

Welcome



LAKE TRAVIS
SPECIAL OLYMPICS TEXAS

Kick-Off Meeting

2026-2027

LTSO Team

Jennifer Freeman - Executive Director for Special Services

Siiri Marquardt - Director of Special Services

Heather Amitrani - Co-Head of Delegation

Shilo Clements - Co-Head of Delegation



Eligibility

To participate with
Lake Travis ISD Special Olympics,
athletes must:

- ★ LTISD Student
- ★ Be at least 8 years of age by first day of competition
- ★ Be identified as having an intellectual disability, a cognitive delay, and/or a closely related developmental disability
- ★ Be able to demonstrate good sportsmanship in a variety of environments
- ★ Have paperwork on file prior to first practice

Required Forms

ATHLETE REGISTRATION / MEDICAL FORM

Must be completed by parent/guardian yearly (year starts July 2nd) PRIOR to participation.

Required Forms

Special Olympics Athlete Registration Portal

Special Olympics Texas has launched a new, easy-to-use registration website.

Create or Update your profile here:

Special Olympics Registration Portal

- Our Delegation Name is 13.LAK Lake Travis Cavs (Area 13)

Required Forms

Here's what's new with the portal:

- Athletes, coaches, parents, and caregivers can all complete registration in one place using a phone, tablet, or computer.
- Profile information and submitted forms are automatically saved, so you can return and update anytime.
- The medical form process has been simplified — most athletes no longer need a doctor's signature for the medical history portion, and you can now update existing medical information instead of starting a new form each year.
- Special Olympics staff will review medical information and reach out if anything additional is needed.
- You'll receive notifications when medical forms are close to expiring and can check form status (Submitted, Approved, Under Review, or Missing Information) at any time.
- Walkthrough guides and FAQ resources are available to help you navigate the new system.

Required Forms

Athlete Information and Contact information

Must be completed each school year prior to participation.

Gives athlete and guardian information as well as parental permission for participation and use of athlete's likeness on district website and social media.

[CLICK HERE to fill out the Google Form Link](#)

Volunteering

[CLICK HERE for LT Special Olympics
Volunteer Instructions](#)



Code of Conduct

Covers sportsmanship, training, competition & personal responsibility for parents and athletes.

Please review expectations with your athlete.

[CLICK HERE to review the Athlete Code of Conduct](#)

Practices

Bowling Basketball Floorball
Soccer Track & Field

Practices are held weekdays after school. *See specific sport for location and practice times. **Your athlete will need to attend at least 5 practices in order to compete in that sport. The first and the last practices are required.**

Participation in practices is limited to athletes, coaches and approved volunteers. Families and friends can watch from the sidelines and bleachers while keeping lanes, fields, courts and tracks clear for athletes.

Practices can be loud and often require waiting turns. Please make necessary provisions for your athlete's success.

Competitions

Competitions are held in and around the greater Austin area. Competitions held during school hours are an excused absence and Heather or Shilo will contact the school's attendance clerk to document the absence appropriately. **Absences due to competitions with non-LTISD delegations cannot be cleared by LTISD.**

Competitions often entail down time and waiting, sometimes in extreme temperatures. They can be loud and crowded. Athletes are welcome to bring games, books or devices while waiting for their event.

Competitions are run by volunteers. **Please bring any concerns to Heather or Shilo, not volunteers working for Special Olympics.**

Honest Effort Rule

Athletes, partners and coaches must adhere to the Honest Effort Rule (replaces the Rabbit Rule) which states:

Athletes, partners and coaches, who do not participate honestly and with maximum effort in all events, or in a sportsmanlike manner, will be disqualified from current and possibly future events.

This means all athletes need to put forth full effort during practices so coaches can take the most accurate times and distances for competition entries.



- Lake Travis ISD policy prohibits pets from LT campuses, including fields.
- Special Olympics Texas prohibits pets from SOTX competitions. [SOTX Pet Policy](#)
- Please leave pets at home during practices and competitions.

