@TRACYHIGHCOUNSELING

WELCOME BACK

- REMINDERS
- UPDATES
- IMPORTANT INFO



PRESENTED BY: THE BEST COUNSELORS EVA

AGENDA

- PRE-TEST
- TEAM INTROS
- SUPPORT SERVICES/COST
- GRADUATION & A-G REQUIRMENTS
- GRAD STATUS UPDATES
- CREDIT RECOVERY OPTIONS
- DUAL ENROLLMENT GOODIES
- HOW ABOUT SOME FREE MONEY???
- WORK PERMIT/ WORK EXPERIENCE
- POST-TEST
- WANNA PLAY A GAME?????



ABOUT ME

THE BEST SCHOOL IN TRACY. EXCITED FOR STUDENTS TO GET INVOLVED WITH SPORTS, CLUBS, VOLUNTEERING AND MORE. STUDENTS CAN ALSO TAKE COLLEGE CLASSES WHILE ENROLLED HERE TOO! COUNSELORS AND ADMINISTRATORS LOVE WORKING WITH STUDENTS.

PRE-TEST



TAKE OUT YOUR PHONE TO COMPLETE THE PRE-TEST.

YOUR PHONE MUST IMMEDIATELY GO INTO YOUR BACKPACK ONCE YOU COMPLETE THE PRE-TEST.

PLEASE BE RESPECTFUL OF THE PHONE POLICY

CONTACT REMINDER

STUDENTS ARE ASSIGNED BY LAST NAME

A-C	D-GO & AVID	GR-MAN	MAP-RE	RI-Z
ahallen@tusd.net	iabraham@tusd.net	cmanley@tusd.net	kclark@tusd.net	jsanny@tusd.net
ASHLEY HALLEN	IRIS ABRAHAM	TRIP MANLEY	KAMARA CLARK	JONATHAN SANNY







MEET WITH YOUR COUNSELOR

COUNSELING OFFICE HOURS:
7:30 AM - 4:30 PM

COUNSELING DROP-IN HOURS:
BEFORE SCHOOL AND AFTER SCHOOL,
DURING BOTH LUNCHES

COUNSELORS ARE ALSO AVAILABLE BY EMAIL.

INTERESTED IN SETTING UP APPOINTMENT?
PLEASE CHECK OUT THE COUNSELING WEBSITE TO MAKE AN APPOINTMENT.



DON'T SIGN IN AND JUST LEAVE

NO MEETINGS DURING PASSING PERIOD. IT'S MEANT FOR YOU TO GET TO CLASS

GIVE US 1-2 DAYS TO REPLY TO AN EMAIL BEFORE SENDING ANOTHER

YOUR APPOINTMENT CONFIRMATION IS YOUR PASS TO COUNSELING

INTRODUCTIONS

HELLO!

MS. MAXWELL
SCHOOL PSYCHOLOGIST

MRS. KELLY & MRS. SMITH
SCHOOL PSYCHOLOGISTS

MRS. MCMAHON
REGISTRAR

MS. FONSECA
SECRETARY

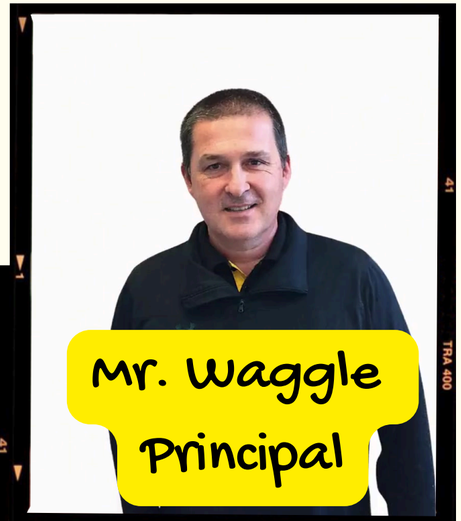
MRS. PRICE
COLLEGE & CAREER
TECH



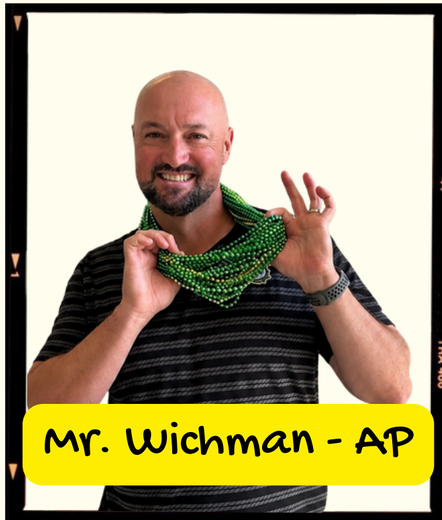
EACH OF THESE LADIES CAN BE FOUND IN THE COUNSELING OFFICE (MRS. PRICE IS IN A104)

