



MONDAY 14/09/2026

Soup

Roasted Sweet Potato & Spinach Leaves

Main

Creamy Salmon Linguini & Leeks

International

Roasted Chicken and Gravy

Vegetarian

Eggplant Parmigiana

Composed Salads

**Herb & Lemon Pasta Salad
Greek Salad**

Raw Salads

Sweet corn; Cucumber; Carrot; Tomato; Red Onion; Mixed Leaves

Sides

**Roasted Baby Potatoes
Steamed Broccoli
Roasted Corn**

Dessert

Fruit Cups & Yogurt w/ Homemade Granola

FOR ALLERGEN INFORMATION PLEASE SPEAK TO A MEMBER OF THE TEAM.

TUESDAY 15/09/2026

Soup
Split pea

Main
Hake loin Gratin

International
Beef Lasagna

Vegetarian
Channa Masala

Composed Salads
**Quinoa w
Roasted Butternut & Fresh Herbs
Coleslaw**

Raw Salads
Sweet corn; Cucumber; Carrot; Tomato; Red Onion; Mixed Leaves

Sides
**Herb Diced Potatoes
Roasted Pumpkin
Garden peas & Spinach**

Dessert
Fruit Cups



WEDNESDAY | 6/09/2026

Soup
Kale & Potato

Main
Cottage Pie

International
Breaded Fish Goujons w/ Tartare Sauce

Vegetarian
Loaded Vegetarian Quiche

Composed Salads
Asian Slaw
Avocado & Grapefruit Salad

Raw Salads
Sweet corn; Cucumber; Carrot; Tomato; Red Onion; Mixed Leaves

Sides
Crispy Wedges
Roasted Cauliflower
Caramelized Carrots

Dessert
Fruit Cups

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THURSDAY 17/09/2026

Soup
Vegetable

Main
Beef Burger

International
Cod à Brás

Vegetarian
Veg. Burger

Composed Salads
Greek Salad
Tomato, mozzarella & Basil

Raw Salads
Sweet corn; Cucumber; Carrot; Tomato; Red Onion; Mixed Leaves

Sides
Chips Potato
Bread burger
Roasted Seasonal Vegetables
Steamed Greens

Dessert
Fruit Cups

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FRIDAY 18/09/2026

**Soup
Broccoli**

**Main
Mexican Special - Chilli con Carne & Toppings**

**International
Fusilli Turkey Carbonara**

**Vegetarian
Burritos with Tofu, Charred Corn & Rice**

**Composed Salads
Pasta Salad w
Nut-Free Pesto & Spinach
Mexican Bean Salad**

**Raw Salads
Sweet corn; Cucumber; Carrot; Tomato; Red Onion; Mixed Leaves**

**Sides
Cajun Potatoes & Nachos
Rice
Charred Corn and Crispy Onions
Pico de Gallo**

**Dessert
Orange Cake & Fruit Cups**

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