

SEPTEMBER VEGGIE OF THE MONTH

PARMESAN ZUCCHINI FRIES

Did you know?

- A zucchini can be green or bright yellow and their blossoms can be eaten
- Eating zucchini supports brain and muscle health
- Our zucchini fries are roasted with parmesan, salt, pepper, & garlic
–Crunchy & delicious!
- The largest zucchini weighed 65 pounds

TRY THEM

SEPTEMBER 18

What do you call
a hairy zucchini
with a bad
attitude?

A Sass-squash!