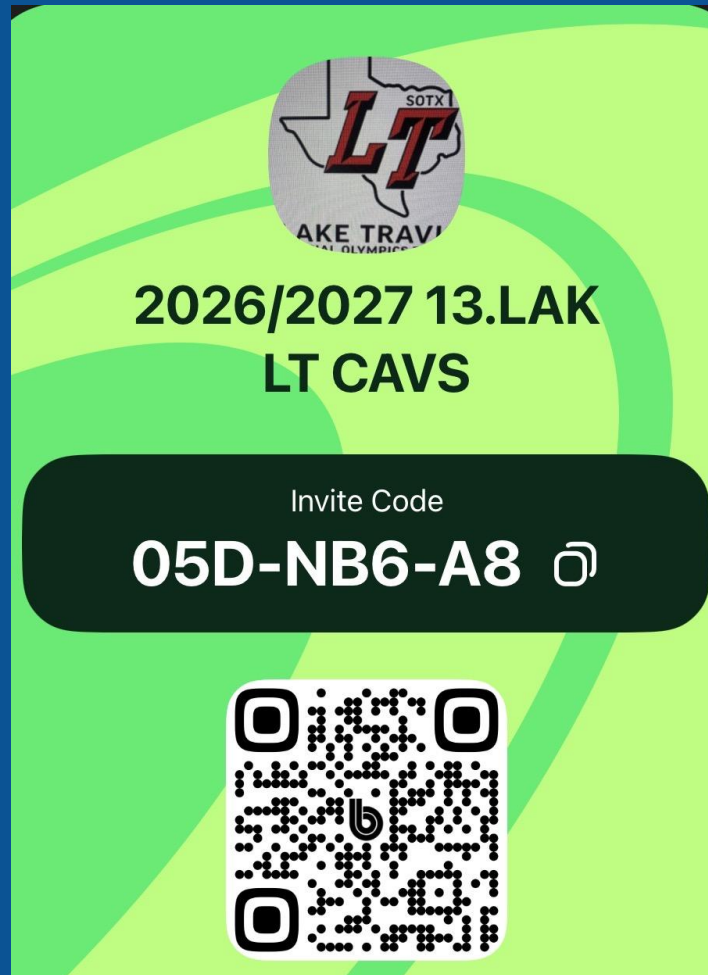
Service animals specifically trained to aid a person with a disability are welcome. Therapy and emotional support animals are not provided the same legal privileges as service animals

Parent Responsibilities

- Bring concerns to the attention of the Head of Delegation, not the coaches or volunteers, in a respectful, courteous manner.
- Ensure your athlete attends practices and competitions, arriving on time and remaining for the entire practice.
- Ensure a positive experience for all athletes, volunteers and coaches
- Have respect for others and remember that athletes, volunteers and coaches are participating for their enjoyment
- Lead by example

[CLICK HERE to review the Parent Code of Conduct](#)

Sign Up for BAND The Communications APP



Sports Offered

Bowling - Floorball - Basketball -
Track and Field - Soccer

We will go over competition details and dates during the first practice of each sport. Uniforms will be handed out during the last practice.

[CLICK HERE FOR PRACTICE AND COMPETITION SCHEDULE](#)

Uniforms

An LT jersey will be provided to each athlete. Bowling, basketball, soccer and track jerseys will be provided to athletes participating in those sports.

Uniforms will be checked out and must be returned before the end of the school year. Backpacks and hoodies are available for checkout during the school year as well.



Homecoming Parade

Wednesday, November 4th, 2026



***We will not be participating in the Homecoming Parade this year due to conflict with Bowling Competition

End of Year Awards Ceremony



Tentatively Thursday May 13th
LTHS Cafeteria

LT Store

Click to enter Store

INIT. DEADLINE
SEPTEMBER
9

LAKE TRAVIS ISD
2026- 2027 UNIFORMS

Adult Player Gear



Includes 2 items

Youth Player Gear



Includes 2 items

NAME/TEAM NUMBER PERSONALIZATION AVAILABLE

ORDER BY
MAY
12


BSN SPORTS
MTS Customer Support - ref # 16356117
1-800-749-3813 | myteamshop@bsnsports.com
Team Coordinator Shilo Clements clementss@ltsdschools.org



Access Code
btKCzLfYaS
www.bsnteamsports.com


Click Here To
SHOP NOW
Order 8/26/26 to 5/12/27

No orders will be accepted after the deadline.

SEPAC

SEPAC Newsletter August 2026

Contact Information

LTSO@ltisdschools.org

Website

Community Programs

- Kyle Parks and Recreation
- Dripping Springs YMCA
- Lake Travis Thunder
- Aces
- LT Cycling Club

Donations

- Please contact LTSO@ltisdschools.org for donation form

*We look
forward
to a
Great Year!*

65, 51, 67, 66, 64, 68, 72, 69,
71, 70, 73, 52, 63, 62, 53 58,
54, 57, 61, 55, 56, 60, 65, 96,
88, 77, 94, 95, 98, 87, 74, 89,
76, 75, 90, 93, 92, 91 78, 79,
80, 83, 82, 81