INTRODUCTIONS

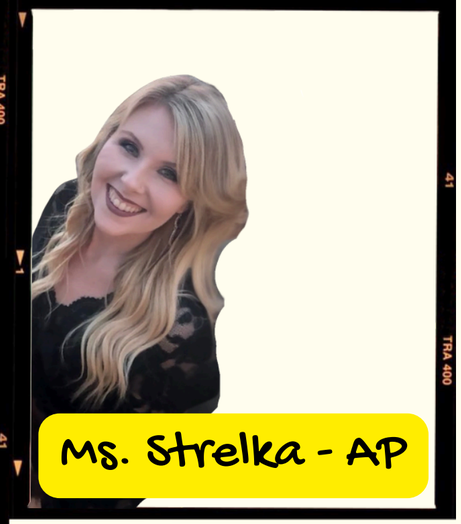
HELLO!



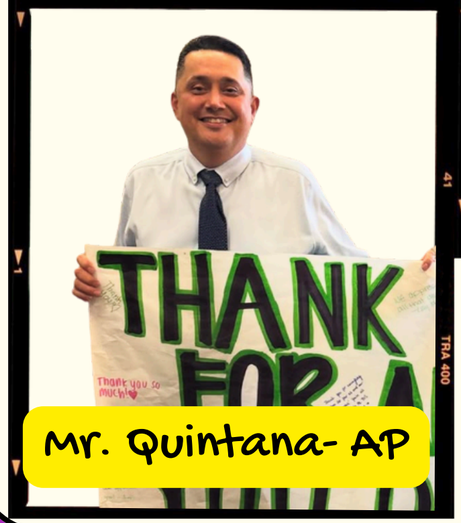
Mr. Waggle
Principal



Mr. Wichman - AP



Ms. Strelka - AP



Mr. Quintana- AP

ADMIN team

HOW WE SUPPORT YOU

THESE ARE JUST SOME EXAMPLES :)

ACADEMIC

ACADEMIC PLANNING
PROPER COURSE PLACEMENT
TRANSCRIPT EVALUATIONS
CREDIT RECOVERY SUPPORT
NCAA & NAIA INFO
STUDY SKILLS
GRAD STATUS CHECKS

COLLEGE & CAREER

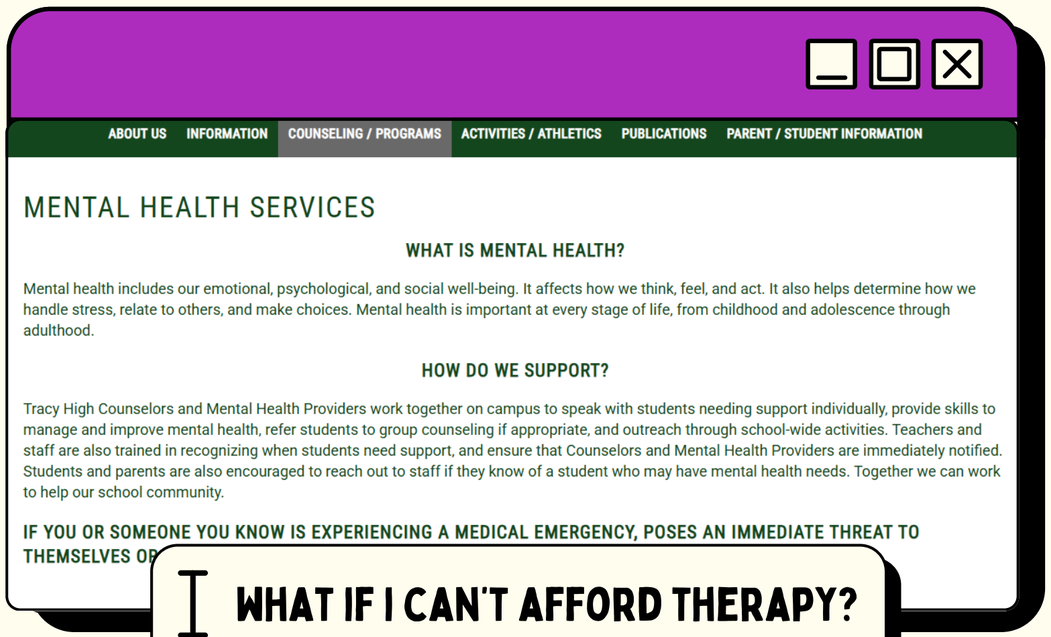
CAREER INTEREST
EXPLORATION
MAJOR & COLLEGE SEARCH
DUAL ENROLLMENT SUPPORT
HELP STUDENTS & PARENTS
WITH PLANNING
APPLICATIONS
LETTERS OF REC



