

# HIGH SCHOOL MENU

2026



|        | MON                                                                                                                                                     | TUE                                                                                                                                                    | WED                                                                                                                                                            | THU                                                                                                                                                       | FRI                                                                                                                                                                            |
|--------|---------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| WEEK 3 | <b>BREAKFAST 31</b><br>STUFFED HASHBROWN<br>FRUIT SMOOTHIE 🍷<br><b>LUNCH</b><br>JALAPENO BITES W/<br>MARINARA 🍷<br>BACON CHICKEN WRAP<br>BEAN BURRITO 🌱 | <b>BREAKFAST 1</b><br>APPLE STRUDEL BAR<br>FRUIT SMOOTHIE 🍷<br><b>LUNCH</b><br>LOADED FRIES 🍷<br>POLLO VERDE BURRITO<br>HOUSEMADE PB&J 🌱               | <b>BREAKFAST 2</b><br>TURKEY & CHEESE MELT<br>ORANGE PASSION<br>Scone 🍷<br><b>LUNCH</b><br>HAMBURGER/CHEESEBURGERS<br>SPICY CHICKEN SALAD 🍷<br>BEAN BURRITO 🌱  | <b>BREAKFAST 3</b><br>CHILAQUILES VERDES 🍷<br>FRUIT SMOOTHIE 🍷<br><b>LUNCH</b><br>FRENCH BREAD PIZZA<br>TAMAL 🍷<br>SPICY GARDEN SALAD 🌱                   | <b>BREAKFAST 4</b><br>SPICY CHICKEN<br>BREAKFAST SANDWICH<br>BREAKFAST TAMALES 🍷<br><b>LUNCH</b><br>SPICY CHICKEN SANDWICH<br>COLD CUT SUB 🍷<br>HOUSEMADE PB&J 🌱               |
| WEEK 4 | <b>7</b><br><b>LABOR DAY</b> ★                                                                                                                          | <b>BREAKFAST 8</b><br>PAN DULCE<br>MAPLE WAFFLE<br><b>LUNCH</b><br>TAMAL 🍷<br>POPCORN CHICKEN BOX 🍷<br>HOUSEMADE PB&J 🌱                                | <b>BREAKFAST 9</b><br>BREAKFAST TAMALES<br>SAUSAGE & EGG<br>SANDWICH 🍷<br><b>LUNCH</b><br>PEPPERONI JALAPENO PIZZA<br>CHEESE PIZZA<br>BEAN BURRITO 🌱           | <b>BREAKFAST 10</b><br>MINI PANCAKES<br>YOGURT PARFAIT 🍷<br><b>LUNCH</b><br>BUFFALO WINGS<br>SPICY CHICKEN SANDWICH<br>HOUSEMADE PB&J 🌱                   | <b>BREAKFAST 11</b><br>BREAKFAST TAMALES<br>YOGURT PARFAIT 🍷<br><b>LUNCH</b><br>PUPUSA W/ CURTIDO 🍷<br>SPICY TENDERS & BISCUIT<br>SPICY GARDEN SALAD 🌱                         |
