

Menus for SEPTEMBER 2026

Tangipahoa Parish School System

This institution is an equal opportunity provider. Menus are subject to change.

Tuesday, September 1

Breakfast

Tangi McGriddle or
Homemade Cinn. Roll
Fresh Apple Slices
Fruit Juice

Lunch

Mandarin Orange
Chicken
Steamed Rice
Dumplings
Garden Salad w/ Dressing
Raw Celery w/Ranch
Whole Fresh Apple

Wednesday, September 2

Breakfast

Pizza Bagel or Egg
Fiestada Croissant
Chilled Peaches
Fruit Juice

Lunch

Taco Soup
Tortilla Chips
Salad w/ Dressing
Chilled Peaches
Brownie

Thursday, September 3

Breakfast

Colby Cheese Omelet,
Sausage & Toast or
Crescent Filled Bar
Banana
Fruit Juice

Lunch

Mac/Beef/Cheese
Casserole
Green Beans
Glazed Carrots
Banana
Dinner Roll

Friday, September 4

Breakfast

Breakfast Burrito or
Yogurt & Grahams
Applesauce
Fruit Juice

Lunch

White Beans
Steamed Rice
Vegetable Blend
Candied Yams
Cornbread
Applesauce

Monday, September 7



**HAPPY
★ LABOR ★
DAY!**

**NO SCHOOL
MONDAY,
SEPTEMBER 7**

Tuesday, September 8

Breakfast

Chicken Biscuit or
Cinni Minnis
Applesauce
Fruit Juice

Lunch

Nachos-Taco Meat
Golden Queso Cheese
Salsa
Buttered Corn
Applesauce

Wednesday, September 9

Breakfast

Sausage/Egg
Croissant or Yogurt &
Grahams
Raisins
Fruit Juice

Lunch

Popcorn Chicken Bites
Mashed Potatoes/
Gravy
Corn on Cob
Dinner Roll
Frozen Fruit Cup

DON'T 4GET!

Take at least
ONE
FRUIT or
VEGGIE
and at least
THREE items total
so your meal
counts as a
complete lunch!

Great News for Our Families!
**ALL STUDENTS
EAT FREE!**



**FREE BREAKFAST
& LUNCH**

*for Every Student,
EVERY DAY!*



**NOURISHING
MEALS**

Fueling students for
learning and success.



**SUPPORTING
OUR STUDENTS**

Healthy meals help students
focus, learn, and grow.



**SUPPORTING
OUR COMMUNITY**

One less worry for families—
every day.



**No applications. No fees.
No hassle.**

*Just healthy meals for
every student, every day!*



TANGIPAHOA PARISH
— SCHOOL SYSTEM —



*Stronger Schools.
Stronger Community.*



THANK YOU
FOR BEING PART OF
OUR SCHOOL FAMILY!

Thursday, September 10

Breakfast

Pancake on Stick or
Froot Loop Waffle
Chilled Pears
Fruit Juice

Lunch

Homemade Jambalaya
Steamed Cabbage
Candied Yams
Navy Beans
Garlic Knot Roll
Chilled Pears

Friday, September 11

Breakfast

Breakfast Pizza or
Cereal
Fruit of the Month
Fruit Juice

Lunch

Crunchy Fish Sticks
Homemade Macaroni
& Cheese
Marinated Tomatoes
Steamed Broccoli
Fruit of the Month



Monday, September 14

Breakfast

Sausage Biscuit or
Pizza Bagel
Pineapple Tidbits
Fruit Juice

Lunch

Homemade Red Beans
Steamed Rice
Marinated Cucumbers
Mustard Greens
Cornbread
Pineapple Tidbits

Tuesday, September 15

Breakfast

Canadian Bacon, Egg
& Toast or Cinnamon
Toast Soft Filled Bar
Fresh Apple
Fruit Juice

Lunch

Mandarin Orange
Chicken & Rice
Dumplings
Vegetable Blend
Salad w/Dressing
Fresh Apple

Wednesday, September 16

Breakfast

Eggstravaganza &
Hash brown or Tangi
McGriddle
Fruit Cocktail
Fruit Juice

Lunch

Sloppy Joe on Bun
Tasty Tots
Baked Beans
Marinated Tomatoes
Fruit Cocktail

Thursday, September 17

Breakfast

Chicken Biscuit or
Liege Waffle
Banana
Fruit Juice

Lunch

Salisbury Steak
Mashed Potatoes w/
Gravy
Green Peas
Dinner Roll
Banana

Friday, September 18

Breakfast

Pancake on Stick or
Colby Cheese Omelet
with Sausage & Toast
Chilled Peaches
Fruit Juice

Lunch

Personal Pan Pizza
Buttered Corn
Carrots w/Ranch
Baked Peaches

Monday, September 21

Breakfast

Canadian Bacon & Egg
Biscuit or Breakfast
Burrito
Mandarin Oranges
Fruit Juice

Lunch

Hamburger on Bun
Seasoned French Fries
Lettuce/Tomato/Pickle
Baked Beans
Baked Apples

Tuesday, September 22

Breakfast

Pancake & Sausage
Bites or French Toast
Fresh Grapes
Fruit Juice

Lunch

Homemade Chicken &
Sausage Gumbo
Steamed Rice
Potato Salad
Marinated Cucumbers
Crackers
Fresh Grapes