SOCIAL EMOTIONAL

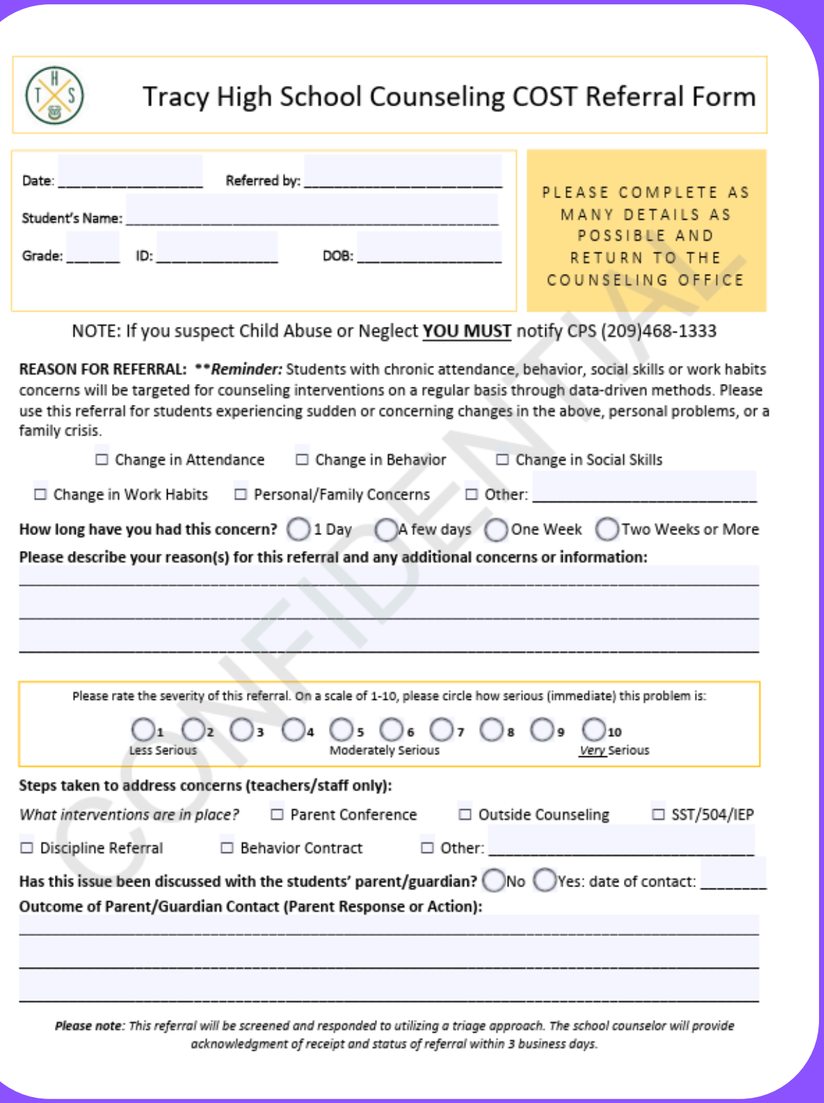
WE ARE HERE TO SUPPORT
YOU IN THE GOOD AND BAD
TIMES
REFER YOU TO A THERAPIST
IF NEEDED
COME VENT TO US
CHECK OUT YOUR CLUBS AND
SPORTING EVENTS
WELLNESS ACTIVITIES

SEE SOMETHING SAY SOMETHING



WHAT IF I CAN'T AFFORD THERAPY?

