$1.50
Animal Crackers	\$1.50
Annie's Organic Cookies	\$2.25
Fruit Snacks	\$1.25
Clif/Lara/Luna Bar	\$3.00
Nutragrain Bar	\$2.00
Nature's Bakery Fig Bars	\$3.25
Pretzels or Chips	\$1.75
Specialty Chips	\$2.50
Rice Krispie Treat Whole Grain	\$2.25
Jack Link Meat Stick	\$3.00
Frozen Juice Bar (all natural)	\$2.75
Ice Cream	\$1.75



Beverages			
Spring Water 16.9 oz	\$1.50	Gatorade Zero 12 oz	\$2.25
Spring Water 20 oz	\$1.75	Gatorade Zero 20 oz	\$3.25
Flavored Seltzer Water	\$2.00	Coffee/Tea 12 oz	\$2.50
Coconut Water 12 oz	\$4.00	Coffee/Tea 16 oz	\$2.75
Milk*	\$1.00	Coffee with Flavored Syrup 12 oz	\$3.00
Fresh Pressed Juice	\$3.50	Coffee with Flavored Syrup 16 oz	\$3.25
Switch Sparkling Juice	\$2.75	Hot Chocolate 12 oz	\$3.25
Snapple 100% Juice	\$2.50	Hot Chocolate 16 oz	\$3.75
Tropicana Juice	\$3.50		

- **Items with an asterisk * can become a complete meal and qualify for the free breakfast or lunch meal. Ala carte prices apply for second item if meal already served**
- All snacks sold meet the nutrition requirements for USDA Smart Snack compliance
- Students may not purchase more than one of the same snack item per day
- Coffee is allowed for purchase to High School students and staff only
- Not all items are available every day due to delivery constraints
- Water fountain/bottle filling station is located in/near the cafeteria for free water
- All ala carte and snack items require funds on account through MySchoolBucks or payment at the register.