



MONDAY 07/09/2026

Soup
Red Bean

Main
Slow Roasted Turkey Leg

Vegetarian
Leek à Brás

Raw Salads
Sweet corn; Cucumber; Carrot; Tomato; Red Onion; Mixed Leaves

Sides
Pasta
Roast Pumpkin
Broccoli

Dessert
Fruit Cups

FOR ALLERGEN INFORMATION PLEASE SPEAK TO A MEMBER OF THE TEAM.



TUESDAY 08/09/2026

Soup
Roasted Cauliflower

Main
Pan Fried Seabass

Vegetarian
Vegetable Frittata

Raw Salads
Sweet corn; Cucumber; Carrot; Tomato; Red Onion; Mixed Leaves

Sides
Rice
Broccoli
Caramelized Carrots

Dessert
Fruit Cups

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WEDNESDAY 09/09/2026

Soup
Carrot Coconut

Main
Grilled Chicken Breast

Vegetarian
Lentil Dhal

Raw Salads
Sweet corn; Cucumber; Carrot; Tomato; Red Onion; Mixed Leaves

Sides
Carrot Rice
Grilled Eggplant
Roasted Brussel Sprouts

Dessert
Fruit Cups

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THURSDAY 10/09/2026

Soup
Roasted Tomato

Main
Slow Roasted Turkey Breast

Vegetarian
Mediterranean Vegetable Moussaka

Raw Salads
Sweet corn; Cucumber; Carrot; Tomato; Red Onion; Mixed Leaves

Sides
Roasted Sweet Potatoes
Steamed Broccoli & Corn
Rice

Dessert
Fruit Cups

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FRIDAY 11/09/2026

Soup

Cream of Seasonal Vegetables

Main

Cod à Brás

Vegetarian

Crispy Tofu Katsu Curry

Raw Salads

Sweet corn; Cucumber; Carrot; Tomato; Red Onion; Mixed Leaves

Sides

Steamed Rice

Grilled Seasonal Vegetables

Roasted Beetroot

Dessert

Fruit Pods & Portuguese Rice Pudding