OUR SCHOOL HAS FREE MENTAL HEALTH SUPPORT ON CAMPUS. ANYONE CAN SUBMIT A REFERRAL FOR THEMSELVES OR ANOTHER STUDENT WHO MAY BE IN NEED OF SUPPORT. IT COULD BE RELATED TO FRIEND ISSUES, HOME CONCERNS OR ATTENDANCE FOR EXAMPLE.



Tracy High School Counseling COST Referral Form

Date: _____ Referred by: _____

Student's Name: _____

Grade: _____ ID: _____ DOB: _____

PLEASE COMPLETE AS MANY DETAILS AS POSSIBLE AND RETURN TO THE COUNSELING OFFICE

NOTE: If you suspect Child Abuse or Neglect **YOU MUST** notify CPS (209)468-1333

REASON FOR REFERRAL: ***Reminder:*** Students with chronic attendance, behavior, social skills or work habits concerns will be targeted for counseling interventions on a regular basis through data-driven methods. Please use this referral for students experiencing sudden or concerning changes in the above, personal problems, or a family crisis.

☐ Change in Attendance ☐ Change in Behavior ☐ Change in Social Skills

☐ Change in Work Habits ☐ Personal/Family Concerns ☐ Other: _____

How long have you had this concern? ◯ 1 Day ◯ A few days ◯ One Week ◯ Two Weeks or More

Please describe your reason(s) for this referral and any additional concerns or information:

_____

_____

_____

Please rate the severity of this referral. On a scale of 1-10, please circle how serious (immediate) this problem is:

◯1 ◯2 ◯3 ◯4 ◯5 ◯6 ◯7 ◯8 ◯9 ◯10

Less Serious Moderately Serious *Very* Serious

Steps taken to address concerns (teachers/staff only):

What interventions are in place? ☐ Parent Conference ☐ Outside Counseling ☐ SST/504/IEP

☐ Discipline Referral ☐ Behavior Contract ☐ Other: _____

Has this issue been discussed with the students' parent/guardian? ◯ No ◯ Yes: date of contact: _____

Outcome of Parent/Guardian Contact (Parent Response or Action):

_____

_____

_____

Please note: *This referral will be screened and responded to utilizing a triage approach. The school counselor will provide acknowledgment of receipt and status of referral within 3 business days.*

CONFIDENTIAL

PUBLIC COLLEGE OPTIONS

PRIVATE UNIVERSITIES AND TRADE SCHOOLS ARE AVAILABLE TOO. MORE TO COME ON THOSE LATER THIS YEAR.

BTW...YOU CAN TAKE COMMUNITY COLLEGE COURSES WHILE YOU ARE A HIGH SCHOOL STUDENT.



23 CSU CAMPUSES



9 UC CAMPUS



116 COMMUNITY COLLEGES

GRAD VS A-G REQUIREMENTS



IMPORTANT NOTES:

TUSD math - 1yr of Algebra + 1yr of another math
UC/CSU math- Alg 1, Geometry and Alg 2 minimum

TUSD Science - Biology, Chemistry or Physics, plus 1 more science of your choice

TUSD language / art - you choose which one
UC/CSU - 2 yrs of language and 1 yr of art are required

TRACY UNIFIED D-

- HISTORY - 3 YRS
- ENGLISH - 4 YRS
- MATH - 2 YRS
- SCIENCE - 3 YRS
- FOREIGN LANG - 1 YR OR ART - 1 YR
- PE - 2 YRS
- ELECTIVES - 70 CREDITS

UC/CSU SYSTEM C-

- HISTORY - 2 YRS
- ENGLISH - 4 YRS
- MATH - 3 YRS
- SCIENCE - 2 YRS
- FOREIGN LANG - 2 YRS
- ART - 1 YR
- PE - 0 YRS
- ELECTIVES - 1 YR

