



TUESDAY 01/09/2026

Soup

Cream of Carrots & Thyme

Main

Hake & Herb Sauce

International

Chicken with tomato Sauce

Vegetarian

Mezze with Falafel

Composed Salads

**Couscous with Mushrooms
Roasted veg. Salad**

Raw Salads

Sweet corn; Cucumber; Carrot; Tomato; Red Onion; Mixed Leaves

Sides

**Spaghetti
Broccoli
Roast Pumpkin**

Dessert

Fruit Cups

FOR ALLERGEN INFORMATION PLEASE SPEAK TO A MEMBER OF THE TEAM.



WEDNESDAY 02/09/2026

Soup
Leek & Potato

Main
Roast Chicken

International
Slow Cooked Turkey

Vegetarian
Tuscan cannellini Stew

Composed Salads
Asian Slaw
Avocado & Grapefruit Salad

Raw Salads
Sweet corn; Cucumber; Carrot; Tomato; Red Onion; Mixed Leaves

Sides
Roast Potato
Stir-fried veggies
Caramelized Carrots

Dessert
Fruit Cups & Yogurt with Crumble

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THURSDAY 03/09/2026

Soup
Vegetable

Main
Pizza Margherita

International
Fish Tacos w/Toppings

Vegetarian
Vegan Paella w/ Tofu & Roasted Peppers

Composed Salads
Roasted Beets & Balsamic
Tuna & beans salad

Raw Salads
Sweet corn; Cucumber; Carrot; Tomato; Red Onion; Mixed Leaves

Sides
Roasted Carrots
Roasted Seasonal Vegetables
Steamed Greens Beans

Dessert
Fruit Cups

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FRIDAY 04/09/2026

Soup

Tomato & Basil Soup

Main

Chicken & White Bean Stew

International

Beef Massaman

Vegetarian

Vegetable Crumble with Feta

Composed Salads

**Fresh Cucumber & Apple Salad
Eggplant Caponata**

Raw Salads

Sweet corn; Cucumber; Carrot; Tomato; Red Onion; Mixed Leaves

Sides

Rice

**Roasted Broccoli
Glazed Carrots**

Dessert

Fruit Cups & Homemade Cake

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