| WEEK 1 | <b>BREAKFAST 14</b><br>PAN DULCE<br>BREAKFAST TAMALES 🍷<br><b>LUNCH</b><br>CHILE RELLENO BURRITO<br>BUFFALO WINGS<br>BEAN BURRITO 🌱                     | <b>BREAKFAST 15</b><br>TURKEY SAUSAGE<br>CROISSANT<br>FRUIT SMOOTHIE 🍷<br><b>LUNCH</b><br>FRESH GRILLED CHEESE<br>CHEESE PIZZA<br>SPICY GARDEN SALAD 🌱 | <b>BREAKFAST 16</b><br>SALCHICHA & EGG<br>FRUIT SMOOTHIE 🍷<br><b>LUNCH</b><br>CHICKEN CHOW MEIN BOWL<br>SPICY TENDERS<br>HOUSEMADE PB&J 🌱<br>FLAMAS DORITOS 🌶️ | <b>BREAKFAST 17</b><br>MAPLE WAFFLE<br>FRUIT SMOOTHIE 🍷<br><b>LUNCH</b><br>TAMAL<br>BEAN BURRITO<br>POPCORN CHICKEN BOX 🌱                                 | <b>BREAKFAST 18</b><br>SAUSAGE & CHEESE<br>SANDWICH<br>LEMON BLUEBERRY SCONE 🍷<br><b>LUNCH</b><br>SPICY CHICKEN SANDWICH<br>SPICY GARDEN SALAD 🌱<br>PEPPERONI JALAPENO PIZZA 🍷 |
| WEEK 2 | <b>BREAKFAST 21</b><br>HAM & CHEESE CROISSANT<br>YOGURT PARFAIT<br><b>LUNCH</b><br>THAI CHILI CHICKEN<br>DUMPLINGS 🍷<br>TAMAL<br>HOUSEMADE PB&J 🌱       | <b>BREAKFAST 22</b><br>CHILAQUILES ROJOS<br>YOGURT PARFAIT<br><b>LUNCH</b><br>SPICY CHICKEN SANDWICH<br>POPCORN CHICKEN BOWL<br>SPICY GARDEN SALAD 🌱   | <b>BREAKFAST 23</b><br>BREAKFAST TAMALES<br>BERRY SCONE 🍷<br><b>LUNCH</b><br>SPAGHETTI & MEATSAUCE<br>BREADED DRUMSTICK<br>GARLIC KNOT<br>BEAN BURRITO 🌱       | <b>BREAKFAST 24</b><br>CHORIZO BREAKFAST ROLL<br>YOGURT PARFAIT 🍷<br><b>LUNCH</b><br>CHICKEN TINGA TACOS<br>COLD CUT SUB<br>HOUSEMADE PB&J 🌱              | <b>BREAKFAST 25</b><br>BREAKFAST TAMALES<br>TATER TOT BAKE 🍷<br><b>LUNCH</b><br>WALKING TACO<br>STREET DOG<br>SPICY GARDEN SALAD 🌱                                             |
| WEEK 3 | <b>BREAKFAST 28</b><br>STUFFED HASHBROWN<br>FRUIT SMOOTHIE 🍷<br><b>LUNCH</b><br>JALAPENO BITES W/<br>MARINARA 🍷<br>BACON CHICKEN WRAP<br>BEAN BURRITO 🌱 | <b>BREAKFAST 29</b><br>APPLE STRUDEL BAR<br>FRUIT SMOOTHIE 🍷<br><b>LUNCH</b><br>LOADED FRIES<br>POLLO VERDE BURRITO<br>HOUSEMADE PB&J 🌱                | <b>BREAKFAST 30</b><br>TURKEY & CHEESE MELT<br>ORANGE PASSION<br>Scone 🍷<br><b>LUNCH</b><br>HAMBURGER/CHEESEBURGERS<br>SPICY CHICKEN SALAD 🍷<br>BEAN BURRITO 🌱 | <b>OFFERED DAILY</b><br><b>BREAKFAST</b><br>• Fresh Fruit<br>• 100% Fruit Juice<br>• Low Fat White Milk<br>• Nonfat Chocolate Milk<br>• Assorted Cereal 🥣 | <b>OFFERED DAILY</b><br><b>LUNCH</b><br>• Fresh Fruit<br>• 100% Fruit Juice<br>• Vegetables<br>• Low Fat White Milk<br>• Nonfat Chocolate Milk                                 |



HOMEMADE  
ELEMENTS



PLANT  
BASED



CONTAINS PORK/  
PORK PRODUCTS



SAUSD SUPPORTS  
LOCAL  
CALIFORNIA  
FAMILY FARMS.  
SELECT DAYS WILL  
FEATURE FARM  
FRESH PRODUCE.



click here



scan here