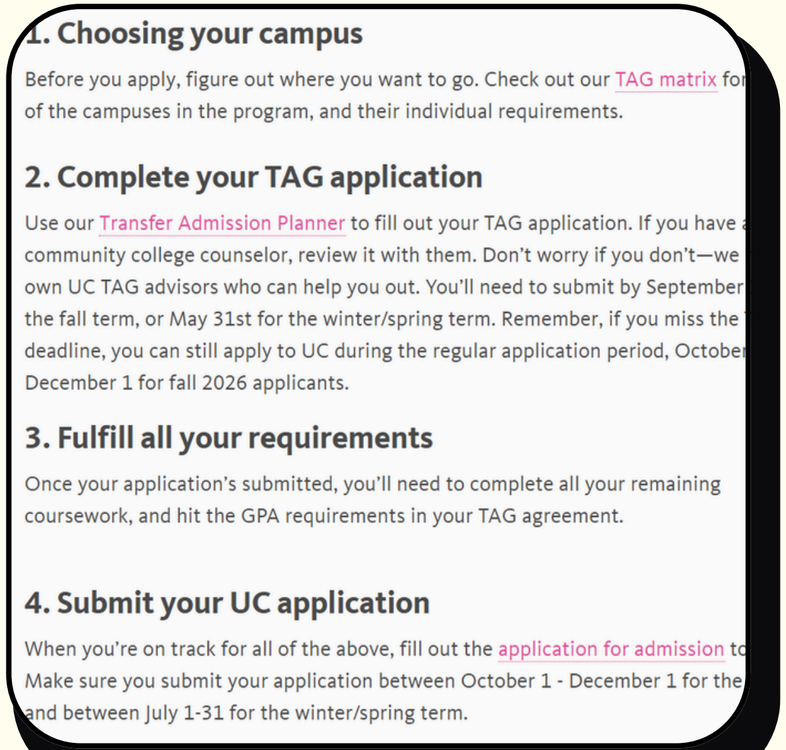
COMMUNITY COLLEGE TO UC

TAG by campus

- Davis
- Irvine
- Merced
- Riverside
- Santa Barbara
- Santa Cruz

UNIVERSITY OF CALIFORNIA

ALMOST 50% OF OUR GRADUATING SENIORS GO DIRECTLY TO A COMMUNITY COLLEGE YEAR AFTER YEAR. ONE OF THE BENEFITS IS THE **TRANSFER AGREEMENT GUARANTEE** WITH THE UNIVERSITY OF CALIFORNIA.



1. Choosing your campus

Before you apply, figure out where you want to go. Check out our TAG matrix for of the campuses in the program, and their individual requirements.

2. Complete your TAG application

Use our Transfer Admission Planner to fill out your TAG application. If you have a community college counselor, review it with them. Don't worry if you don't—we own UC TAG advisors who can help you out. You'll need to submit by September the fall term, or May 31st for the winter/spring term. Remember, if you miss the deadline, you can still apply to UC during the regular application period, October December 1 for fall 2026 applicants.

3. Fulfill all your requirements

Once your application's submitted, you'll need to complete all your remaining coursework, and hit the GPA requirements in your TAG agreement.

4. Submit your UC application

When you're on track for all of the above, fill out the application for admission to Make sure you submit your application between October 1 - December 1 for the and between July 1-31 for the winter/spring term.