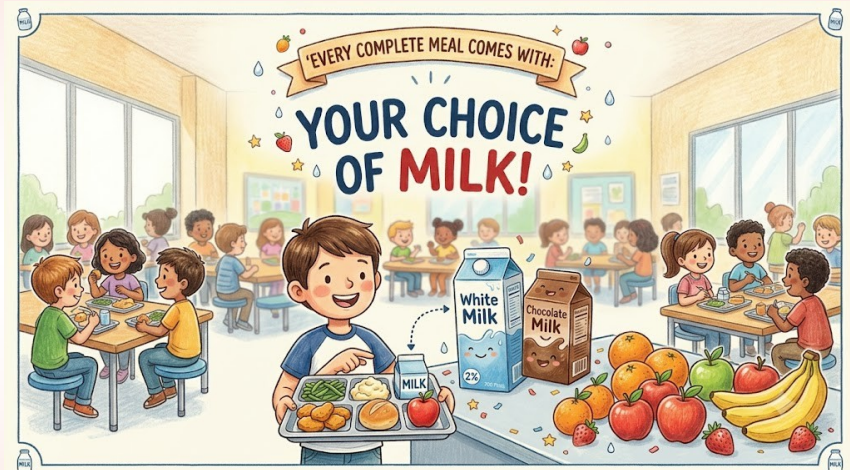
Wednesday, September 23

Breakfast

Chicken Biscuit or
Eggstravaganza &
Biscuit
Pineapple Chunks
Fruit Juice

Lunch

Oven Fried Chicken
Mashed Potatoes &
Gravy
Steamed Broccoli
Dinner Roll
Pineapple Chunks



Teaching
and helping
your child
understand
where and how
fruits, vegetables, and
other products
we eat are grown,
can help peak
their interest in
eating healthy.



www.kids-cooking-activities.com/food-facts.html

Thursday, Sept. 24

Breakfast

Breakfast Egg Roll or
Poffitz Pancakes
Fresh Oranges
Fruit Juice

Lunch

Nachos—Taco Meat
White Queso Cheese
Buttered Corn
Salsa
Fruit of the Month

Friday, September 25

Breakfast

Egg Fiestada Croissant
or Breakfast Pizza
Applesauce
Fruit Juice

Lunch

Homemade Vegetable
Soup
Grilled Cheese
Candied Yams
Applesauce

Monday, September 28

Breakfast

Chicken Biscuit or
Cereal
Pineapple Tidbits
Fruit Juice

Lunch

Chicken Tenders
Cheesy Potatoes
Steamed Broccoli
Baked Beans
Texas Toast
Pineapple Tidbits

Tuesday, September 29

Breakfast

Tangi McGriddle or
Homemade Cinnamon
Roll
Fresh Apple Slices
Fruit Juice

Lunch

Mandarin Orange
Chicken & Rice
Dumplings
Garden Salad
Raw Celery w/Ranch
Fresh Apple

Wednesday, September 30

Breakfast

Pizza Bagel or Egg
Fiestada Croissant
Chilled Peaches
Fruit Juice

Lunch

Taco Soup
Tortilla Chips
Salad w/ Dressing
Chilled Peaches
Brownie



Sandwich Line Menu

5th - 12th Grade Students

Tuesday, September 1

Corndog

Wednesday, September 2

Turkey & Cheese
Croissant

Thursday, September 3

Cheeseburger

Friday, September 4

Buffalo Chicken
Pizza

Monday, September 7

Labor Day-OFF

Tuesday, September 8

Pepperoni
Pizza

Wednesday, September 9

Tachos

Thursday, September 10

Spicy Chicken
Chunks

Friday, September 11

Chicken Fries

Monday, September 14

Hamburger

Tuesday, September 15

Buffalo Chicken
Pizza

Wednesday, September 16

Chicken Salad
Croissant

Thursday, September 17

Popcorn Chicken
Bowl

Friday, September 18

Spicy Chicken
on Bun

Monday, September 21

Breaded Chicken
Sandwich

Tuesday, September 22

Chicken 'N'
Waffles

Wednesday, September 23

Hot Dog w/ Chili &
Cheese

Thursday, September 24

Spicy Chicken
on Bun

Friday, September 25

Pepperoni
Pizza

Monday, September 28

Popcorn Chicken
Bites

Tuesday, September 29

Corndog

Wednesday, September 30

Turkey & Cheese
Croissant



All Sandwich Line &
Salads Meals come with a
choice of the Vegetables,
Fruit & Milk off of the
Mama's Kitchen Hot
Lunch Line!



Fresh Made Salads--- 9th-12th Grade

Tuesday's & Thursday's



Tuesday, September 1

Spicy Chicken
Salad

Thursday, September 3

Chef Salad

Tuesday, September 8

Popcorn
Chicken Salad

Thursday, September 10

Taco Salad

Tuesday, September 15

Spicy Chicken
Salad

Thursday, September 17

Chef Salad

Tuesday, September 22

Popcorn
Chicken Salad

Thursday, September 24

Taco Salad

Tuesday, September 29

Spicy Chicken
Salad

NOW HIRING! CAFETERIA SUBSTITUTES

WORK WITH TANGIPAHOA PARISH SCHOOLS THROUGH ESS.



The Tangipahoa Parish School Board has partnered with ESS to manage our substitute program. A leader in K-12 staffing, ESS is responsible for the hiring and placement of all **substitute child nutrition workers**.



WHY APPLY?



FLEXIBLE SCHEDULE

Be OFF on nights,
weekends, holidays
& summers!



WORK LESS, EARN MORE

Cafeteria workers work a
total of 180 days per
calendar year.
That's only 6 months
out of the year!



CONVENIENT HOURS

The scheduled hours are
from 6:30 AM – 2:00 PM
each school day.

POSITION DETAILS



We are currently seeking cafeteria
substitutes for the new **2026–2027**
school year.



With the hope of eventually becoming
a permanent employee through the
Tangipahoa Parish School System.

CONTACT



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**Make a difference.
Support students.**

Every day counts!



GREAT SCHOOLS



STRONG COMMUNITIES



BRIGHT FUTURES