TAG STEPS

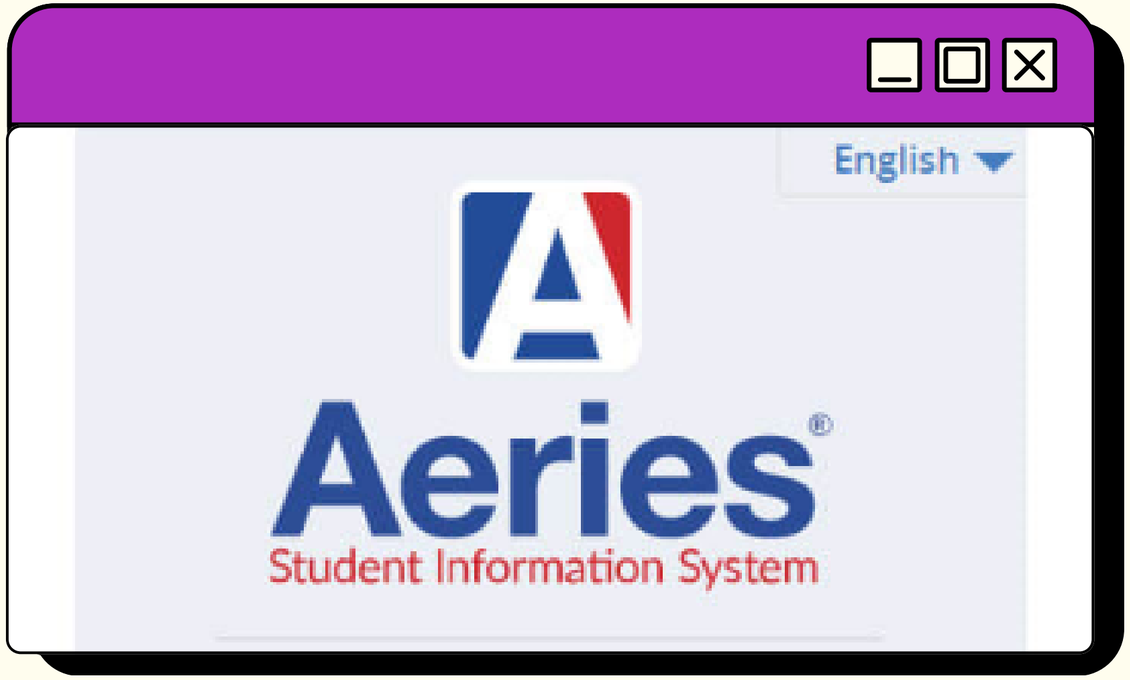
STUDENT ATHLETE INFO

WE LOVE THAT NEARLY 800 OF OUR STUDENTS ARE ATHLETES. IT IS INCREDIBLE AND WE ENCOURAGE IT! STUDENT ATHLETES DEVELOP ORGANIZATIONAL SKILLS, COMMUNICATION SKILLS AND LEADERSHIP SKILLS. YOUR ACADEMICS OF COURSE, ARE ALWAYS A PRIORITY!

IF YOU ARE INTERESTED IN PLAYING SPORTS IN COLLEGE YOU HAVE ADDITIONAL REQUIREMENTS TO CONSIDER WHILE YOU ARE IN HIGH SCHOOL.

THE NCAA AND NAIA ARE TWO ATHLETIC ORGANIZATIONS AT THE COLLEGE LEVEL. JUST LIKE WE HAVE TUSD GRAD REQUIREMENTS, UNIVERSITIES HAVE ENTRANCE REQUIREMENTS, THE NCAA AND NAIA HAVE THEIR OWN SET OF REQUIREMENTS.

NOW IS THE TIME TO CREATE YOUR ACCOUNTS AND REVIEW THEIR REQUIREMENTS. CHECK OUT OUR COUNSELING WEBSITE FOR MORE DETAILS.



GRAD STATUS

EACH SEMESTER, YOUR GRADUATION STATUS AND TRANSCRIPTS ARE UPDATED IN AERIES. WE ENCOURAGE YOU TO TAKE A LOOK AND MAKE SURE YOU ARE MEETING YOUR GRADUATION REQUIREMENTS. IT IS ALSO A GOOD TIME TO CHECK IF YOU NEED TO REPEAT A CLASS FOR CREDITS OR A-G GRADE IMPROVEMENT. COUNSELORS WILL MAIL HOME GRAD STATUS LETTERS TO ALL 11TH IN SEPTEMBER AND TO 10TH GRADERS IN SPRING.

CREDIT RECOVERY
GRADE IMPROVEMENT

PROGRAM NAME	COST	FORMAT	LOCATION
Edgenuity	FREE	Online @ School	THS
Silicon Valley HS	$125/class	Online	AT HOME
BYU Independent Study HS	VARIES	Online	AT HOME
UC SCOUT	VARIES	Online	AT HOME
TUSD Summer School	FREE	Online @ School	TUSD - TBD
Tracy Adult School	FREE	In Person	TAS/AT HOME











REACH OUT TO YOUR COUNSELOR IF YOU NEED TO WORK ON YOUR GRAD PLAN!

FREE TUTORING

IS THIS YOU?

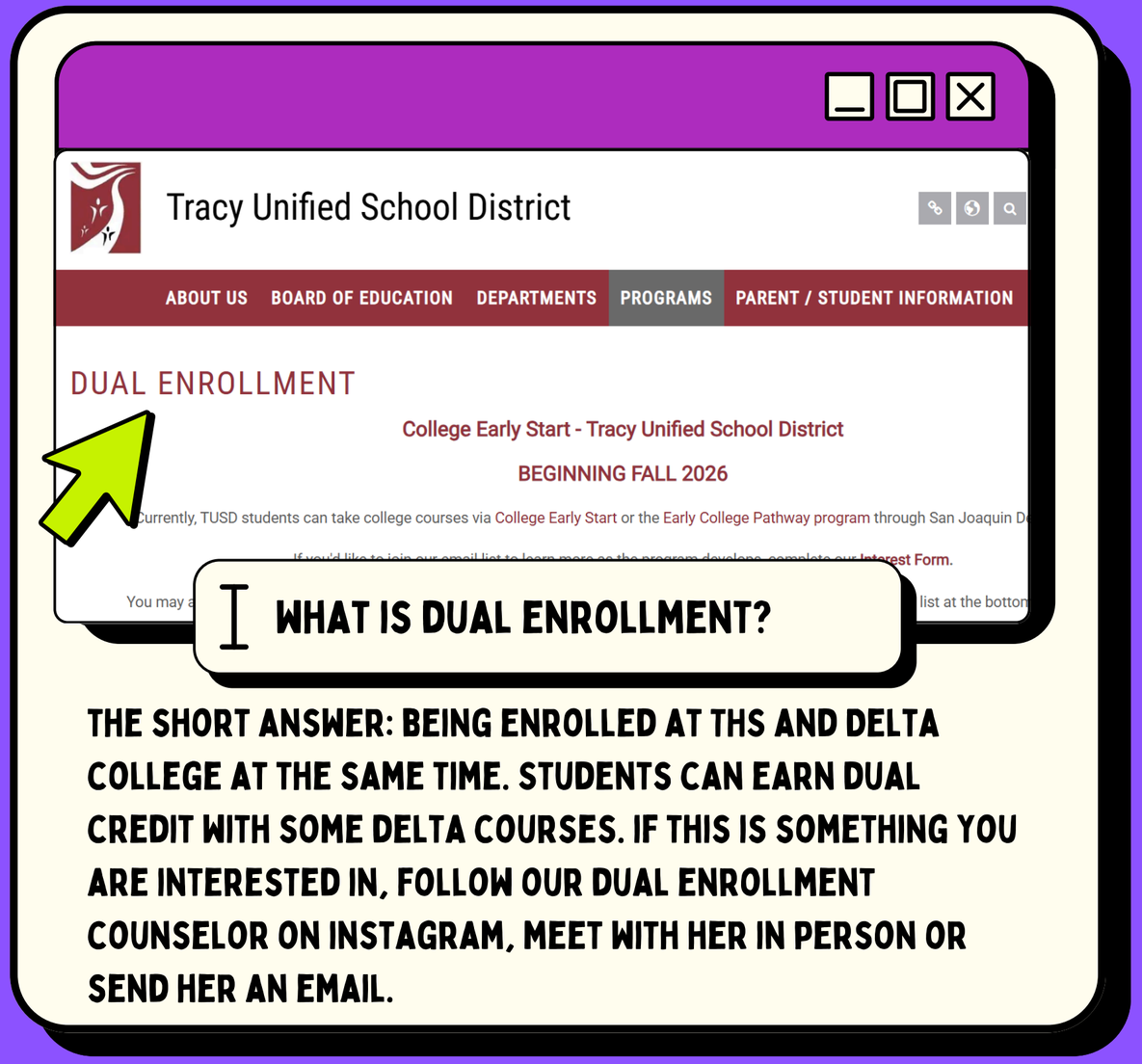
GO TO LEARNING LAB!



	AM	PM	
MON	**Math** Lunetta (A110) 7:30-8:30		
TUE	**ELA** Zamora (A218) 8:00-8:30 **Math** Lunetta (A110) 7:30-8:30	**Spanish** Vargas Cortes (D102) 3:50-4:20 **Math** Piuser (A111) 3:50-4:20	**Social Studies** Woodward (D102) 3:50-4:20 **Social Studies** Gonzalez (A209) 3:50-4:50
WED	**Math** Lunetta (A110) 7:30-8:30	**ELA** Zamora (A218) 4:00-4:30	
THU	**ELA** Zamora (A218) 8:00-8:30 **Math** Lunetta (A110) 7:30-8:30		
FRI	**Math** Lunetta (A110) 7:30-8:30		

THIS IS A FRIENDLY REMINDER THAT OUR TEACHERS OFFER FREE TUTORING. THIS IS IN ADDITION TO OFFICE HOURS. CLASSES TEND TO GET MORE CHALLENGING AS THE YEAR GOES ON. SEEKING EXTRA HELP IS THE WAY TO GO. COMMUNICATING WITH YOUR TEACHERS IS VITAL TO YOUR SUCCESS.

DUAL ENROLLMENT



WHAT IS DUAL ENROLLMENT?

THE SHORT ANSWER: BEING ENROLLED AT THS AND DELTA COLLEGE AT THE SAME TIME. STUDENTS CAN EARN DUAL CREDIT WITH SOME DELTA COURSES. IF THIS IS SOMETHING YOU ARE INTERESTED IN, FOLLOW OUR DUAL ENROLLMENT COUNSELOR ON INSTAGRAM, MEET WITH HER IN PERSON OR SEND HER AN EMAIL.



MS. JULIE ANAYA, TUSD DUAL ENROLLMENT COUNSELOR

janaya@tusd.net

Dual Enrollment Website

Instagram: dualenrollment_tusd

Book an appointment or you can visit her in the THS libraray every 1st and 3rd Wednesday during lunch

FREE MONEY$

SCHOLARSHIPS

- Scholarship Tips & Awards Night
- Brag Sheet/Letter of Recommendation
- 2026-2027 Tracy High Scholarships
- 2026-2027 Local Area Scholarships
- 2026-2027 State/National Scholarships

MRS. PRICE ALWAYS HAS A MASSIVE LIST OF SCHOLARSHIPS (FREE MONEY) POSTED ON HER PAGE FOR STUDENTS TO APPLY TO. YES, IT'S A LITTLE EARLY FOR YOU TO APPLY. BUT, IT IS NEVER TOO EARLY TO GET PREPARED. MAYBE YOU NEED TO IMPROVE YOUR GPA, VOLUNTEER, PLAY A SPORT OR FIGURE OUT WHO CAN WRITE YOU A LETTER OF RECOMMENDATION. CHECK OUT LAST YEAR'S LIST TOO.



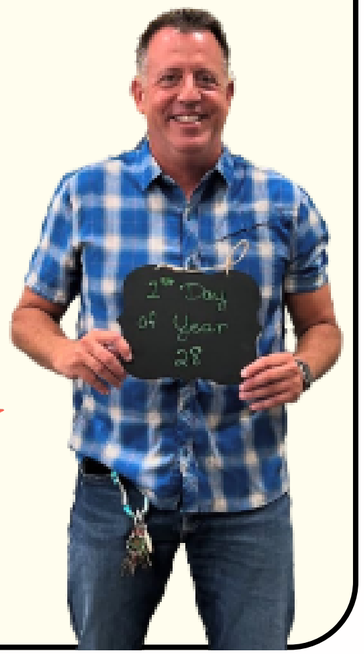
WORK EXPERIENCE
WORK PERMITS, COMMUNITY SERVICE AND MORE!



MRS. PRICE SETS UP MILITARY MONDAYS, THE ASVAB, COLLEGE VISITORS, OUR COLLEGE FAIR, HELPS WITH COLLEGE APPS, THE COMMUNITY SERVICE BLOCK T, SCHOLARSHIPS, FINANCIAL AID WORKSHOPS, WORK PERMITS AND MORE.

WORK PERMITS REQUIRE A MINIMUM 2.0 GPA WITH NO F GRADES. YOU MUST ALSO HAVE LESS THAN 15 HOURS OF SATURDAY SCHOOL.

SHE ALSO WORKS CLOSELY WITH MR. ROONEY TO HELP STUDENTS GET SET UP FOR WORK EXPERIENCE. WORK EXPERIENCE IS AN ELECTIVE CLASS OPTION FOR 11TH AND 12TH GRADERS. YOU MUST COMPLETE THE APPLICATION WITH MR. ROONEY.



POST-TEST

TAKE OUT YOUR PHONE TO COMPLETE THE PRE-TEST.

YOUR PHONE MUST IMMEDIATELY GO INTO YOUR BACKPACK ONCE YOU COMPLETE THE PRE-TEST.

PLEASE BE RESPECTFUL OF THE PHONE POLICY

WANNA PLAY A GAME????